

Coillte 10k 6th July 2011**Results sheet**

| Position | Name | Club or Address | Category | Time |
|-----------------|------------------------|------------------------|-----------------|-------------|
| 1 | Kenneth Rogers | St. Johns Clare | Snr. M. | 32:06 |
| 2 | Michael Shannon | Kilnaboy | Snr. M. | 32:41 |
| 3 | Martin Doody | Limerick A.C. | Snr. M. | 33:18 |
| 4 | Tony Scanlan | Galway City Harriers | Snr. M. | 33:35 |
| 5 | Danny Smith | Ballynonty A.C. | Snr. M. | 33:41 |
| 6 | John Shanahan | Dundrum A.C. | Snr. M. | 33:51 |
| 7 | Nikolah Morozov | Nenagh Olympic | Snr. M. | 34:01 |
| 8 | Shane Mullaney | Thurles Crokes | Snr. M. | 34:21 |
| 9 | Gerard Kinane | West Limerick A.C. | Snr. M. | 34:43 |
| 10 | Shane Scully | Nenagh Olympic | Snr. M. | 34:51 |
| 11 | Rosemary Ryan | Bilboa A.C. | Snr. F. | 34:54 |
| 12 | Martin Keane | Dundrum A.C. | Snr. M. | 34:55 |
| 13 | James Mc.Intyre | Olympic Harriers | Snr. M. | 35:13 |
| 14 | Keith Ryan | Limerick A.C. | 0/45 M. | 35:17 |
| 15 | Siobhan O'Doherty | Borrisokane | Snr. F. | 35:31 |
| 16 | Declan Doherty | Thurles Crokes | 0/40 M. | 35:40 |
| 17 | James Ryan | Dundrum A.C. | 0/45 M. | 35:43 |
| 18 | Aogan Mac Domhnaill | West Limerick | Snr. M. | 36:19 |
| 19 | Donal Keane | Dundrum A.C. | Snr. M. | 36:27 |
| 20 | Visiliy Neumerzhitskiy | Clonmel | 0/40 M. | 36:30 |
| 21 | P.J.Carroll | North Laois | 0/45 M. | 36:41 |
| 22 | Darivsz Kutancb | Ennis Track | Snr. M. | 36:48 |
| 23 | Brendan Delaney | Roscrea | 0/45 M. | 36:50 |
| 24 | Paudie Coen | Dundrum A.C. | Snr. M. | 37:31 |
| 25 | Angela Mc.Cann | Clonmel A.C. | Snr. F. | 37:44 |
| 26 | Eoin Mc.Grath | Clonmel A.C. | Snr. M. | 38:02 |
| 27 | Mike Mac Domhnaill | West Limerick | 0/55 M. | 38:04 |
| 28 | Gerard O'Loughlin | Clonmel | 0/40 M. | 38:10 |
| 29 | Brendan Ahearne | Clonmel | 0/50 M. | 38:13 |
| 30 | John Conroy | Ennis Track | Snr. M. | 38:22 |
| 31 | Dymphna Ryan | Dundrum A.C. | Snr. F. | 38:28 |
| 32 | Keith Ryan | Thurles Crokes | Snr. M. | 38:42 |
| 33 | Jim Moloney | Thurles Crokes | 0/45 M. | 38:46 |
| 34 | Jason Moloney | Ennis Track | Snr. M. | 38:48 |
| 35 | Ruaidhri Devitt | Dundrum A.C. | Snr. M. | 38:52 |

