

**RESULTS OF SENIOR/MASTERS T & F HELD IN  
TEMPLEMORE  
28/6/2011**

**SENIOR MENS 100M**

- |                |                 |
|----------------|-----------------|
| 1. Shane Prout | Carrick on Suir |
| 2. Joe O'Brien | Templemore      |
| 3. Mel Corbett | Nenagh Olympic  |

**Heat 1**

- |                   |                |
|-------------------|----------------|
| 1. Joe O'Brien    | Templemore     |
| 2. Mel Corbett    | Nenagh Olympic |
| 3. Tom Hennessy   | Nenagh Olympic |
| 4. Attila Hegedus | Borrisokane    |

**Heat 2.**

- |                  |                 |
|------------------|-----------------|
| 1. Shane Prout   | Carrick on Suir |
| 2. Derek Zulu    | Fethard         |
| 3. Jack Donovan  | Nenagh Olympic  |
| 4. Thomas Veradi | Templemore      |

**O/35 men 100m**

- |                  |            |
|------------------|------------|
| 1. Michael Towey | Templemore |
| 2. Dermot Logue  | Coolquill  |

**O/40 100m**

- |                      |                    |
|----------------------|--------------------|
| 1. Charles Williams  | Nenagh Olympic     |
| 2. Paddy Doyle       | Moyne              |
| 3. Niall O'Ceallaigh | Clonmel            |
| 4. Michael Mockler   | Moycarkey Coolcree |

**O/45 100m**

- |               |                |
|---------------|----------------|
| 1. Kevin Finn | Nenagh Olympic |
|---------------|----------------|

**O/50**

- |                   |            |
|-------------------|------------|
| 1. Chris Ryan     | Dundrum    |
| 2. Martin O'Brien | Templemore |

**O/55**

- |                    |            |
|--------------------|------------|
| 1. Tom McGrath     | Templemore |
| 2. Martin Ivors    | Coolquill  |
| 3. Michael Langton |            |

**O/60**

- |                 |         |
|-----------------|---------|
| 1. Liam O'Dwyer | Dundrum |
|-----------------|---------|

### **SENIOR LADIES 100m**

- |                   |                 |
|-------------------|-----------------|
| 1. Amanda Nevin   | Borrisokane     |
| 2. Hannah Trehy   | Carrick on Suir |
| 3. Lorraine Healy | Moyne           |
| 4. Roisin Ryan    | Thurles Crokes  |

### **O/35**

- |                |         |
|----------------|---------|
| 1. Clare Kelly | Roscrea |
|----------------|---------|

### **O/40**

- |                 |         |
|-----------------|---------|
| 1. Anne Fagan   | Newport |
| 2. Frances Long | Moyne   |

### **O/45**

- |              |       |
|--------------|-------|
| 1. Liz Power | Moyne |
|--------------|-------|

### **SENIOR MEN 400m**

- |                 |                |
|-----------------|----------------|
| 1. Jack Donovan | Nenagh Olympic |
| 2. Mel Corbett  | Nenagh Olympic |
| 3. Mark Cummins | Moyne          |

### **SENIOR WOMEN 400m**

- |                 |                 |
|-----------------|-----------------|
| 1. Hannah Trehy | Carrick on Suir |
| 2. Lisa Kelly   | Borrisokane     |
| 3. Roisin Ryan  | Thurles Crokes  |

### **SENIOR MEN 3k WALK**

- |                   |            |       |
|-------------------|------------|-------|
| 1. Ross Alexander | Coolquill  | 14.21 |
| 2. Martin O'Brien | Templemore | 18.08 |

### **SENIOR LADIES 1500m WALK**

- |                   |             |      |
|-------------------|-------------|------|
| 1. Marie Costello | Borrisokane | 7.24 |
|-------------------|-------------|------|

