

**Poulmucka 8K road Race**  
**Poulmucka, Friday 25th May 2012**

Number			Place	Athlete's Name	Club	Category	Mins	Secs
56		1st Man	1	Sandis Bralitis	West Waterford	Senior Men	25	43
65		2nd Man	2	Kevin Moore	Dundrum	Senior Men	27	16
78		3rd Man	3	David Shelly	Ballynonty	Senior Men	28	20
66		4th Man	4	Donal Keane	Dundrum	Senior Men	28	32
131			5	Patrick Roche	Carrick on Suir	Senior Men	28	47
106		1st 0/45	6	Derek Nolan	Clonmel Athletic Club	Men over 45	29	5
32		1st Lady	7	Catriona McKiernan	Cavan	Senior Lady	29	9
1		1st 0/40	8	Paudie O Keeffe	Clonmel Athletic Club	Men over 40	29	10
175			9	Tommy Falconer	Carrick on Suir	Senior Men	29	30
125			10	Michael Ryan	Dundrum	Senior Men	29	44
51			11	Lar Martin	Clonmel Athletic Club	Senior Men	29	53
20		2nd 0/45	12	Vasiliy Neumerzhitskiy	Clonmel Athletic Club	Men over 45	29	54
11		1st 0/50	13	Brendan Ahearne	Clonmel Athletic Club	Men over 50	30	0
77		1st 0/35	14	Dermot Logue	Coolquill	Men over 35	30	3
117			15	Michael Carey	Coolquill	Senior Men	30	5
122		1st 0/55	16	Joe Gough	West Waterford	Men over 55	30	6
76		2nd Lady	17	Angela McCann	Clonmel Athletic Club	Senior Lady	30	7
96			18	Sebastian Boisson	Clonmel	Men over 45	30	8
196			19	Colm Bradshaw	Dundrum	Senior Men	30	9
130		3rd Lady	20	Martina O Dwyer	Carrick on Suir	Senior Lady	30	9
184		2nd 0/40	21	Gerard O Loughlin	Clonmel Athletic Club	Men over 40	30	12
67			22	Conor Fleming	Clonmel Athletic Club	Men over 40	30	29
37			23	Brendan Cronin	Carrick on Suir	Men over 50	30	48
38			24	Kieran Fahey	Clonmel Athletic Club	Men over 45	30	53
23			25	John O Shaughnessy	Thurles Crokes	Men over 45	31	5
22			26	Declan Doherty	Thurles Crokes	Men over	31	5

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13			<b>27</b>	Gary Grant	Clonmel Athletic Club	Senior Men	<b>31</b>	<b>18</b>
100			<b>28</b>	Conor Morkan	Clonmel Athletic Club	Senior Men	<b>31</b>	<b>20</b>
83		2nd 0/35	<b>29</b>	Francis Connolly	Clonmel Athletic Club	Men over 35	<b>31</b>	<b>28</b>
58			<b>30</b>	Benny Hahessy	Carrick on Suir	Senior Men	<b>31</b>	<b>42</b>
52			<b>31</b>	James Fox	Carrick on Suir	Men over 45	<b>31</b>	<b>42</b>
7			<b>32</b>	Niall O Ceallaigh	Clonmel Athletic Club	Men over 40	<b>31</b>	<b>48</b>
44			<b>33</b>	Mark Saunders	Templemore	Senior Men	<b>31</b>	<b>59</b>
68			<b>34</b>	Mark Corcoran	Clonmel Athletic Club	Men over 40	<b>32</b>	<b>3</b>
86			<b>35</b>	Aidan Gaughran	Clonmel Athletic Club	Men over 40	<b>32</b>	<b>14</b>
107		4th Lady	<b>36</b>	Clare Annan	Carrick on Suir	Senior Lady	<b>32</b>	<b>16</b>
79			<b>37</b>	Michael Boland	Unattached	Senior Men	<b>32</b>	<b>16</b>
