

**Ballynonty Athletic Club****BALLYNONTY '10'**

Sunday 31 July 2016. 11:00am

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>min/mile</i>		
1	0:56:30	SMITH, Danny	Ballynonty AC	M35	05:38.9	659	1
2	0:56:54	STEPHENS, William	Coolquill AC	M	05:41.3	292	2
3	0:57:16	TREACY, John	Thurles Crokes AC	M	05:43.5	671	3
4	0:58:54	CUMMINS, Paddy	Moycarkey AC	M	05:53.3	698	4
5	0:59:13	O'BRIEN, Rob	St. Cocas AC	M	05:55.2	654	5
6	1:00:09	SHANAHAN, Liam	Thurles Crokes AC	M35	06:00.8	663	6
7	1:00:42	RYAN, Michael J	Dundrum AC	M	06:04.1	299	7
8	1:02:04	O'FLAHERTY, Nigel	Clonmel AC	M40	06:12.3	655	8
9	1:02:08	FEERY, Joey	Clonmel AC	M	06:12.7	670	9
10	1:02:20	HAYES, Dermot	Dundrum AC	M45	06:13.9	665	10
11	1:03:42	DALY, Paul	Eagle AC	M45	06:22.1	600	11
12	1:04:04	TURCAN, Valeru	Clonmel AC	M45	06:24.3	679	12
13	1:05:18	LYNCH, Denis	Kilfinane AC	M35	06:31.7	278	13
14	1:05:22	NEUMERZHITSKIY, Vasiliy	unatt/Cahir	M45	06:32.1	678	14
15	1:05:31	KELLEHER, Denis	Leevale AC	M50	06:33.0	650	15
16	1:05:35	WALSH, Billy	unatt/Youghal	M50	06:33.4	694	16
17	1:05:51	KEATING, Michael	Galtee Runners AC	M40	06:35.0	652	17
18	1:05:53	KELLY, Aidan	St. Cocas AC	M	06:35.2	653	18
19	1:06:00	DERMODY, Stephen	Graigie-Ballycallan AC	M45	06:35.9	693	19
20	1:06:44	MOORE, Michael	Dundrum AC	M50	06:40.3	668	20
21	1:06:50	FOGARTY, John	Thurles Crokes AC	M35	06:40.9	290	21
22	1:06:56	HALPIN, Tom	Ballynonty AC	M60	06:41.5	291	22
23	1:07:30	FOGARTY, Cyril	Clonmel AC	M45	06:44.9	293	23
24	1:07:39	GLEESON, Michael	Coolquill AC	M	06:45.8	286	24
25	1:07:41	ROCHE, Aine	Clonmel AC	F	06:46.0	656	25
26	1:07:53	DENN, James	Clonmel AC	M40	06:47.2	685	26
27	1:07:56	DORNEY, Shane	Thurles Crokes AC	M	06:47.5	683	27
28	1:07:59	BUTLER, Liam	Dundrum AC	M55	06:47.8	666	28
29	1:08:00	GROGAN, Linda	Dundrum AC	F	06:47.9	282	29
30	1:08:15	STOKES, Rachel	unatt/Kerry	F35	06:49.4	667	30
31	1:10:06	DESMOND, John	Eagle AC	M50	07:00.5	599	31
32	1:10:14	CLARKE, Paddy	Templemore AC	M40	07:01.3	298	32
33	1:10:19	FLYNN, Phyllis	The Stragglers	F50	07:01.8	664	33
34	1:10:46	BERMINGHAM, Matthew	Grange-Fermoy AC	M35	07:04.5	673	34
35	1:10:55	RYAN, Phil	Ballynonty AC	F40	07:05.4	296	35
36	1:10:57	RYAN, Pat	Ballynonty AC	M35	07:05.6	297	36
37	1:11:37	DERMODY, Paul	unatt/Kilkenny	M35	07:09.6	692	37
38	1:12:00	MCCARTHY, Sean	Clonmel AC	M45	07:11.9	661	38
39	1:12:40	MOLLOY, Mary	Carrick-on-Suir AC	F35	07:15.9	700	39