### **800m**

### **SENIOR MEN**

- |                   |                 |      |
|-------------------|-----------------|------|
| 1. Brian Murray   | Templemore      | 1.57 |
| 2. Tony Fogarty   | Thurles Crokes  | 2.10 |
| 3. Tommy Falconer | Carrick on Suir | 2.12 |
| 4. James Byrnes   | Moyne           | 2.26 |
| 5. William Crone  | Moyne           | 2.28 |

### **O/35**

- |                     |           |      |
|---------------------|-----------|------|
| 1. Dermot Logue     | Coolquill | 2.29 |
| 2. Damien McDonnell | Moyne     | 2.53 |

**O/40**

1. David Kenneally	Thurles Crokes	2.22
2. Declan Doherty	Thurles Crokes	2.23
3. Paddy Doyle	Moyne	2.32

**O/45**

1. Ray Power	Moyne	2.51
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**O/50**

1. Chris Ryan	Dundrum	2.36
2. Martin O'Brien	Templemore	2.53
3. Tim Hayden	Moycarkey Coolcree	2.58

**O/55**

1. Tom McGrath	Templemore	2.43
2. Martin Ivors	Coolquill	2.47
3. Martin Loughnane	Roscrea	2.50

**O/60**

1. Eddie Cahalane	Coolquill	3.04
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**SENIOR LADIES 800m**

1. Cheryl Stanley	Templemore	2.36
2. Ailbhe Carroll	Templemore	2.51
3. Lisa Quinlan	Moyne	3.04

**O/35**

1. Clare Kelly	Roscrea	2.44
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**O/40**

1. Frances Long	Moyne	3.18
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**O/45**

1. Liz Power	Moyne	3.29
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**O/50**

1. Marion Hughes	Thurles Crokes	3.15
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**SENIOR LADIES 1500m**

1. Alvy Carragher	Nenagh Olympic	4.57
2. Martina O'Dwyer	Carrick on Suir	4.59
3. Clare Kelly	Roscrea	5.36
4. Lisa Quinlan	Moyne	6.25

### **SENIOR MENS 1500m**

1. Brian Murray	Templemore	4.18
2. Brian Murphy	Carrick on Suir	4.29
3. Tommy Falconer	Carrick on Suir	4.30
4. Johnny Doran	Templemore	4.42
5. Gary Longstaff	Templemore	5.34

### **SENIOR/NOVICE/MASTERS 5000m**

1. Brian Murphy	Carrick on Suir	16.01	1 <sup>st</sup> Senior
2. John Shanahan	Dundrum	16.21	2 <sup>nd</sup> Senior
3. Denis Shanahan	Thurles Crokes	16.36	3 <sup>rd</sup> Senior 1 <sup>st</sup> Novice, 1 <sup>st</sup> O/35
4. Shane Mullaney	Thurles Crokes	16.49	
5. Ross Alexander	Coolquill	17.04	2 <sup>nd</sup> Novice
6. Niall O'Ceallaigh	Clonmel	18.08	1 <sup>st</sup> O/40 3 <sup>rd</sup> Novice
7. Dermot Logue	Coolquill	18.28	2 <sup>nd</sup> O/35
8. Mark Cummins	Moyne	19.40	
9. Martin Loughnane	Roscrea	20.50	1 <sup>st</sup> O/55
10 Jack Alexander	Coolquill	20.55	2 <sup>nd</sup> O/55
11 Damien McDonnell	Moyne	21.34	
12 Tim Hayden	Moycarkey Coolcroo	21.47	1 <sup>st</sup> O/50
13 Ray Power	Moyne	22.19	1 <sup>st</sup> O/45