119			<b>38</b>	Owenn Fanning	Ballynonty	Senior Men	<b>32</b>	<b>21</b>
27			<b>39</b>	Tommy Cahill	Clonmel Athletic Club	Men over 55	<b>32</b>	<b>30</b>
133		1st 0/35	<b>40</b>	Kate Wall	Clonmel Athletic Club	Ladies over 35	<b>32</b>	<b>40</b>
193			<b>41</b>	Tadhg Vaughan	Coolquill	Men over 45	<b>32</b>	<b>53</b>
24			<b>42</b>	Billy Prout	Clonmel Athletic Club	Men over 50	<b>33</b>	<b>25</b>
49			<b>43</b>	Aine Roche	Clonmel Athletic Club	Senior Lady	<b>33</b>	<b>29</b>
64			<b>44</b>	Youcef Brahimi	Unattached	Senior Men	<b>33</b>	<b>32</b>
170			<b>45</b>	D J Horan	Clonmel Athletic Club	Men over 35	<b>33</b>	<b>33</b>
45			<b>46</b>	Pady Clarke	Templemore	Men over 45	<b>33</b>	<b>36</b>
21			<b>47</b>	James Denn	Cloneen	Men over 35	<b>33</b>	<b>37</b>
81			<b>48</b>	Maurice Tobin	Grange Fermoy	Men over 60	<b>33</b>	<b>42</b>
46			<b>49</b>	John Guidera	Templemore	Senior Men	<b>33</b>	<b>43</b>
112			<b>50</b>	Kieran Ryan	Clonmel	Men over 35	<b>33</b>	<b>45</b>
53			<b>51</b>	Ritchie Meehan	Ballynonty	Men over 50	<b>33</b>	<b>50</b>
69			<b>52</b>	Gary Morrison	Clonmel Athletic Club	Men over 35	<b>33</b>	<b>52</b>
35			<b>53</b>	Liam Casey	Clonmel Athletic Club	Men over 40	<b>34</b>	<b>7</b>

109			<b>54</b>	Niall Bourke	Clonmel Athletic Club	Men over 40	<b>34</b>	<b>10</b>
30		1st 0/40	<b>55</b>	Martina Ryan	Thurles Crokes	Ladies over 40	<b>34</b>	<b>17</b>
50			<b>56</b>	T J Carey	Templemore	Men over 35	<b>34</b>	<b>19</b>
115			<b>57</b>	Sean Cummins	Cahir	Men over 35	<b>34</b>	<b>25</b>
3			<b>58</b>	Thomas Tierney	Clonmel	Men over 35	<b>34</b>	<b>26</b>
110			<b>59</b>	Alan O Shea	Clonmel Athletic Club	Senior Men	<b>34</b>	<b>27</b>
84			<b>60</b>	Peter Kiely	Clonmel	Men over 35	<b>34</b>	<b>30</b>
75			<b>61</b>	Tom Bourke	Clonmel Athletic Club	Men over 45	<b>34</b>	<b>34</b>
54			<b>62</b>	Pat Coffey	Clonmel	Men over 45	<b>34</b>	<b>40</b>
33			<b>63</b>	Marie Fitzgibbon	Thurles Crokes	Senior Lady	<b>34</b>	<b>47</b>
194			<b>64</b>	James O'Brien	Clonmel Athletic Club	Senior Men	<b>34</b>	<b>49</b>
42			<b>65</b>	Kevin Condon	Carrick Tri Club	Senior Men	<b>34</b>	<b>51</b>
111			<b>66</b>	Gareth Coleman	Clonmel Athletic Club	Men over 45	<b>34</b>	<b>52</b>
93			<b>67</b>	Dave Johnson	Clonmel Athletic Club	Men over 40	<b>34</b>	<b>56</b>
31			<b>68</b>	Andrew McHale	Clonmel Athletic Club	Senior Men	<b>34</b>	<b>57</b>
43			<b>69</b>	Frank Moran	Clonmel	Senior Men	<b>35</b>	<b>1</b>
80			<b>70</b>	Mary Molloy	Clonmel Athletic Club	Senior Lady	<b>35</b>	<b>3</b>
116			<b>71</b>	Laura Burke	Coolquill	Senior Lady	<b>35</b>	<b>5</b>
