

# Tipperary Athletics Indoor Track & Field Risk Assessments

January 2022



# Notes

- Safety is the Responsibility of Everybody
  - Athletes, Officials & Spectators
  - Duty of Care extends to Yourself & to Others
  - Officials are in a position of authority so have a greater responsibility
- Safety Concerns should be Pointed Out
- Accidents & Near Misses are Learning Opportunities
  - Complete an Incident Report
- Take Time for Safety, Don't Rush into an Accident

# Risk

- Risk is the likelihood harm will arise
  - Risk needs to be managed – Mitigation (Control Measures)
- Unacceptable Risk = Harm **will** Happen
  - Example: Throwing Shot Unsupervised while People in the Landing Area
- Acceptable Risk = Harm **might** Happen
  - Example: Throwing the Shot under Supervision, officials in place, athletes lined up in a safe area, Shots been collected carefully, Landing Area Clear

# General

Risk	Mitigation
Medical Event	<ul style="list-style-type: none"><li>• First Aid Team in Place at the start of Competition</li><li>• Communication regarding location of First Aid Team</li></ul>
Evacuation	<ul style="list-style-type: none"><li>• Communication regarding Location of Exits</li></ul>
Trip Hazards	<ul style="list-style-type: none"><li>• Thoroughfares must be kept clear - Communication</li><li>• Equipment to be stored safely</li><li>• Cables taped or covered with a mat where they might be a trip hazard</li></ul>
Poor Manual Handling	<ul style="list-style-type: none"><li>• Availability of Manual Handling Guidance on Tipperary Website</li></ul>
Athlete Competence	<ul style="list-style-type: none"><li>• Athletes Competence a requirement to take part</li></ul>
Crowding / Obstruction in Competition Area	<ul style="list-style-type: none"><li>• Only Officials and Competing Athletes in the Competition Area</li></ul>

# Long/Triple Jump

Risk	Mitigation
Condition of Pit, Runway & Board, Dust	<ul style="list-style-type: none"><li>• Inspection by Field Referee prior to start of Competition</li><li>• Pit to be Dug</li><li>• Water Pit to keep down dust</li></ul>
Trip Hazard	<ul style="list-style-type: none"><li>• Official Markers only (tape) – no shoes, bottles.....</li><li>• Tools/Equipment to be stored safety</li><li>• Athlete belongings to be stored safely</li></ul>
Crowding	<ul style="list-style-type: none"><li>• Officials and Competing Athletes only in the Competition Area</li><li>• Clear Communication about lining up, exiting pit.....</li></ul>
Collision	<ul style="list-style-type: none"><li>• Designated Official tells athletes when they can Jump</li><li>• Officials Roles allocated at the start of Competition</li><li>• Clear Communication about lining up, exiting pit.....</li><li>• No Uncontrolled Crossing the Outside Track / Inside Track</li></ul>

# Track

Risk	Mitigation
Condition of Track & Equipment	<ul style="list-style-type: none"><li>• Inspection by Track Referee prior to start of Competition</li></ul>
Trip Hazard	<ul style="list-style-type: none"><li>• Tools/Equipment/Cables to be stored safely</li><li>• Athlete belongings to be stored safely</li><li>• Clear Process &amp; Responsibility for Removing / Storing Blocks, Cones</li><li>• Numbers in Heats (Track Referee) / Hurdles laid out Safely (not Touching &amp; Spacing)</li></ul>
Crowding	<ul style="list-style-type: none"><li>• Officials and Competing Athletes only in the Competition Area</li><li>• Clear Communication about Lining up &amp; Exiting Track</li></ul>
Collision	<ul style="list-style-type: none"><li>• Designated Official verifies Track Clear before race<ul style="list-style-type: none"><li>• Equipment, People Crossing, Athletes warming up, encroachment into inner/outer lanes.....</li></ul></li><li>• Designated Official verifies Hurdles Correct (Weight &amp; Position)</li><li>• Officials Roles/ Positions allocated at the start of Competition</li><li>• Clear Communication about Lining up / Cutting in / Crossing Track</li><li>• Awareness of other Events (examples - Long Jump, outside Vs inside track)</li><li>• Numbers in Heats (Track Referee)</li></ul>

# High Jump / Pole Vault

Risk	Mitigation
Condition Jumping Area & Equipment	<ul style="list-style-type: none"><li>• Inspection by Field Referee prior to start of Competition</li><li>• Mats must be suitable for standard of competition</li></ul>
Trip Hazard	<ul style="list-style-type: none"><li>• Official Markers only (tape) – no shoes, bottles.....</li><li>• Tools/Equipment to be stored safety</li><li>• Athlete belongings to be stored safely</li></ul>
Crowding	<ul style="list-style-type: none"><li>• Officials and Competing Athletes only in the Competition Area</li><li>• Clear Communication about lining up, exiting jump area.....</li></ul>
Collision	<ul style="list-style-type: none"><li>• Designated Official tells athletes when they can Jump</li><li>• Officials Roles allocated at the start of Competition</li><li>• Clear Communication about lining up, exiting jump area.....</li><li>• No Uncontrolled Crossing of the Competition Area</li></ul>

# Shot Putt

Risk	Mitigation
Condition of Throwing Area & Equipment	<ul style="list-style-type: none"><li>• Inspection by Field Referee prior to start of Competition</li></ul>
Trip Hazard	<ul style="list-style-type: none"><li>• Tools/Equipment to be stored safety</li><li>• Athlete belongings to be stored safely</li></ul>
Crowding	<ul style="list-style-type: none"><li>• Athletes and Competing Athletes only in the Competition Area</li><li>• Clear Communication about lining up</li></ul>
Collision	<ul style="list-style-type: none"><li>• No Unsupervised Throwing</li><li>• Designated Official tells athletes when they can Throw</li><li>• Clear Process for Collecting Thrown Shots</li><li>• Officials Roles allocated at the start of Competition</li><li>• Clear Communication about lining up</li></ul>



# Weight for Distance

Risk	Mitigation
Condition of Throwing Area & Equipment	<ul style="list-style-type: none"><li>• Inspection by Field Referee prior to start of Competition</li><li>• Throwing Area to be clearly marked to prevent crossing.</li></ul>
Trip Hazard	<ul style="list-style-type: none"><li>• Tools/Equipment to be stored safely</li><li>• Athlete belongings to be stored safely</li></ul>
Crowding	<ul style="list-style-type: none"><li>• Athletes and Competing Athletes only in the Competition Area</li><li>• Clear Communication about lining up</li></ul>
Collision	<ul style="list-style-type: none"><li>• No Unsupervised Throwing</li><li>• Designated Official tells athletes when they can Throw</li><li>• Clear Process for Collecting Thrown Weights</li><li>• Officials Roles allocated at the start of Competition</li><li>• Clear Communication about lining up</li></ul>