40	1:13:03	KENT, Barry	Clonmel AC	M40	07:18.2	677	40
41	1:13:20	PETROSIUS, Andrius	unatt/Cahir	M	07:19.9	680	41
42	1:13:50	MACKEVICIUTE, Ausras	Dundrum AC	F	07:22.9	281	42
43	1:13:53	CONDON, Louisa	Thurles Crokes AC	F35	07:23.2	284	43
44	1:14:09	O'MALLEY, Darragh	unatt/Bruff	M35	07:24.8	657	44
45	1:14:37	CONCANNON, Michael	West Waterford AC	M55	07:27.6	288	45
46	1:15:22	HALL, Neilie	Ballynonty AC	M50	07:32.1	295	46
47	1:15:29	MACBAIN, Philip	unatt/Borrisoleigh	M	07:32.8	684	47
48	1:15:43	BYRNE, Anna	Clonmel AC	F50	07:34.2	675	48
49	1:15:57	WALSH, Angela	Clonmel AC	F	07:35.6	279	49
50	1:16:04	DOHERTY, Michelle	Clonmel AC	F40	07:36.3	687	50
51	1:16:45	RYAN, Martina	Thurles Crokes AC	F45	07:40.4	682	51
52	1:17:09	HANLEY, Ellen	unatt/Mitchelstown	F40	07:42.8	674	52
53	1:17:41	STAPLETON, Sarah	unatt/Clonmel	F35	07:46.0	681	53
54	1:17:53	RYAN, Dymphna	Dundrum AC	F35	07:47.2	699	54
55	1:18:47	KELLY, John	Mallow AC	M40	07:52.6	696	55
56	1:19:53	PYNE, Mark	Grange-Fermoy AC	M40	07:59.2	676	56
57	1:20:22	HOLMES, PJ	Dundrum AC	M55	08:02.1	669	57
58	1:20:45	DOOLEY, Lyndsey	Thurles Crokes AC	F	08:04.4	283	58
59	1:22:24	KIELY, Liam	unatt/Cahir	M	08:14.3	688	59
60	1:22:55	RYAN, Patrick	unatt/Cahir	M35	08:17.4	294	60
61	1:23:01	BEGLEY, Ben	Kilmallock AC	M	08:18.0	695	61
62	1:23:22	MAHER, Michelle	Thurles Crokes AC	F	08:20.1	285	62
63	1:23:28	GLEESON, Debbie	unatt/Upperchurch	F	08:20.7	287	63
64	1:24:00	COFFEY, Brendan	Clonmel AC	M35	08:23.9	660	64
65	1:25:19	MOORE, Charlie	unatt/Midleton	M55	08:31.8	672	65
66	1:25:34	RYAN, Mary-Beth	Togher AC	F	08:33.3	597	66
67	1:25:41	TREACY, George	unatt/Nenagh	M40	08:34.0	280	67
68	1:25:56	MCCARTHY, Niall	Clonmel AC	M40	08:35.5	662	68
69	1:26:42	MULCAHY, Mary	St. Finbarrs AC	F50	08:40.1	697	69
70	1:26:55	O'MALLEY, Aisling	An Bru AC	F35	08:41.4	658	70
71	1:27:08	WALSHE, John	East Cork AC	M65	08:42.7	651	71
72	1:29:02	CASEY, Colm	unatt/Limerick	M50	08:54.1	691	72
73	1:33:44	MCNAMARA, Breda	Moyne AC	F35	09:22.3	289	73
74	1:38:49	O'DONOGHUE, Donal	unatt/Little Island	M45	09:52.7	598	74

75	1:38:54	KENNEDY, Lorraine	unatt/Kildare	F35	09:53.2	686	75
76	1:54:20	O'MEARA, Cluida	Callan AC	F	11:25.8	690	76
77	1:57:07	DIGNAM, Christine	Callan AC	F35	11:42.5	689	77

*\* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk \**  
Results produced by Ballycotton Running Promotions.