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|----|-------------------|----------------------|---------|--------|
| 36 | Liam Casey | Clonmel | 0/40 M. | 39:01 |
| 37 | David Shelly | Ballynonty A.C. | Snr. M. | 39: 08 |
| 38 | John Kelly | Bilboa A.C. | Snr. M. | 39:09 |
| 39 | Seamus Breen | Tipperary | Snr. M. | 39:10 |
| 40 | Austin Ryan | Thurles Crokes | Snr. M. | 39:11 |
| 41 | Declan O'Connor | Dundrum | Snr. M. | 39:13 |
| 42 | Colm Daly | Ennis Track | Snr. M. | 39:16 |
| 43 | Brian Long | Clonmel A.C. | Snr. M. | 39:29 |
| 44 | Nigel O'Flaherty | Clonmel | Snr. M. | 39:38 |
| 45 | Mark Daly | Ennis Track | Snr. M. | 39:40 |
| 46 | Conor Martin | Clonmel | Snr. M. | 39:45 |
| 47 | Mick Carey | Upperchurch | Snr. M. | 39:53 |
| 48 | John O'Shea | West Limerick | 0/45 M. | 39:55 |
| 49 | Franny Lafford | Clonmel A.C. | 0/45 M. | 40:18 |
| 50 | Maurice Hope | Caherconlish | Snr. M. | 40:28 |
| 51 | Paul Mc. Mahon | Ballysheedy | Snr. M. | 40:47 |
| 52 | Stephen Broderick | Castletroy | Snr. M. | 40:51 |
| 53 | Tadgh Vaughan | Coolquill | 0/40 M. | 40:58 |
| 54 | Mary Louise Ryan | Bilboa | Snr. F. | 41:02 |
| 55 | James Burke | Murroe | Snr. M. | 41:04 |
| 56 | Liam Leahy | West Limerick | 0/45 M. | 41:15 |
| 57 | Brian Berkery | Doon | 0/40 M. | 41:17 |
| 58 | James Shanahan | Dundrum | Snr. M. | 41:20 |
| 59 | Brendan Kinane | Dundrum | 0/45 M. | 41:24 |
| 60 | Tony Delaney | Dundrum A.C. | 0/45 M. | 41:27 |
| 61 | Brian O'Reilly | Larragh | 0/50 M. | 41:30 |
| 62 | John Browne | Cahir | Snr. M. | 41:35 |
| 63 | Catherine Kelly | Dundrum | Snr. F. | 41:47 |
| 64 | John Power | Ballina | 0/40 M. | 41:50 |
| 65 | Pat Wixted | Newport A.C. | Snr. M. | 41:56 |
| 66 | Paul Scully | Nenagh Olympic | Snr. M. | 41:59 |
| 67 | James Denn | Fethard A.C. | Snr. M. | 42:13 |
| 68 | Richie Cambell | Ballinasloe | 0/40 M. | 42:26 |
| 69 | Brian Keating | Clogheen | Snr. M. | 42:35 |
| 70 | Loretta Duggan | St. Marys | 0/35 F. | 42:42 |
| 71 | L.T. Ryan | Upperchurch | 0/40 M. | 42:45 |
| 72 | David Ryan | Boherlahan | Snr. M. | 42:47 |
| 73 | Claire Kelly | Roscrea Road Runners | 0/35 F. | 42:52 |

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|-----|-------------------|---------------------|---------|-------|
| 74 | Martina Ryan | Thurles Crokes | 0/40 F. | 42:53 |
| 75 | Anthony Landers | Clonmel A.C. | 0/45 M. | 42:55 |
| 76 | Thomas Gleeson | Ennis Track | 0/40 M. | 43:00 |
| 77 | Shane Quille | West Limerick | Snr. M. | 43:05 |
| 78 | Kevin Wilkinson | Bilboa A.C. | Snr. M. | 43:09 |
| 79 | Ger Henchey | Ennis Track | Snr. M. | 43:10 |
| 80 | Conor Colerean | Cappamore | 0/40 M. | 43:16 |
| 81 | Gerry Ralph | Dundrum A.C. | 0/55 M. | 43:23 |
| 82 | Karen Ryan | Dundrum A.C. | Snr. F. | 43:24 |
| 83 | James O'Brien | Clonmel | Snr. M. | 43:31 |
| 84 | Siobhan Gallagher | Ennis Track | 0/35 F. | 43:32 |
| 85 | P.J. Shanahan | Thurles | Snr. M. | 43:34 |
| 86 | Christy Ryan | Dundrum | 0/50 M. | 43:41 |
| 87 | Richard Lenihan | West Limerick | 0/55 M. | 43:44 |
| 88 | Eamon Mc.Bride | Holycross | Snr. M. | 43:53 |
| 89 | Benny Condon | Kilsheelan | Snr. M. | 43:55 |
| 90 | T.J. Carey | Upperchurch | Snr. M. | 44:02 |
| 91 | Brendan Lidney | Limerick | Snr. M. | 44:04 |
| 92 | Paddy Doyle | Moyne | 0/40 M. | 44:05 |
| 93 | Declan Histon | Limerick | 0/50 M. | 44:11 |
| 94 | Eamon Darcy | Cahir | Snr. M. | 44:17 |
| 95 | Donnacha Ryan | Rossmore | Snr. M. | 44:18 |
| 96 | Michael Shanahan | Dundrum | Snr. M. | 44:20 |
| 97 | Sean Lowe | Cashel | Snr. M. | 44:25 |
| 98 | Dominic Joyce | Coillte | Snr. M. | 44:26 |
| 99 | Elaine Horigan | Clonmel | Snr. F. | 44:28 |
| 100 | Denis Broderick | Bruff | Snr. M. | 44:33 |
| 101 | Liz Breen | Dundrum A.C. | Snr. F. | 44:36 |
| 102 | Leah McCormack | Dundrum A.C. | Snr. F. | 44:44 |
| 103 | Ted O'Leary | West Waterford | 0/40M. | 44:57 |
| 104 | Con Corbett | Thurles Crokes | 0/50 M. | 45:16 |
| 105 | Brian Dunning | Athlone Track | Snr. M. | 45:18 |
| 106 | Robbie Condon | Clonmel | Snr. M. | 45:22 |
| 107 | Dave Johnson | Clonmel | 0/40 M. | 45:25 |
| 108 | John Grant | Clonmel | Snr. M. | 45:28 |
| 109 | Matt Crowe | Ballyhurst | Snr. M. | 45:30 |
| 110 | John Doolan | Boru Triathlon Club | Snr. M. | 45:35 |
| 111 | Damien Mc.Donald | Moyne | Snr. M. | 45:36 |

