

**RESULTS OF SENIOR/MASTERS
INDOOR CHAMPIONSHIPS
8TH APRIL 2011**

Senior Mens 3000m

1. Mike Yelverton	Newport	9.05
2. Denis Shanahan	Thurles Crokes	9.29
3. Ross Alexander	Coolquill	9.37
4. Kenny Curran	Ballynonty	9.43
5. Michael Moore	Dundrum	10.26
6. Colm Bradshaw	Dundrum	10.35
7. Matt Alexander	Coolquill	11.41
8. Jack Alexander	Coolquill	12.36

Team

1. Coolquill

Senior Mens 2000m Walk

1. Ross Alexander	Coolquill	9.01
2. Niall O’Ceallaigh	Clonmel	11.01

Senior Ladies 1000m Walk

1. Liz Breen	Dundrum	6.46
2. Mairead O.Connor	Dundrum	7.47
3. Leah McCormack	Dundrum	7.48

Senior Ladies 1500m

1. Leah McCormack	Dundrum	6.11
2. Liz Breen	Dundrum	6.40
3. Mairead O’Connor	Dundrum	7.40

Master Ladies 800m

1. Aisling Hoey	Moycarkey Coolcree	3.17	1 st	O/40
2. Hazel Galloway	Clonmel	3.26	1 st	O/55
3. Marion Hughes	Thurles Crokes	3.27	1 st	O/50
4. Niamh Yelverton	Newport	3.29	1 st	O/45

Senior Mens 800m

1. William Hughes	C.I.T Guest	2.08
2. Kevin Finn	Nenagh Olympic	2.24
3. Colm Bradshaw	Dundrum	2.35

Senior Ladies 600m

1. Margaret Mary Grace	Nenagh Olympic	1.49
2. Leah McCormack	Dundrum	2.19
3. Liz Breen	Dundrum	2.26
4. Mairead O'Connor	Dundrum	2.39

Masters Men 1500m

1. Michael Moore	Dundrum	4.54	1 st	O/45
2. Niall O'Ceallaigh	Clonmel	4.57	1 st	O/40
3. Matt Alexander	Coolquill	5.06	1 st	O/55
4. Pat Bracken	Thurles Crokes	5.10	2 nd	O/40
5. Mike Brown	Dundrum	5.28	3 rd	O/40
6. Jack Alexander	Coolquill	5.47	2 nd	O/55
7. Martin Ivors	Coolquill	5.49	3 rd	O/55
8. Eddie Cahalan	Coolquill	6.12	1 st	O/60

Senior Men 60m

1. Oisin Fitzpatrick	Nenagh Olympic
2. Mel Corbett	Nenagh Olympic
3. Jack Donovan	Nenagh Olympic

O/40 Men

1. Jim Ryan	Moycarkey Coolcree
2. Mike Brown	Dundrum
3. Niall O'Ceallaigh	Clonmel
4. Ray Deering	Nenagh Olympic
5. Pat Bracken	Thurles Crokes
6. Michael Mockler	Moycarkey Coolcree

O/55 Men

1. Martin Ivors	Coolquill
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O/60 Men

1. Bernie O'Neill	Clonmel
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Senior Ladies 60m

1. Eimear Lynch	Newport
2. Margaret Mary Grace	Nenagh Olympic
3. Mairead O'Connor	Dundrum
4. Liz Breen	Dundrum
5. Leah McCormack	Dundrum

O/40 Ladies

1. Ann Fagan	Newport
2. Aisling Hoey	Moycarkey Coolcree
3. Jenny Hanafin	Thurles Crokes

O/45

1. Niamh Yelverton	Newport
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O/50

1. Marion Hughes	Thurles Crokes
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O/55

1 Hazel Galloway	Clonmel
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Ladies Shot

Senior Ladies

1. Mairead O'Connor	Dundrum	6.55
2. Leah McCormack	Dundrum	5.21
3. Liz Breen	Dundrum	4.17

O/40

1. Jenny Hanafin	Thurles Crokes	6.13
2. Anne Fagan	Newport	5.79
3. Aisling Hoey	Moycarkey Coolcree	5.25

O/45

1. Niamh Yelverton	Newport	5.25
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O/50

1. Marion Hughes	Thurles Crokes	4.40
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O/55

1. Hazel Galloway	Clonmel	7.01
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Senior Mens Shot

1. Joe Barry	Templemore	9.69
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O/40

1. Michael Mockler	Moycarkey Coolcree	9.55
2. Jim Ryan	Moycarkey Coolcree	7.60
3. Ray Deering	Nenagh Olympic	7.57

O/45

1. Kevin Finn	Nenagh Olympic	9.59
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O/60

1. Joe Moloney	Moycarkey Coolcree	8.73
2. Bernie O'Neill	Clonmel	8.22

O/75

1. Michael O'Beirne	Dundrum	5.75
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LONG JUMP**Senior Ladies**

1. Mairead O'Connor	Dundrum	2.86
2. Liz Breen	Dundrum	2.29
3. Leah McCormack	Dundrum	2.19

O/40

1. Ann Fagan	Newport	3.17
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O/55

1. Hazel Galloway	Clonmel	3.17
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Senior Men

1. Oisín Fitzpatrick	Nenagh Olympic	5.67
2. Joe Barry	Templemore	5.10
3. Jack Donovan	Nenagh Olympic	5.07

4. Colm Bradshaw	Dundrum	4.21
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O/40

1. Jim Ryan	Moycarkey Coolcree	4.41
2. Michael Mockler	Moycarkey Coolcree	3.83
3. Ray Deering	Nenagh Olympic	3.61

O/55

1. Jack Alexander	Coolquill	3.48
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O/60

1. Bernie O'Neill	Clonmel	3.44
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O/75

1. Michael O'Beirne	Dundrum	1.42
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SENIOR LADIES HIGH JUMP

1. Ann Fagan	Newport	1.25
2. Mairead O'Connor	Dundrum	1.05

SENIOR MENS HIGH JUMP

1. Tom Hennessy	Nenagh Olympic	1.75
2. Jack Donovan	Nenagh Olympic	1.51
3. Michael Mockler	Moycarkey Coolcree	1.51
4. Colm Bradshaw	Dundrum	1.40
5. Ray Deering	Nenagh Olympic	1.25
9. Michael O'Beirne	Dundrum	.71

SENIOR MENS RELAY

1. Nenagh Olympic	1.54
2. Coolquill	2.17