

Coillte 10k 6th July 2011**Results sheet**

Position	Name	Club or Address	Category	Time
1	Kenneth Rogers	St. Johns Clare	Snr. M.	32:06
2	Michael Shannon	Kilnaboy	Snr. M.	32:41
3	Martin Doody	Limerick A.C.	Snr. M.	33:18
4	Tony Scanlan	Galway City Harriers	Snr. M.	33:35
5	Danny Smith	Ballynonty A.C.	Snr. M.	33:41
6	John Shanahan	Dundrum A.C.	Snr. M.	33:51
7	Nikolah Morozov	Nenagh Olympic	Snr. M.	34:01
8	Shane Mullaney	Thurles Crokes	Snr. M.	34:21
9	Gerard Kinane	West Limerick A.C.	Snr. M.	34:43
10	Shane Scully	Nenagh Olympic	Snr. M.	34:51
11	Rosemary Ryan	Bilboa A.C.	Snr. F.	34:54
12	Martin Keane	Dundrum A.C.	Snr. M.	34:55
13	James Mc.Intyre	Olympic Harriers	Snr. M.	35:13
14	Keith Ryan	Limerick A.C.	0/45 M.	35:17
15	Siobhan O'Doherty	Borrisokane	Snr. F.	35:31
16	Declan Doherty	Thurles Crokes	0/40 M.	35:40
17	James Ryan	Dundrum A.C.	0/45 M.	35:43
18	Aogan Mac Domhnaill	West Limerick	Snr. M.	36:19
19	Donal Keane	Dundrum A.C.	Snr. M.	36:27
20	Visiliy Neumerzhitskiy	Clonmel	0/40 M.	36:30
21	P.J.Carroll	North Laois	0/45 M.	36:41
22	Darivsz Kutancb	Ennis Track	Snr. M.	36:48
23	Brendan Delaney	Roscrea	0/45 M.	36:50
24	Paudie Coen	Dundrum A.C.	Snr. M.	37:31
25	Angela Mc.Cann	Clonmel A.C.	Snr. F.	37:44
26	Eoin Mc.Grath	Clonmel A.C.	Snr. M.	38:02
27	Mike Mac Domhnaill	West Limerick	0/55 M.	38:04
28	Gerard O'Loughlin	Clonmel	0/40 M.	38:10
29	Brendan Ahearne	Clonmel	0/50 M.	38:13
30	John Conroy	Ennis Track	Snr. M.	38:22
31	Dymphna Ryan	Dundrum A.C.	Snr. F.	38:28
32	Keith Ryan	Thurles Crokes	Snr. M.	38:42
33	Jim Moloney	Thurles Crokes	0/45 M.	38:46
34	Jason Moloney	Ennis Track	Snr. M.	38:48
35	Ruaidhri Devitt	Dundrum A.C.	Snr. M.	38:52

36	Liam Casey	Clonmel	0/40 M.	39:01
37	David Shelly	Ballynonty A.C.	Snr. M.	39: 08
38	John Kelly	Bilboa A.C.	Snr. M.	39:09
39	Seamus Breen	Tipperary	Snr. M.	39:10
40	Austin Ryan	Thurles Crokes	Snr. M.	39:11
41	Declan O'Connor	Dundrum	Snr. M.	39:13
42	Colm Daly	Ennis Track	Snr. M.	39:16
43	Brian Long	Clonmel A.C.	Snr. M.	39:29
44	Nigel O'Flaherty	Clonmel	Snr. M.	39:38
45	Mark Daly	Ennis Track	Snr. M.	39:40
46	Conor Martin	Clonmel	Snr. M.	39:45
47	Mick Carey	Upperchurch	Snr. M.	39:53
48	John O'Shea	West Limerick	0/45 M.	39:55
49	Franny Lafford	Clonmel A.C.	0/45 M.	40:18
50	Maurice Hope	Caherconlish	Snr. M.	40:28
51	Paul Mc. Mahon	Ballysheedy	Snr. M.	40:47
52	Stephen Broderick	Castletroy	Snr. M.	40:51
53	Tadgh Vaughan	Coolquill	0/40 M.	40:58
54	Mary Louise Ryan	Bilboa	Snr. F.	41:02
55	James Burke	Murroe	Snr. M.	41:04
56	Liam Leahy	West Limerick	0/45 M.	41:15
57	Brian Berkery	Doon	0/40 M.	41:17
58	James Shanahan	Dundrum	Snr. M.	41:20
59	Brendan Kinane	Dundrum	0/45 M.	41:24
60	Tony Delaney	Dundrum A.C.	0/45 M.	41:27
61	Brian O'Reilly	Larragh	0/50 M.	41:30
62	John Browne	Cahir	Snr. M.	41:35
63	Catherine Kelly	Dundrum	Snr. F.	41:47
64	John Power	Ballina	0/40 M.	41:50
65	Pat Wixted	Newport A.C.	Snr. M.	41:56
66	Paul Scully	Nenagh Olympic	Snr. M.	41:59
67	James Denn	Fethard A.C.	Snr. M.	42:13
68	Richie Cambell	Ballinasloe	0/40 M.	42:26
69	Brian Keating	Clogheen	Snr. M.	42:35
70	Loretta Duggan	St. Marys	0/35 F.	42:42
71	L.T. Ryan	Upperchurch	0/40 M.	42:45
72	David Ryan	Boherlahan	Snr. M.	42:47
73	Claire Kelly	Roscrea Road Runners	0/35 F.	42:52

