

TIPPERARY SENIOR & MASTERS INDOOR CHAMPIONSHIPS

SUNDAY 31st DECEMBER 2017

NENAGH INDOOR STADIUM

PLACE	EVENT & ATHLETE	CLUB	TIME/DISTANCE
	2km WALKS		
	Senior Men		
1	Liam McDonagh	Moycarkey Coolcree A.C.	9.56.61
	O/35 Men		
1	Ross Alexander	Coolquill A.C.	9.39.37
	O/50 Men		
1	Bob Lyne (Guest)	Crusaders A.C.	12.14.80
	O/70 Men		
1	Miceal McCormack	Fethard A.C.	15.36.37
	60m SPRINT		
	Senior Women		
1	Miriam Daly	Carrick-On-Suir A.C.	8.25
2	Aisling Maher	Moyne A.C.	9.92
	O/35 Women		
1	Genevieve Rowland	Templemore A.C.	8.82
2	Kate Harrison	Moyne A.C.	9.59
3	Ber Spillane	Moyne A.C.	9.64
4	Edel Delaney	Moyne A.C.	10.69
	O/45 Women		
1	Sinead Tynan	Moyne A.C.	10.75
	O/50 Women		
1	Liz Power	Moyne A.C.	11.41
	O/60 Women		
1	Hazel Galloway	Clonmel A.C.	10.28
	Senior Men		
1	Adam Dooley	Templemore A.C.	7.42
2	Jack Pender	Carrick-On-Suir A.C.	7.49
3	Jake Vermeer	Carrick-On-Suir A.C.	7.59
4	David Heffernan	Moyglass A.C.	7.65
5	Michael O'Mahony	Moyne A.C.	8.47
6	Brian O'Callaghan	Moyne A.C.	8.48
7	Jack Hickey	Moyne A.C.	8.54
8	Liam Kelly	Moyne A.C.	8.77
	O/40 Men		
1	Keith Horan (Guest)	South Galway A.C.	8.25
2	Noel Casey	Dundrum A.C.	8.91
	O/45 Men		
1	Mark Burke	Moyglass A.C.	8.48

2	Gerard Hanley	Mooreabbey Milers A.C.	9.55
	O/50 Men		
1	Henry Holly	Templemore A.C.	10.39
	O/55 Men		
1	Adrian Young	Templemore A.C.	9.81
2	Larry O'Grady	Mooreabbey Milers A.C.	10.01
3	Ray Power	Moyne A.C.	10.18
4	John Laste	Clonmel A.C.	10.40
	O/65 Men		
1	Liam O'Dwyer	Dundrum A.C.	13.39
	O/70 Men		
1	Noel Monteith	Borrisokane A.C.	10.78
2	Miceal McCormack	Fethard A.C.	18.49
	300m		
	O/35 Women		
1	Genevieve Rowland	Templemore A.C.	50.83
2	Kate Harrison	Moyne A.C.	51.59
3	Ber Spillane	Moyne A.C.	52.08
4	Edel Delaney	Moyne A.C.	57.53
	O/55 Women		
1	Esme Alexander	Coolquill A.C.	1:13.79
	400m		
	SENIOR WOMEN		
1	Miriam Daly	Carrick-On-Suir A.C.	58.21
2	Aisling Maher	Moyne A.C.	1:14.00
3	Charon Cantwell	Moyne A.C.	1:20.24
	SENIOR MEN		
1	Jack Pender	Carrick-On-Suir A.C.	53.88
2	Jake Vermeer	Carrick-On-Suir A.C.	55.22
3	Jack Hickey	Moyne A.C.	55.36
4	Liam Finn	Nenagh A.C.	55.51
5	Liam Kelly	Moyne A.C.	60.31
5	Paddy Cummins	Moycarkey Coolcree A.C.	60.31
	O/40 Men		
1	Keith Horan (Guest)	South Galway A.C.	1:03.78
	O/45 Men		
1	Gerard Hanley	Mooreabbey Milers A.C.	1:11.79
	O/50 Men		
1	Neil Proven	Clonmel A.C.	1:05.37
2	Damien Holian	Mooreabbey Milers A.C.	1:10.52
	O/55 Men		
1	John Laste	Clonmel A.C.	1:11.26
2	Ray Power	Moyne A.C.	1:12.99
	600m		
	Senior Women		