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|-----|----------------------|----------------------|---------|--------|
| 112 | Tom Hally | Clonmel | 0/45 M. | 45:37 |
| 113 | Christopher Ryan | Ardfinnan | 0/40 M. | 45:39 |
| 114 | Adrian Coffey | Newport A.C. | Snr. M. | 45:43 |
| 115 | Tony Berkery | Doon | 0/45 M. | 45:53 |
| 116 | Barry O'Brien | Cappamore | Snr. M. | 45:54 |
| 117 | Theresa Cunningham | Carrick Road Runners | 0/40 F. | 45:55 |
| 118 | David Moore | Nenagh | Snr. M. | 46:00 |
| 119 | Greg Foley | Murroe | Snr. M. | 46:10 |
| 120 | Liam Fleming | Clonmel | Snr. M. | 46:13 |
| 121 | Seamus Hennessy | Dundrum | Snr. M. | 46:14 |
| 122 | Aideen Christie | Cork Triathlon | 0/40 F. | 46:26 |
| 123 | Paddy Ryan | Templemore | 0/40 M. | 46:28 |
| 124 | Carmel Mac.Domhnaill | West Limerick | 0/50 F. | 46:53 |
| 125 | Laura Burke | Clonoulty | Snr. F. | 47:02 |
| 126 | Shay O'Dwyer | Cappamore | Snr. M. | 47:04 |
| 127 | Sean Ryan | Ballinahinch | 0/40 M. | 47:05 |
| 128 | James Byrne | Moyne | Snr. M. | 47:11 |
| 129 | Harry Murnane | Pallas | Snr. M. | 47:14 |
| 130 | Gints Plaudis | Clonmel A.C. | Snr. M. | 47:19 |
| 131 | Enda Griffen | Hogans Harriers | Snr. M. | 47:21 |
| 132 | Pat Keane | West Waterford | Snr. M. | 47:22 |
| 133 | Joe Grinsell | Clonmel | 0/60 M. | 47:25 |
| 134 | Eileen Hynes | Clonmel A.C. | 0/50 F. | 47:28 |
| 135 | Tim Hayden | Moycarkey Coolcree | 0/50 M. | 47:33 |
| 136 | Rosie Casey | Clonmel | Snr. F. | 47:45 |
| 137 | Paddy Clarke | Templemore | Snr. M. | 47:47 |
| 138 | Christy Slattery | Templederry | 0/45 M. | 47:50 |
| 139 | Seamus Healy | Ballynonty | 0/45 M. | 47:53 |
| 140 | Brian Carmody | Clare Crusaders | Snr. M. | 48:02 |
| 141 | Denis Cummins | Templemore | 0/40 M. | 48:13 |
| 142 | Neilie Hall | Ballynonty | 0/45 M. | 48:16 |
| 143 | Donna Nagle | Clonmel A.C. | Snr. F. | 48:18 |
| 144 | Yvonne Mac.Mahon | Limerick | Snr. F. | 48 :26 |
| 145 | Gus Molumby | Thurles | Snr. M. | 48:33 |
| 146 | Sean Coughlan | Limerick | Snr. M. | 48:37 |
| 147 | Gerard Fogarty | Drombane | Snr. M. | 48:40 |
| 148 | Andrew Lofthouse | Killaloe | Snr. M. | 48:41 |
| 149 | Tony Breen | Limerick | 0/50 M. | 48:46 |

