

Fit4Life Templemore - 4 mile Track & Trail Run - Sunday 11th September 2011

| PLACE | NUMBER | NAME | CLUB | CAT | TIME |
|-------|--------|-------------------|----------------|--------|-------|
| 1 | 733 | Ross Alexander | Coolquill | Men | 21.52 |
| 2 | 744 | Shane Mullaney | Thurles Crokes | Men | 22.46 |
| 3 | 725 | Paudie Coen | Dundrum | Men | 23.57 |
| 4 | 726 | Andrew McLoughlin | Nenagh | Men | 24.37 |
| 5 | 727 | Paul Scully | Nenagh | Men | 24.43 |
| 6 | 738 | Mike Carey | Coolquill | Men | 24.59 |
| 7 | 632 | Margaret Danagher | Templemore | Ladies | 25.00 |
| 8 | 758 | Conor Morkan | Clonmel | Men | 25.17 |
| 9 | 707 | Austin Ryan | Thurles Crokes | Men | 25.18 |
| 10 | 701 | Mark Saunders | Templemore | Men | 25.28 |
| 11 | 735 | Matt Alexander | Coolquill | Men | 25.41 |
| 12 | 716 | Andrew Smyth | Coolquill | Men | 25.52 |
| 13 | 728 | James Sheary | Nenagh | Men | 25.58 |
| 14 | 710 | James Bourke | Bilboa | Men | 26.05 |
| 15 | 719 | Alan Danagher | Ferrybank | Men | 26.08 |
| 16 | 712 | Pat Bracken | Thurles Crokes | Men | 26.09 |
| 17 | 754 | Liam Kelly | Moyne | Men | 26.10 |
| 18 | 739 | TJ Carey | Upperchurch | Men | 27.31 |
| 19 | 700 | Mick Delahunty | Templemore | Men | 27.38 |
| 20 | 615 | Claire Kelly | Roscrea | Ladies | 27.50 |
| 21 | 750 | Adrian Kelly | | Men | 27.52 |
| 22 | 715 | Leslie Smyth | Coolquill | Men | 27.55 |
| 23 | 736 | Martin Ivors | Coolquill | Men | 27.56 |
| 24 | 714 | Jack Alexander | Coolquill | Men | 28.00 |
| 25 | 703 | Larry Stapleton | Templemore | Men | 28.10 |
| 26 | 745 | Paudie Meehan | | Men | 28.15 |
| 27 | 760 | Paul Walsh | Templemore | Men | 28.20 |
| 28 | 730 | Sean Percy | Templemore | Men | 28.51 |
| 29 | 724 | Pat Keane | West Waterford | Men | 29.00 |
| 30 | 743 | Paddy Clarke | Templemore | Men | 29.02 |
| 31 | 734 | Seamus Tynan | Templemore | Men | 29.03 |
| 32 | 702 | Paddy Ryan | Templemore | Men | 29.21 |
| 33 | 711 | Michael Thompson | Bilboa | Men | 29.39 |
| 34 | 731 | Dara Purcell | Thurles Crokes | Men | 30.12 |
| 35 | 759 | Tomas Varadi | Templemore | Junior | 30.22 |
| 36 | 708 | Sean Ryan | | Men | 30.32 |
| 37 | 720 | Christy Slattery | Templemore | Men | 30.50 |
| 38 | 717 | Michael Langton | | Men | 31.04 |
| 39 | 751 | Alan Kavanagh | Templemore | Men | 31.05 |
| 40 | 654 | Maria Kelly | Roscrea | Ladies | 31.07 |
| 41 | 639 | Eileen Looby | Templemore | Ladies | 31.22 |

| PLACE | NUMBER | NAME | CLUB | CAT | TIME |
|-------|--------|--------------------|--------------------|--------|-------|
| 42 | 737 | Kevin Delargy | | Men | 31.24 |
| 43 | 634 | Laura Carey | | Ladies | 31.33 |
| 44 | 729 | James Byrne | Moyne | Men | 31.35 |
| 45 | 656 | Ciara Maxwell | | Ladies | 31.40 |
| 46 | 704 | John Roche | Templemore | Men | 31.57 |
| 47 | 740 | Michael Brett | | Men | 32.13 |
| 48 | 755 | Tom McGrath | Templemore | Men | 32.16 |
| 49 | 635 | Brona Delargy | | Ladies | 32.23 |
| 50 | 664 | Brid Quinlan | | Ladies | 32.33 |
| 51 | 603 | Aine Hennessy | Templemore | Ladies | 32.42 |
| 52 | 753 | Clifford Guest | | Men | 32.44 |
| 53 | 608 | Marian Hughes | Thurles Crokes | Ladies | 32.50 |
| 54 | 721 | Seamus Hanafin | Thurles Crokes | Men | 32.52 |
| 55 | 749 | David Fogarty | | Men | 32.54 |
| 56 | 602 | Jimmy Hennessy | Templemore | Men | 33.01 |
| 57 | 616 | Ashling Dolan | | Ladies | 33.14 |
| 58 | 732 | Tim Hayden | Moycarkey/Coolcree | Men | 33.20 |
| 59 | 637 | Shauna Hayden | Moycarkey/Coolcree | Ladies | 33.21 |
| 60 | 605 | Cath Longstaff | Templemore | Ladies | 33.27 |
| 61 | 657 | Deirdre Hoare | | Ladies | 33.28 |
| 62 | 612 | Una Crowley | Thurles Crokes | Ladies | 33.33 |
| 63 | 624 | Jenny Hanafin | Thurles Crokes | Ladies | 33.57 |
| 64 | 757 | Johnny Nevin | Templemore | Men | 34.13 |
| 65 | 706 | Tommy Gleeson | Templemore | Men | 34.20 |
| 66 | 705 | Ray Nesbitt | Templemore | Men | 34.25 |
| 67 | 723 | John Joe Maher | Templemore | Men | 34.35 |
| 68 | 638 | Margaret Looby | Templemore | Ladies | 34.37 |
| 69 | 621 | Betty Slattery | Templemore | Ladies | 34.57 |
| 70 | 607 | Lisa Buckley | | Ladies | 35.12 |
| 71 | 722 | Thomas Bourke | Thurles Crokes | Men | 35.13 |
| 72 | 625 | Rosarie Harrington | Thurles Crokes | Ladies | 35.21 |
| 73 | 653 | Catherine Shanahan | Templemore | Ladies | 35.36 |
| 74 | 623 | Carmel Lynagh | Templemore | Ladies | 35.37 |
| 75 | 619 | Margaret Healy | Templemore | Ladies | 35.40 |
| 76 | 613 | Rita Cleary | Thurles Crokes | Ladies | 35.50 |
| 77 | 713 | Paddy Dolan | Templemore | Men | 35.55 |
| 78 | 626 | Frances Maher | Templemore | Ladies | 36.12 |
| 79 | 617 | Patricia Ryan | Templemore | Ladies | 36.29 |
| 80 | 747 | John Cummins | | Men | 36.32 |
| 81 | 665 | Rosita Callanan | Templemore | Ladies | 36.41 |
| 82 | 709 | Brian Gleeson | Templemore | Men | 36.54 |
| 83 | 633 | Carol Treacy | Templemore | Ladies | 37.06 |