55			<b>72</b>	Neillie Hall	Ballynonty	Men over 45	<b>35</b>	<b>6</b>
18			<b>73</b>	Ned O'Brien	Clonmel Athletic Club	Men over 55	<b>35</b>	<b>12</b>
198			<b>74</b>	Michael Moclair	Fethard	Senior Men	<b>35</b>	<b>20</b>
71			<b>75</b>	Brian Carroll	Clonmel Athletic Club	Men over 35	<b>35</b>	<b>25</b>
126			<b>76</b>	Brendan Kinnane	Dundrum	Men over 45	<b>35</b>	<b>31</b>
88			<b>77</b>	John Tobin	Clonmel Athletic Club	Senior Men	<b>35</b>	<b>47</b>
9			<b>78</b>	Conor Maher	Derrygrath	Men over 50	<b>36</b>	<b>1</b>
41			<b>79</b>	Andrew Lonergan	Clonmel	Senior Men	<b>36</b>	<b>2</b>
6			<b>80</b>	Niall O Shea	Clonmel	Senior Men	<b>36</b>	<b>11</b>
4			<b>81</b>	Keith O Shea	Clonmel	Senior Men	<b>36</b>	<b>11</b>
39			<b>82</b>	Andrew Galloway	Coolquill	Men over	<b>36</b>	<b>14</b>

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123			<b>83</b>	Eamon English	Clonmel Athletic Club	Men over 40	<b>36</b>	<b>17</b>
163			<b>84</b>	Pat O Connor	New inn	Men over 40	<b>36</b>	<b>21</b>
134			<b>85</b>	Michael Freaney	Carrick on Suir	Men over 40	<b>36</b>	<b>32</b>
99			<b>86</b>	Robbie Condon	Clonmel	Men over 35	<b>36</b>	<b>34</b>
59			<b>87</b>	Noel Prendergast	Clonmel Athletic Club	Men over 40	<b>36</b>	<b>45</b>
82			<b>88</b>	Sean O Donovan	Carrick on Suir	Men over 50	<b>36</b>	<b>50</b>
180			<b>89</b>	Donal Casey	Clonmel Athletic Club	Men over 45	<b>36</b>	<b>50</b>
8			<b>90</b>	John O Donnell	Keary's AC	Senior Men	<b>36</b>	<b>55</b>
139			<b>91</b>	Barry Horgan	Clonmel	Senior Men	<b>37</b>	<b>3</b>
103			<b>92</b>	Billy O Grady	Clonmel Athletic Club	Men over 45	<b>37</b>	<b>13</b>
185			<b>93</b>	Cyril Fogarty	Clonmel Athletic Club	Men over 45	<b>37</b>	<b>15</b>
34			<b>94</b>	Rosie Casey	Clonmel Athletic Club	Senior Lady	<b>37</b>	<b>22</b>
105			<b>95</b>	Eddie Prendergast	Clonmel Athletic Club	Men over 50	<b>37</b>	<b>26</b>
87		2nd 0/40	<b>96</b>	Verona Burke	Clonmel Athletic Club	Ladies over 40	<b>37</b>	<b>44</b>
108			<b>97</b>	Tom Halley	Clonmel Athletic Club	Men over 50	<b>37</b>	<b>47</b>
73			<b>98</b>	Donna Nagle	Clonmel Athletic Club	Senior Lady	<b>37</b>	<b>53</b>
114			<b>99</b>	Paddy Shelley	Ballynonty	Men over 60	<b>37</b>	<b>58</b>
128			<b>100</b>	Jimmy Lonergan	Clonmel Athletic Club	Men over 55	<b>37</b>	<b>59</b>
97			<b>101</b>	Brendan Franklin	Clonmel Athletic Club	Men over 40	<b>38</b>	<b>0</b>
92			<b>102</b>	Ivan Barlow	Clonmel Athletic Club	Men over 40	<b>38</b>	<b>11</b>
190			<b>103</b>	Frank Lynch	Clonmel Athletic Club	Men over 35	<b>38</b>	<b>17</b>
120			<b>104</b>	Gerry Ryan	Clonmel	Senior Men	<b>38</b>	<b>18</b>