74	Martina Ryan	Thurles Crokes	0/40 F.	42:53
75	Anthony Landers	Clonmel A.C.	0/45 M.	42:55
76	Thomas Gleeson	Ennis Track	0/40 M.	43:00
77	Shane Quille	West Limerick	Snr. M.	43:05
78	Kevin Wilkinson	Bilboa A.C.	Snr. M.	43:09
79	Ger Henchey	Ennis Track	Snr. M.	43:10
80	Conor Colerean	Cappamore	0/40 M.	43:16
81	Gerry Ralph	Dundrum A.C.	0/55 M.	43:23
82	Karen Ryan	Dundrum A.C.	Snr. F.	43:24
83	James O'Brien	Clonmel	Snr. M.	43:31
84	Siobhan Gallagher	Ennis Track	0/35 F.	43:32
85	P.J. Shanahan	Thurles	Snr. M.	43:34
86	Christy Ryan	Dundrum	0/50 M.	43:41
87	Richard Lenihan	West Limerick	0/55 M.	43:44
88	Eamon Mc.Bride	Holycross	Snr. M.	43:53
89	Benny Condon	Kilsheelan	Snr. M.	43:55
90	T.J. Carey	Upperchurch	Snr. M.	44:02
91	Brendan Lidney	Limerick	Snr. M.	44:04
92	Paddy Doyle	Moyne	0/40 M.	44:05
93	Declan Histon	Limerick	0/50 M.	44:11
94	Eamon Darcy	Cahir	Snr. M.	44:17
95	Donnacha Ryan	Rossmore	Snr. M.	44:18
96	Michael Shanahan	Dundrum	Snr. M.	44:20
97	Sean Lowe	Cashel	Snr. M.	44:25
98	Dominic Joyce	Coillte	Snr. M.	44:26
99	Elaine Horigan	Clonmel	Snr. F.	44:28
100	Denis Broderick	Bruff	Snr. M.	44:33
101	Liz Breen	Dundrum A.C.	Snr. F.	44:36
102	Leah McCormack	Dundrum A.C.	Snr. F.	44:44
103	Ted O'Leary	West Waterford	0/40M.	44:57
104	Con Corbett	Thurles Crokes	0/50 M.	45:16
105	Brian Dunning	Athlone Track	Snr. M.	45:18
106	Robbie Condon	Clonmel	Snr. M.	45:22
107	Dave Johnson	Clonmel	0/40 M.	45:25
108	John Grant	Clonmel	Snr. M.	45:28
109	Matt Crowe	Ballyhurst	Snr. M.	45:30
110	John Doolan	Boru Triathlon Club	Snr. M.	45:35
111	Damien Mc.Donald	Moyne	Snr. M.	45:36