1	Ciara Cummins	Nenagh A.C.	1:46.02
2	Eimear Loughman	Dundrum A.C.	1:52.57
	O/35 Women		
1	Evelyn Maher	Templemore A.C.	1:56.76
	O/45 Women		
1	Brigid Gleeson	Moyne A.C.	2:04.46
2	Sinead McLaughlin	Moyne A.C.	2:22.30
	O/55 Women		
1	Esme Alexander	Coolquill A.C.	2:44.34
	800m		
	Senior Men		
1	Tom Hennessy	Nenagh A.C.	2:01.79
2	Conor Ryan	Templemore A.C.	2:04.15
3	Robert Kennedy	Templemore A.C.	2:10.63
4	Adrian McKinley	Templemore A.C.	2:12.53
5	Nathan Bowe	Moyne A.C.	2:13.63
6	Dylan McLaughlin	Moyne A.C.	2:15.17
7	Joey Feery	Clonmel A.C.	2:25.33
	O/45 Men		
1	Tommy Gleeson	Templemore A.C.	2:41.97
	O/50 Men		
1	Neil Proven	Clonmel A.C.	2:48.60
	O/55 Men		
1	Bernard Feery	Fethard A.C.	2:35.54
2	Willie O'Donoghue	Mooreabbey Milers A.C.	2:50.04
3	John Laste	Clonmel A.C.	2:56.55
	O/60 Men		
1	Matt Alexander	Coolquill A.C.	3:06.67
	O/70 Men		
1	Eddie Cahalane	Coolquill A.C.	3:23.90
	1500m		
	Senior Women		
1	Eimear Loughman	Dundrum A.C.	5:52.13
2	Charon Cantwell	Moyne A.C.	6:28.03
	O/45 Men		
1	Patrick Bowe	Moyne A.C.	5:11.06
2	Gerard Hanley	Mooreabbey Milers A.C.	5:26.06
	O/50 Men		
1	Dermot Hayes	Dundrum A.C.	4:48.45
2	John Carroll	Carrick-On-Suir A.C.	5:21.87
	O/55 Men		
1	Willie O'Donoghue	Mooreabbey Milers A.C.	5:05.92
2	Bernard Feery	Fethard A.C.	5:08.01
3	Michael Moore	Dundrum A.C.	5:29.76
	O/60 Men		

1	Matt Alexander	Coolquill A.C.	6.01.23
	0/70		
1	Eddie Cahalane	Coolquill A.C.	6.44.02
	3000m		
	Senior Men		
1	Darren Dunne	Nenagh Olympic A.C.	8.45.03
2	Aaron Quigley	Nenagh Olympic A.C.	
3	Paddy Cummins	Moycarkey Coolcree A.C.	
	O/35 Men		
1	John Fitzgibbon	Thurles Crokes A.C.	9.29.46
	O/45 Men		
1	Larry Stapleton	Templemore A.C.	
	O/50 Men		
1	Dermot Hayes	Dundrum A.C.	
2	James Ryan	Dundrum A.C.	
3	Damien Holian	Mooreabbey Milers A.C.	
	O/55 Men		
1	Willie O'Donoghue	Mooreabbey Milers A.C.	
2	Michael Moore	Dundrum A.C.	
3	Bernard Feery	Fethard A.C.	
	TEAM EVENT		
1	Dundrum A.C.		
	LONG JUMP		
	Senior Women		
1	Anna Ryan	Moycarkey Coolcree A.C.	4.28m
	O/35 Women		
1	Genevieve Rowland	Templemore A.C.	4.29m
	Senior Men		
1	Adam Dooley	Templemore A.C.	6.12m
2	Daniel Ryan	Moycarkey Coolcree A.C.	5.81m
3	David Ryan	Moycarkey Coolcree A.C.	5.53m
	O/45 Men		
1	Mark Burke	Moyglass A.C.	4.30m
	O/50 Men		
1	Neil Proven	Clonmel A.C.	4.07m
	O/55 Men		
1	Adrian Young	Templemore A.C.	4.17m
2	Larry O'Grady	Mooreabbey Milers A.C.	3.90m
	SHOT PUTT		
	Senior Women		
1	Anna Ryan	Moycarkey Coolcree A.C.	9.78m
2	Emily Tierney	Nenagh A.C.	6.58m
	O/35 Women		
1	Genevieve Rowland	Templemore A.C.	9.10m
	O/40 Women		