57			<b>105</b>	Stephen Looby	New Inn	Junior Men	<b>38</b>	<b>19</b>
104			<b>106</b>	Keith Boyle	Poumucka	Men over 35	<b>38</b>	<b>19</b>
29			<b>107</b>	Niamh Gill	Cahir	Senior Lady	<b>38</b>	<b>25</b>
181			<b>108</b>	Sean Meehan	Cahir	Senior Men	<b>38</b>	<b>41</b>
188			<b>109</b>	Tommy Hayes	Ballynonty	Senior Men	<b>38</b>	<b>45</b>
124			<b>110</b>	Frank Brannigan	Clonmel Athletic	Senior Men	<b>38</b>	<b>46</b>

					Club			
62			<b>111</b>	Liam Russell	Galtee Runners	Senior Men	<b>38</b>	<b>50</b>
47			<b>112</b>	P J Fahey	Clonmel	Senior Men	<b>38</b>	<b>58</b>
113		1st 0/45	<b>113</b>	Una Redfern	Clonmel Athletic Club	Ladies over 45	<b>39</b>	<b>10</b>
167			<b>114</b>	Gordon Collins	Carrick on Suir	Men over 45	<b>39</b>	<b>16</b>
61			<b>115</b>	Brid Russell	Galtee Runners	Senior Lady	<b>39</b>	<b>34</b>
197			<b>116</b>	Derek Delaney	Clonmel	Senior Men	<b>39</b>	<b>37</b>
85			<b>117</b>	Jonathan Cooney	Clonmel Athletic Club	Men over 40	<b>39</b>	<b>40</b>
176			<b>118</b>	Tom Barry	Clonmel Athletic Club	Men over 45	<b>39</b>	<b>45</b>
10			<b>119</b>	Joe Grinsell	Clonmel Athletic Club	Men over 60	<b>39</b>	<b>47</b>
127			<b>120</b>	Michael Doocey	Clonmel Athletic Club	Senior Men	<b>39</b>	<b>48</b>
168			<b>121</b>	Martin Walsh	Clonmel Athletic Club	Men over 45	<b>39</b>	<b>49</b>
63		2nd 0/35	<b>122</b>	Catherine O Sullivan	Galtee Runners	Ladies over 35	<b>40</b>	<b>2</b>
12			<b>123</b>	Kevin Corcoran	Clonmel Athletic Club	Senior Men	<b>40</b>	<b>4</b>
187			<b>124</b>	John Durnin	Ballynonty	Men over 45	<b>40</b>	<b>6</b>
166			<b>125</b>	Lizzy Ryan	Clonmel Athletic Club	Ladies over 40	<b>40</b>	<b>11</b>
25		2nd 0/45	<b>126</b>	Ann Cronin	Carrick on Suir	Ladies over 45	<b>40</b>	<b>12</b>
70			<b>127</b>	Emmet Askins	Clonmel Athletic Club	Men over 35	<b>40</b>	<b>30</b>
14			<b>128</b>	Julia Tideswell	Clonmel Athletic Club	Ladies over 45	<b>40</b>	<b>36</b>
177			<b>129</b>	Perry Daniel	Fethard	Men over 40	<b>41</b>	<b>0</b>
189			<b>130</b>	Tom O Mahoney	Cahir	Senior Men	<b>41</b>	<b>14</b>
98			<b>131</b>	Brian O Connor	Grange Fermoy	Men over 35	<b>41</b>	<b>22</b>
19			<b>132</b>	Eamon Crowley	Clonmel Athletic Club	Men over 60	<b>41</b>	<b>34</b>
132		1st 0/50	<b>133</b>	Bernie Hopkins	Clonmel Athletic Club	Ladies over 50	<b>42</b>	<b>5</b>
164			<b>134</b>	Denise Donnelly	Clonmel Athletic Club	Ladies over 45	<b>42</b>	<b>6</b>
129			<b>135</b>	Jenna Cains	Clonmel	Senior Lady	<b>42</b>	<b>18</b>
121			<b>136</b>	Keith Doherty	Clonmel	Senior Men	<b>42</b>	<b>21</b>
94			<b>137</b>	Onra Power	West Waterford	Ladies over 45	<b>42</b>	<b>22</b>