112	Tom Hally	Clonmel	0/45 M.	45:37
113	Christopher Ryan	Ardfinnan	0/40 M.	45:39
114	Adrian Coffey	Newport A.C.	Snr. M.	45:43
115	Tony Berkery	Doon	0/45 M.	45:53
116	Barry O'Brien	Cappamore	Snr. M.	45:54
117	Theresa Cunningham	Carrick Road Runners	0/40 F.	45:55
118	David Moore	Nenagh	Snr. M.	46:00
119	Greg Foley	Murroe	Snr. M.	46:10
120	Liam Fleming	Clonmel	Snr. M.	46:13
121	Seamus Hennessy	Dundrum	Snr. M.	46:14
122	Aideen Christie	Cork Triathlon	0/40 F.	46:26
123	Paddy Ryan	Templemore	0/40 M.	46:28
124	Carmel Mac.Domhnaill	West Limerick	0/50 F.	46:53
125	Laura Burke	Clonoulty	Snr. F.	47:02
126	Shay O'Dwyer	Cappamore	Snr. M.	47:04
127	Sean Ryan	Ballinahinch	0/40 M.	47:05
128	James Byrne	Moyne	Snr. M.	47:11
129	Harry Murnane	Pallas	Snr. M.	47:14
130	Gints Plaudis	Clonmel A.C.	Snr. M.	47:19
131	Enda Griffen	Hogans Harriers	Snr. M.	47:21
132	Pat Keane	West Waterford	Snr. M.	47:22
133	Joe Grinsell	Clonmel	0/60 M.	47:25
134	Eileen Hynes	Clonmel A.C.	0/50 F.	47:28
135	Tim Hayden	Moycarkey Coolcree	0/50 M.	47:33
136	Rosie Casey	Clonmel	Snr. F.	47:45
137	Paddy Clarke	Templemore	Snr. M.	47:47
138	Christy Slattery	Templederry	0/45 M.	47:50
139	Seamus Healy	Ballynonty	0/45 M.	47:53
140	Brian Carmody	Clare Crusaders	Snr. M.	48:02
141	Denis Cummins	Templemore	0/40 M.	48:13
142	Neilie Hall	Ballynonty	0/45 M.	48:16
143	Donna Nagle	Clonmel A.C.	Snr. F.	48:18
144	Yvonne Mac.Mahon	Limerick	Snr. F.	48 :26
145	Gus Molumby	Thurles	Snr. M.	48:33
146	Sean Coughlan	Limerick	Snr. M.	48:37
147	Gerard Fogarty	Drombane	Snr. M.	48:40
148	Andrew Lofthouse	Killaloe	Snr. M.	48:41
149	Tony Breen	Limerick	0/50 M.	48:46

150	Marian O'Loughlin	Ennis Track	0/50 F.	49:04
151	Patrick Ryan Martin	Upperchurch	Snr. M.	49:07
152	Eileen Carey	Thurles Crokes	0/45 F.	49:08
153	Donal O'Mahoney	Dublin	0/45 M.	49:12
154	Pat Phelan	Upperchurch	Snr. M.	49:26
155	Michael Mc.Cormack	Hogans Harriers	Snr. M.	49:36
156	Brian Cleary	Thurles	Snr. M.	49:37
157	David Duggan	Thurles	Snr. M.	49:38
158	Liam Murphy	Hospital Limerick	Snr. M.	49:49
159	Seamus Hannafin	Thurles Crokes	0/45 M.	49:54
160	Lisa Quinlan	Moyne	Snr. F.	50:04
161	Margaret Looby	Thurles Crokes	0/40 F.	50:18
162	Eva Barrett	West Limerick	Snr. F.	50:20
163	Caroline Ryan	Cashel	Snr. F.	50:22
164	Ann Berkery	Doon	0/45 F.	50:43
165	Rebecca Power	Thurles Crokes	0/40 F.	50:44
166	Karen Burke	Limerick	Snr. F.	50:54
167	Paul Kirby	Limerick	Snr. M.	50:55
168	Alan Healy	Cappamore	Snr. M.	50:56
169	Declan Hogan	Dundrum	Snr. M.	51:12
170	Michelle Horan	Rossmore	Snr. F.	51:18
171	P.J. Quirke	Pallasgreen	0/50 M.	51:28
172	John Roche	Templemore	0/40 M.	51:35
173	Mairead Dillon	Solohead	Snr. F.	51:40
174	Tom Quinn	Clonmel A.C.	0/55 M.	51:46
175	Marcella Sheehy	Clonmel A.C.	0/35 F.	52:00
176	Brinora Brett	Upperchurch	Snr. F.	52:07
177	Conor Cullen	Clonlare	0/45 M.	52:16
178	Daniel Massey	West Limerick	0/50 M.	52:18
179	Mary Ann Callinan	Dundrum	Snr. F.	52:23
180	Josie Curtin	Ballinahinch	0/45 F.	52:24
181	Ann Cronin	Carrick-on-suir	0/45 F.	52:35
182	Marian Anderson	Cappawhite	Snr. F.	52:44
183	Jenny Hannafin	Thurles Crokes	0/40 F.	52:47
184	David Fogarty	Thurles	0/45 M.	52:55
185	Betty Slattery	Templemore	0/40 F.	53:24
186	Mary Phelan	Upperchurch	Snr. F.	53:35
187	Alan Keane	Cappawhite	Snr. M.	53:45