| PLACE | NUMBER | NAME | CLUB | CAT | TIME |
|-------|--------|-----------------------|----------------|---------|-------|
| 84 | 668 | Olivia Kennedy-Murphy | Templemore | Ladies | 37.08 |
| 85 | 628 | Sharon Kiely | Moyne | Ladies | 37.32 |
| 86 | 611 | Helena Mawe | Thurles Crokes | Ladies | 37.34 |
| 87 | 609 | Annemarie Mulrooney | | Ladies | 37.35 |
| 88 | 742 | Padraic Maloney | | Men | 37.37 |
| 89 | 649 | Clare Mockler | | Ladies | 37.38 |
| 90 | 746 | Kieran Mockler | | Men | 37.39 |
| 91 | 622 | Fiona Looby | Templemore | Ladies | 37.43 |
| 92 | 650 | Joanne Slevin | | Ladies | 37.52 |
| 93 | 636 | Aine Brett | | Ladies | 38.39 |
| 94 | 601 | Dolores Hennessy | Templemore | Ladies | 38.49 |
| 95 | 661 | Maria Bergin | | Ladies | 38.54 |
| 96 | 748 | James Meade | | Men | 39.08 |
| 97 | 614 | Sinead Ormond | Templemore | Ladies | 39.10 |
| 98 | 644 | Aisling Smith | | Ladies | 39.12 |
| 99 | 640 | Fina Burke | Templemore | Ladies | 40.03 |
| 100 | 752 | Sean Fogarty | | Men | 40.04 |
| 101 | 631 | Rena Stapleton | Templemore | Ladies | 40.08 |
| 102 | 620 | Catherine Maher | Templemore | Ladies | 40.09 |
| 103 | 629 | Eileen Ryan | Moyne | Ladies | 40.22 |
| 104 | 627 | Evelyn Cornally | Moyne | Ladies | 40.28 |
| 105 | 669 | Bernie McGrath | Templemore | Ladies | 43.31 |
| 106 | 646 | Joy Ferris | | Ladies | 43.37 |
| 107 | 647 | Perry Moloney | | Ladies | 43.38 |
| 108 | 604 | Sinead Collier | Templemore | Ladies | 44.03 |
| 109 | 642 | Marie Holly | | Walking | 44.04 |
| 110 | 662 | Michelle Harrahill | Templemore | Ladies | 44.05 |
| 111 | 630 | Belinda Hayes | | Ladies | 44.08 |
| 112 | 645 | Roisin Smith | | Ladies | 45.10 |
| 113 | 643 | Bridin Smith | | Ladies | 45.14 |
| 114 | 741 | Bob Ruggio | | Men | 45.21 |
| 115 | 606 | Pat Buckley | | Ladies | 45.49 |
| 116 | 663 | Siobhan Keeshan | Templemore | Ladies | 46.23 |
| 117 | 666 | Mary Murphy | | Ladies | 49.33 |
| 118 | 667 | Fiona Loughnane | | Ladies | 49.34 |
| 119 | 648 | Mary Hassett | Templemore | Ladies | 50.30 |
| 120 | 718 | Willie Fogarty | | Walking | 51.10 |
| 121 | 641 | Evelyn Smith | | Walking | 55.31 |
| 122 | 651 | Mary Connors | | Walking | 55.31 |
| 123 | 652 | Gemma D'Arcy | | Walking | 55.31 |
| 124 | 670 | Siobhan Delaney | | Walking | 55.31 |
| 125 | 671 | Catherine Foy | | Walking | 55.31 |

| PLACE | NUMBER | NAME | CLUB | CAT | TIME |
|-------|--------|--------------|------|--------|-------|
| 126 | 618 | Nicole Power | | Ladies | 58.47 |