95			<b>138</b>	Michella Flynn	West Waterford	Ladies over	<b>42</b>	<b>28</b>

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192			<b>139</b>	Lucy Burgess	Cashel	Senior Lady	<b>43</b>	<b>0</b>
26			<b>140</b>	Marion O Neill	Clonmel Athletic Club	Ladies over 45	<b>43</b>	<b>6</b>
72			<b>141</b>	Rosemary Whyley	Galtee Runners	Senior Lady	<b>43</b>	<b>29</b>
17			<b>142</b>	Pat Walsh	Cloneen	Men over 40	<b>43</b>	<b>33</b>
172			<b>143</b>	John Cummins	Unattached	Men over 45	<b>43</b>	<b>34</b>
60			<b>144</b>	Clare O Connell	Galtee Runners	Ladies over 40	<b>43</b>	<b>35</b>
118			<b>145</b>	Tracey Weight	Clonmel Athletic Club	Men over 40	<b>44</b>	<b>7</b>
40			<b>146</b>	Deirdre Healy	Clonmel Athletic Club	Ladies over 35	<b>45</b>	<b>10</b>
2			<b>147</b>	Grainne O Keefe	Clonmel Athletic Club	Senior Lady	<b>45</b>	<b>10</b>
102			<b>148</b>	Roberta Ryan	Clonmel Athletic Club	Ladies over 40	<b>45</b>	<b>34</b>
191			<b>149</b>	Corinne Mulcahy	Clonmel	Senior Lady	<b>45</b>	<b>38</b>
178			<b>150</b>	Owen O'Brien	Clonmel	Senior Men	<b>45</b>	<b>58</b>
171			<b>151</b>	Gary Hallinan	Clonmel	Senior Men	<b>46</b>	<b>39</b>
28			<b>152</b>	Margaret Gill	Cahir	Ladies over 50	<b>46</b>	<b>40</b>
135			<b>153</b>	Clare Kinsella	Clonmel Athletic Club	Ladies over 45	<b>47</b>	<b>2</b>
165			<b>154</b>	Jean Donnelly	Clonmel	Senior Lady	<b>47</b>	<b>30</b>
179			<b>155</b>	Theresa O'Brien	Clonmel Athletic Club	Senior Lady	<b>47</b>	<b>41</b>
169			<b>156</b>	Roisin McCabe	Clonmel	Senior Lady	<b>47</b>	<b>49</b>
182			<b>157</b>	Derek McCabe	Kilsheelan	Senior Men	<b>47</b>	<b>50</b>
138			<b>158</b>	John Carey	Clonmel Athletic Club	Men over 55	<b>48</b>	<b>0</b>
136			<b>159</b>	Annette Butler	Clonmel Athletic Club	Senior Lady	<b>48</b>	<b>31</b>
137			<b>160</b>	Ber Walsh	Clonmel Athletic Club	Ladies over 40	<b>48</b>	<b>31</b>
89			<b>161</b>	Jason O'Dea	Clonmel	Men over 35	<b>48</b>	<b>34</b>
199			<b>162</b>	Donal Sorohan	Clonmel Athletic Club	Men over 45	<b>49</b>	<b>28</b>
186			<b>163</b>	Cathy Fox	Ballylooby	Senior Lady	<b>49</b>	<b>29</b>
195			<b>164</b>	Linda McGrath	Clonmel	Senior Lady	<b>49</b>	<b>30</b>
15			<b>165</b>	Margaret Tobin	Cloneen	Ladies over 55	<b>49</b>	<b>38</b>
183			<b>166</b>	Susan Collins	Carrick on Suir	Ladies over 40	<b>50</b>	<b>18</b>
101			<b>167</b>	Pauline Lonergan	Clonmel Athletic Club	Ladies over 45	<b>50</b>	<b>30</b>

16			<b>168</b>	Mary Hyland	Cloneen	Senior Lady	<b>50</b>	<b>34</b>
48			<b>169</b>	Michael Maunsell	Clonmel Athletic Club	Men over 50	<b>53</b>	<b>46</b>
91			<b>170</b>	Ollie Magee	Clonmel Athletic Club	Men over 35	<b>56</b>	<b>11</b>