### **MASTER WOMEN 3000m**

1. Frances Long	Moyne	14.19	1 <sup>st</sup> O/40
2. Liz Power	Moyne	14.59	1 <sup>st</sup> O/45

### **RELAYS**

#### **SENIOR LADIES 4 X 400m**

1<sup>st</sup> Moyne 5.37

#### **SENIOR MEN 4 x 400m**

1. Nenagh Olympic	3.52
2. Templemore	4.03
3. Thurles Crokes	4.06

#### **SENIOR LADIES 4 X 100**

1. Moyne

#### **SENIOR MEN 4 X 100m**

1. Nenagh Olympic
2. Templemore
3. Moyne

#### **MEDLEY RELAY**

1. Templemore
2. Moyne

## SENIOR MENS LONG JUMP

1. Shane Prout	Carrick on Suir	6.37
2. Derek Zulu	Fethard	6.16
3. Danny Meaney	Templemore	5.64
4. Thomas Varadi	Templemore	5.23
5. Richard Fogarty	Moyne	4.94
6. Daniel Hicz	Borrisokane	4.75
7. Attila Hegedus	Borrisokane	4.70
8. Roy Stanley	Templemore	4.16

## SENIOR LADIES LONG JUMP

1. Aoife Bartley	Carrick on Suir	4.95
2. Hannah Trehly	Carrick on Suir	4.44
3. Andrea Moore	Dundrum	3.63

## MASTERS LONG JUMP

### O/35

1. Dermot Logue	Coolquill	4.41
2. Michael Towey	Templemore	3.77

### O/40

1. Michael Mockler	Moycarkey Coolcroe	4.26
2. Charles Williams	Nenagh Olympic	4.17
3. Tommy Gleeson	Templemore	3.47

### O/50

1. Tim Hayden	Moycarkey Coolcroe	3.13
2. Martin O'Brien	Templemore	2.55

### O/55

1. Tom McGrath	Templemore	3.92
2. Jack Alexander	Coolquill	3.58

### O/60

1. Liam O'Dwyer	Dundrum	2.89
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### O/75

1. Michael O'Beirne	Dundrum	1.62
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## SENIOR MENS SHOT

1. Gavin Aherne	Fethard	9.73
2. Pat Corcoran	Tipp Town	9.64
3. Mel Corbett	Nenagh Olympic	9.46
4. Danny Meaney	Templemore	8.86

5. Gavin Lynch	Roscrea	7.79
6. Gerry Fogarty	Thurles Crokes	7.76
7. Tony Fogarty	Thurles Crokes	7.49
8. Shane Mullaney	Thurles Crokes	7.00
9. Jack Donovan	Nenagh Olympic	6.87

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### SENIOR LADIES SHOT

1. Catriona Ryan	Templemroe	10.32
2. Aoife Bartley	Carrick on Suir	8.07
3. Jackie Moriarty	Templemore	7.89
4. Hannah Trehy	Carrick on Suir	6.77
5. Roisin Ryan	Thurles Crokes	5.91
6. Andrea Moore	Dundrum	5.28

### O/35 LADIES

1. Clare Kelly	Roscrea	6.67
2. Mary Delaney	Templemore	4.84

### O/40

1. Anne Fagan	Newport	5.60
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### O/35 Men

1. Michael Towey	Templemroe	7.93
2. Dermot Logue	Coolquill	7.30

### O/40

1. Charles Williams	Nenagh Olympic	9.98
2. Michael Mockler	Moycarkey Coolcroe	9.40
3. Gary Longstaff	Templemore	7.14

### O/50

1. Martin O'Brien	Templemore	5.07
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### O/55

1. Tom McGrath	Templemore	8.53
2. Jack Alexander	Coolquill	8.28
3. Martin Ivors	Coolquill	6.81

### O/60

1. John O'Farrell	Borrisokane	8.92
2. Joe Moloney	Moycarkey Coolcroe	8.90
3. Liam O'Dwyer	Dundrum	8.31

### SENIOR MENS HIGH JUMP

1. Shane Prout	Carrick on Suir	1.75
2. Richard Fogarty	Moyne	1.70
3. Tom Hennessy	Nenagh Olympic	1.65
4. Simon Archer	Templemore	1.50

5. Thomas Varadi	Templemore	1.50
5. Michael Mockler	Moycarkey Coolcree	1.50

### **SENIOR LADIES HIGH JUMP**

1. Amanda Nevin	Borrisokane	1.35
2. Lisa Kelly	Borrisokane	1.25
3. Anne Fagan	Newport	1.10