

Poulmucka 5k Results
71 competed in 5K
Friday 20th May 2011

Number	Name	Actual Time	Estimated Time	Variance	Prize Winners
1	Cathriona McKiernan	18.53			
160	Serene Moloney	21.04	23.00	1.56	
108	Marcella Sheedy	24.25	25.25	1.00	
100	Helen o'Ceallaigh	24.28	24.00	0.28	
112	Derbhla McKiernan	24.51			Cathriona's Daughter
101	Mary O'Gorman	24.53	25.00	0.07	2nd Prize
170	Paula Dwane	24.56	25.30	0.34	
144	Nicola Maunsell	24.56	26.29	1.33	
150	Sandra Williams	25.02	26.30	1.28	
165	Ciara Meehan	26.00	27.00	1.00	
162	Aine Morrissey	26.03	30.00	3.57	
163	Conor Maher	26.11	30.00	3.49	
128	Claire Tierney	26.27	28.32	2.05	
133	Orla Durand	26.27	29.00	2.33	
127	Martina Fahey	27.01	28.00	0.59	
104	Geraldine McDonald	27.03	26.30	0.33	
129	Irene Tobin	27.04	28.32	1.28	
105	Joan Guidera	27.04	27.00	0.04	1st Prize
131	Thomas Sexton	27.09	38.00	10.51	
164	Eileen Cronin	27.15	27.00	0.15	prize
166	Ann Marie Prendergast	27.24	25.30	1.54	
147	Breeda Murnane	27.58	29.37	1.39	
159	Emma Norris	28.20	28.00	0.20	prize
167	Jadwiga Waszkiewlwr	28.28	28.00	0.28	
168	Carol Ryan	28.28	30.00	1.32	
140	Amanda Williams	28.31	28.35	0.14	prize
124	Nicola Grace	28.41	29.00	0.19	prize
114	Jo Delaney	29.00	30.10	1.10	
113	Ger Phelan	29.05	29.47	0.42	
155	Pamela Pyke	29.13	30.30	1.17	
154	Tracy Ryan	29.21	30.30	1.09	
156	Regina Burke	29.24	30.00	0.36	
109	Rhona Boyle	29.27	29.00	0.27	
125	Madaline Fahey	29.41	29.15	0.26	
136	Jane Barrett	29.42	32.00	2.18	
145	Lisa Williams	29.48	29.00	0.48	
126	Majella Quinlivan	29.50	29.30	0.20	
146	Anne McGarry	29.50	30.00	0.10	3rd Prize
153	Mary O'Neill	29.55	31.00	1.05	
110	Valerie Connolly	30.06	29.55	0.11	prize

138	Orla Ryan	30.06	40.00	9.54	
158	Denise Fleming	30.28	35.00	4.32	
169	Edel Ryan	30.30	32.20	1.50	
135	Sandra Mulcahy	30.42	31.38	0.56	
103	Nicholas Ryan	30.46	30.00	0.46	
123	M Kelly	30.46	40.00	9.14	
120	Cathriona O'Connor	30.49	31.49	1.00	
134	Helen Gillman	30.49	31.49	1.00	
152	Anne Goughran	30.59	34.00	3.01	
117	Frances Fahey	31.07	33.00	1.53	
143	Bridget Carey	31.07	35.00	3.53	
121	Georgina Gilligan	31.23	32.43	1.20	
122	Ciara Delahunty	31.34	32.43	1.09	
148	Sinead O'Connor	31.40	35.00	4.20	
149	Lisa Dundun	31.40	35.00	4.20	
106	Shauna Ryan	32.07	32.43	0.36	
161	Andrea Keenan	33.09	34.00	0.51	
102	Noreen Ryan	33.20	30.00	3.20	
108	Dearbha o'Keeffe	33.22	34.16	0.54	
151	Dara Condon	34.02	32.00	2.02	
130	Linda Sexton	35.03	41.50	6.47	
132	Claire Condon	35.03	42.00	6.57	
141	Pat Phelan	35.52	35.00	0.52	
142	Annette Butler	35.52	35.00	0.52	
118	Alison Walsh	36.18	37.00	0.42	
116	Caroline McNamara	36.35	36.00	0.35	
139	Alice Ryan	36.42	53.00	17.18	
171	Charlotte Ryan	36.48	30.00	6.48	
119	Amanda Hickey	36.50	37.00	0.10	prize
115	Gemma Martin	36.51	36.00	0.51	