188	Joe Buckley	Newport	Snr. M.	53:49
189	Conor Lovitt	West Limerick	0/45 M.	53:52
190	Susan O'Donoghue	Dundrum	0/40 F.	54:13
191	Noreen Walsh	Cahir	Snr. F.	54:22
192	Susan Spillane	Clogheen	Snr. F.	54:23
193	Deirdre Mason	Thurles Crokes	0/45 F.	54:44
194	Nuala Dorney	Thurles Crokes	0/45 F.	54:45
195	Darren Clifford	Killaloo	Snr. M.	55:32
196	Eoghan Mc.Laughlin	Skerries	Snr. M.	55:49
197	Margaret Healy	Templemore	0/45 F.	55:52
198	Kathleen Spillane	Kilross	Snr. F.	55:53
199	Carmel Doolan	Boru Triathlon Club	Snr. F.	55:54
200	Pauline Ryan O'Meara	Toomevara	0/50 F.	57:43
201	Cyril Darmody	Clonmel	0/60 M.	57:44
202	Trevor Fitzgerald	Murroe	Snr. M.	58:44
203	Sharon Kiely	Moyne	Snr. F.	59:05
204	Michael O'Dwyer	Tipperary	0/40 M.	59:26
205	Chrissie Harney	Galbally	Snr. F.	61:43
206	Sandra O'Brien	Tipp. Town	0/35 F.	61:44
207	Mairead O'Connor	Dundrum A.C.	Snr. F.	61:45
208	Ross Alexander	Coolquill A.C.	Snr. M.	61:46
209	Kieran Cleary	Clonmel	0/60 M.	62:00
210	Anita Berkery	Doon	0/35 F.	63:05
211	Catherine Maher	Templemore	0/35 F.	63:10
212	Aisling Corcoran	Rossmore	Snr. F.	63:12
213	Eileen Ryan	Moyne A.C.	0/50 F.	63:18
214	Evelyn Connolly	Moyne	Snr. F.	63:19
215	Pierce Purcell	Clonmel	0/60 M.	65:04

Coillte 5k Juniors 6th July 2011

Results sheet

Position	Name	Club or Address	Category	Time
1	Darren Dunne	Nenagh	Jnr. M.	17:35
2	John Shanahan	Bilboa	Jnr. M.	18:52
3	Jack Thompson	Bilboa	Jnr. M.	19:02
4	Patrick Hughes	Thurles Crokes	Jnr. M.	20:12
5	Jason Mc.Intyre	Shannon	Jnr. M.	20:41
6	Serena Moloney	Thurles	Jnr. F.	20:42
7	Stephen Mc.Intyre	Donegal	Jnr. M.	23:00
8	Brian Hand	Dundrum	Jnr. M.	23:39
9	Andy Ely	Clune	Jnr. M.	23:40
10	Stephen Quinn	Rossmore	Jnr. M.	24:00
11	Chris Berkery	Doon	Jnr. M.	24:34
12	James Ryan	Clonoulty Curragh	Jnr. M.	24:35
13	Aisling Hickey	Rossmore	Jnr. F.	24:47
14	Shane Fitzgibbon	Clonmel	Jnr. M.	25:55
15	Roisin O'Brien	Clonoulty Curragh	Jnr. F.	27:31
16	Alina Neumerzhitskaya	Clonmel	Jnr. F.	27:42
17	Lucy Ryan	Aherlow	Jnr. F.	28:04
18	Conor Moore	Dundrum	Jnr. M.	28:39
19	Shaun Coffey	Clune	Jnr. M.	28:40
20	Evan Cunningham	Galbally	Jnr. M.	28:55
21	Sarah Ryan	Templemore	Jnr. F.	32:04
22	Niamh Cunningham	Galbally	Jnr. F.	35:35