

Tipperary Senior/Junior Cross Country Championships**Goold's Cross Sunday 23rd January 2011****Hosted By Dundrum Athletic Club****Junior Ladies 3000m**

Place	Athlete	Club	Time
1	Cliona Doyle	Clonmel	14.12

Junior Men 6000m

Place	Athlete	Club	Time
1	Vincent Molumby	Thurles Crokes	21.45
2	Neil Fox	Clonmel	24.06
3	Evan Egan	Clonmel	25
4	Cathal Ryan	Thurles Crokes	25.59
5	Aiden Cremins	Clonmel	26.5

Inter Club

Place	Club	Scoring Places	Points
1	Clonmel	2, 3 & 5	10

Senior Ladies 5000m

Place	Athlete	Club	Time
1	Dympna Ryan	Dundrum	19.2
2	Angela McCann	Clonmel	19.26
3	Catherine Kelly	Dundrum	20.55
4	Aine Roche	Clonmel	21.28
5	Niamh Hennessy	Templemore	21.57
6	Cheryl Stanley	Templemore	22.1
7	Catherine Rice	Clonmel	22.23
8	Martina Ryan	Thurles Crokes	22.48
9	Mary Keane	Dundrum	23.18
10	Leah McCormack	Dundrum	23.22
11	Donna Nagle	Clonmel	23.31
12	Liz Breen	Dundrum	23.54
13	Nicola Maunsell	Clonmel	24.46
14	Rosie Casey	Clonmel	24.58
15	Aine Hennessy	Templemore	25.15
16	Hazel Galloway	Clonmel	26.54

Inter Club

Place	Club	Scoring Places	Points
1	Clonmel	2,4,7	13
2	Dundrum	1,3,9	13
3	Templemore	5,6,15	26

Inter Club "B"

Place	Club	Scoring Places	Points
1	Clonmel	11,13,14	26

Senior Men 10,000m

Place	Athlete	Club	Time
1	Tony Fogarty	Thurles Crokes	
2	Mark Gleeson	Nenagh Olympic	
3	Donal Keane	Dundrum	
4	Danny Smith	Ballynonty	
5	Stephen Hunter	Clonmel	
6	Shane Scully	Nenagh Olympic	
7	Pat Grace	Nenagh Olympic	
8	Kevin Moore	Dundrum	
9	Gary Scully	Nenagh Olympic	
10	Shane Mullaney	Thurles Crokes	
11	Ross Alexander	Coolquill	
12	Kenny Curran	Ballynonty	
13	Pat Ryan	Dundrum	
14	Pat Cormack	Ballynonty	
15	Padraig Coen	Dundrum	
16	Martin Keane	Dundrum	
17	John Russell	Coolquill	
18	Micheal Coen	Dundrum	
19	Sean McCarthy	Clonmel	
20	Mark Ryan	Clonmel	
21	Ruaidhri Devitt	Dundrum	
22	Michael Browne	Nenagh Olympic	
23	Michael Ryan	Dundrum	
24	Declan Doherty	Thurles Crokes	
25	Peter Furlong	Clonmel	
26	Michael Moore	Dundrum	
27	Niall O'Ceallaigh	Clonmel	
28	Owen Fanning	Ballynonty	
29	Billy Phillips	Thurles Crokes	
30	Andrew Smyth	Coolquill	
31	Liam Casey	Clonmel	
32	Pat Bracken	Thurles Crokes	

33	Noel O'Dwyer	Ballynonty	
34	Leslie Smyth	Coolquill	
35	Noel Ryan	Ballynonty	
36	P J Holmes	Dundrum	
37	Austin Ryan	Thurles Crokes	
38	Tadhg Vaughan	Coolquill	
39	Jim McDonnell	Coolquill	

Inter Club

Place	Club	Scoring Places	Points
1	Nenagh Olympic	2,6,7,9	24
2	Dundrum	3,8,13,15	39
3	Ballynonty	4,12,14,28	58
4	Thurles Crokes	1,10,24,29	64
5	Clonmel	5,19,20,25	69
6	Coolquill	11,17,30,34	92

Inter Club "B"

Place	Club	Scoring Places	Points
1	Dundrum B	16,18,21	55
2	Dundrum C	23,26,36	85