1	Naomi Morrissey	Moyne A.C.	6.77m
	O/50 Women		
1	Eibhlis Purcell	Moyne A.C.	6.86m
	Senior Men		
1	John O'Dwyer	Templemore A.C.	13.01m
2	Daniel Ryan	Moycarkey Coolcree A.C.	12.30m
3	Mark Tierney	Nenagh A.C.	10.20m
	O/45 Men		
1	Mark Burke	Moyglass A.C.	7.62m
	O/50 Men		
1	Neil Proven	Clonmel A.C.	8.88m
2	Paddy Doyle	Moyne A.C.	8.35m
3	Don MacKinnon	Templemore A.C.	7.58m
	O/55 Men		
1	Larry O'Grady	Mooreabbey Milers A.C.	9.16m
2	Adrian Young	Templemore A.C.	6.52m
	O/60 Men		
1	Matt Alexander	Coolquill A.C.	7.10m
	O/65 Men		
1	Liam O'Dwyer	Dundrum A.C.	6.42m
	O/70 Men		
1	Noel Monteith	Borrisokane A.C.	9.70m
2	Miceal McCormack	Fethard A.C.	6.85m
	O/85 Men		
1	Michael O'Beirne	Dundrum A.C.	2.85m
	WEIGHT FOR DISTANCE		
	Senior Men 56 lbs		
1	John Dwyer	Templemore A.C.	7.30m
	Mark Tierney	Nenagh A.C.	5.44m
	O/50 Men 35lbs		
1	Don MacKinnon	Templemore A.C.	6.27m
	O/55 Men 35lbs		
1	Larry O'Grady	Mooreabbey Milers A.C.	5.38m
	O/65 Men 35lbs		
1	Liam O'Dwyer	Dundrum A.C.	4.37m
	O/70 Men 35 lbs		
1	Noel Monteith	Borrisokane A.C.	4.52m
	O/85 Men		
1	Micheal O'Beirne	Dundrum A.C.	1.40m
	HIGH JUMP		
	Senior Men		
1	Brian O'Callaghan	Moyne A.C.	1.45m
	O/45 Men		
1	Mark Burke	Moyglass A.C.	1.45m
	O/50 Men		

1	Neil Proven	Clonmel A.C.	1.35m
	O/55		
1	Larry O'Grady	Mooreabbey Milers A.C.	1.35m
2	Adrian Young	Templemore A.C.	1.20m
	O/65		
1	Liam O'Dwyer	Dundrum A.C.	1.15m
	O/70		
1	Noel Monteith	Borrisokane A.C.	1.20m
	Senior Women		
1	Anna Ryan	Moycarkey Coolcree A.C.	1.45m
2	Emily Tierney	Nenagh Olympic A.C.	1.45m
	O/35		
1	Genevieve Rowland	Templemore A.C.	1.30m
	RELAYS		
	Senior Men		
1	Moyne A.C. 1		1:47.67
2	Moyne A.C. 2		2:03.04
	Senior Women		
1	Moyne A.C.		2:21.77
	Masters Men		
1	Templemore A.C.		2:10.77
2	Mooreabbey Milers A.C.		2:12.51
	Masters Women		
1	Templemore A.C.		2:14.58
2	Moyne A.C.		2:18.05