

County Tipperary Senior Women Cross Country Championships

Venue **Galbally** 12th January

Place	Athletes Name	Club	Mins	Secs
1	Linda Grogan	Dundrum AC	27	44
2	Dympna Ryan	Dundrum AC	28	1
3	Gillian Lawlor Ryan	Thurles Crokes AC	29	34
4	Sarah Fitzpatrick	Mooreabbey Milers AC	29	44
5	Karen Ryan	Dundrum AC	30	14
6	Angela Fogarty	Moyne AC	30	22
7	Mary Louise Ryan	Mooreabbey Milers AC	31	7
8	Kealey Tideswell	Clonmel AC	31	11
9	Marie O Shea	Mooreabbey Milers AC	31	22
10	Aine Roche	Clonmel AC	31	44
11	Sharon Cantwell	Moyne AC	32	29
12	Martina Moloney	Mooreabbey Milers AC	33	2
13	Laura Carey	Thurles Crokes AC	33	25
14	Kate Harrison	Moyne AC	33	44
15	Patricia Ryan	Dundrum AC	34	17
16	Martina Ryan	Thurles Crokes AC	36	26
17	Patricia Ryan	Mooreabbey Milers AC	37	15
18	Trish Blackburn	Mooreabbey Milers AC	38	39

Teams Section A

1	Dundrum AC	1, 2, 5	8 points
2	Mooreabbey Milers AC	4, 7, 9	20 points
3	Moyne AC	6, 11, 14	31 points
4	Thurles Crokes AC	3, 13, 16	32 points

Section B

1	Mooreabbey Milers AC B	12, 17, 18	47 points
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County Tipperary Senior Men Cross Country Championships

Venue **Galbally** 12th January

Place	Athletes Name	Club	Mins	Secs
1	Kevin Moore	Dundrum AC	38	43
2	David Sheahan	Nenagh Olympic AC	41	46
3	John Fitzgibbon	Thurles Crokes AC	42	21
4	Gareth McGlinchey	Dundrum AC	42	47
5	Paddy Cummins	Moycarkey Coolcree AC	43	12
6	Patrick Roche	Carrick on Suir AC	43	56
7	Barry Hartnett	Mooreabbey Milers AC	44	21
8	Tom Blackburn	Mooreabbey Milers AC	44	30
9	Dermot Hayes	Dundrum AC	44	51
10	Michael J Ryan	Dundrum AC	45	38
11	Sean Healy	Moycarkey Coolcree AC	45	50
12	Kevin Lenihan	Mooreabbey Milers AC	46	18

13	Ruaidhri Devitt	Dundrum AC	47	23
14	Ger Hanley	Mooreabbey Milers AC	48	18
15	Willie O Donoghue	Mooreabbey Milers AC	48	27
16	Damien Holian	Mooreabbey Milers AC	48	41
17	Ross Alexander	Coolquill AC	49	17
18	Padraig Wallace	Mooreabbey Milers AC	49	34
19	Stephen Ryan	Dundrum AC	49	51
20	Mike Fitzgerald	Mooreabbey Milers AC	50	28
21	Darren Grayson	Dundrum AC	50	31
22	Shane Mullaney	Moycarkey Coolcroe AC	50	33
23	Jim Halley	Dundrum AC	50	51
24	Donal Keane	Dundrum AC	51	3
25	Liam O Donnell	Mooreabbey Milers AC	51	8
26	Liam Lewis	Mooreabbey Milers AC	51	10
27	Robert Cunningham	Mooreabbey Milers AC	52	51
28	Darius	Mooreabbey Milers AC	52	58
29	Brian Carroll	Moyne AC	53	29
30	Michael Moore	Dundrum AC	54	6
31	Tiernan O Donnell	Moycarkey Coolcroe AC	57	15

Teams Section A

1	Dundrum AC	1, 4, 9, 10	24 points
2	Mooreabbey Milers AC	7, 8, 12, 14	41 points
3	Moycarkey Coolcroe AC	5, 11, 22, 31	59 points

Section B

1	Mooreabbey Milers AC B	15, 16, 18	49 points
2	Dundrum AC B	13, 19, 21	53 points
3	Mooreabbey Milers AC C	20, 25, 26	71 points
4	Dundrum AC C	23, 24, 30	77 points