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|-----|---------------------|-------------------|---------|-------|
| 150 | Marian O'Loughlin | Ennis Track | 0/50 F. | 49:04 |
| 151 | Patrick Ryan Martin | Upperchurch | Snr. M. | 49:07 |
| 152 | Eileen Carey | Thurles Crokes | 0/45 F. | 49:08 |
| 153 | Donal O'Mahoney | Dublin | 0/45 M. | 49:12 |
| 154 | Pat Phelan | Upperchurch | Snr. M. | 49:26 |
| 155 | Michael Mc.Cormack | Hogans Harriers | Snr. M. | 49:36 |
| 156 | Brian Cleary | Thurles | Snr. M. | 49:37 |
| 157 | David Duggan | Thurles | Snr. M. | 49:38 |
| 158 | Liam Murphy | Hospital Limerick | Snr. M. | 49:49 |
| 159 | Seamus Hannafin | Thurles Crokes | 0/45 M. | 49:54 |
| 160 | Lisa Quinlan | Moyne | Snr. F. | 50:04 |
| 161 | Margaret Looby | Thurles Crokes | 0/40 F. | 50:18 |
| 162 | Eva Barrett | West Limerick | Snr. F. | 50:20 |
| 163 | Caroline Ryan | Cashel | Snr. F. | 50:22 |
| 164 | Ann Berkery | Doon | 0/45 F. | 50:43 |
| 165 | Rebecca Power | Thurles Crokes | 0/40 F. | 50:44 |
| 166 | Karen Burke | Limerick | Snr. F. | 50:54 |
| 167 | Paul Kirby | Limerick | Snr. M. | 50:55 |
| 168 | Alan Healy | Cappamore | Snr. M. | 50:56 |
| 169 | Declan Hogan | Dundrum | Snr. M. | 51:12 |
| 170 | Michelle Horan | Rossmore | Snr. F. | 51:18 |
| 171 | P.J. Quirke | Pallasgreen | 0/50 M. | 51:28 |
| 172 | John Roche | Templemore | 0/40 M. | 51:35 |
| 173 | Mairead Dillon | Solohead | Snr. F. | 51:40 |
| 174 | Tom Quinn | Clonmel A.C. | 0/55 M. | 51:46 |
| 175 | Marcella Sheehy | Clonmel A.C. | 0/35 F. | 52:00 |
| 176 | Brinora Brett | Upperchurch | Snr. F. | 52:07 |
| 177 | Conor Cullen | Clonlare | 0/45 M. | 52:16 |
| 178 | Daniel Massey | West Limerick | 0/50 M. | 52:18 |
| 179 | Mary Ann Callinan | Dundrum | Snr. F. | 52:23 |
| 180 | Josie Curtin | Ballinahinch | 0/45 F. | 52:24 |
| 181 | Ann Cronin | Carrick-on-suir | 0/45 F. | 52:35 |
| 182 | Marian Anderson | Cappawhite | Snr. F. | 52:44 |
| 183 | Jenny Hannafin | Thurles Crokes | 0/40 F. | 52:47 |
| 184 | David Fogarty | Thurles | 0/45 M. | 52:55 |
| 185 | Betty Slattery | Templemore | 0/40 F. | 53:24 |
| 186 | Mary Phelan | Upperchurch | Snr. F. | 53:35 |
| 187 | Alan Keane | Cappawhite | Snr. M. | 53:45 |

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|-----|----------------------|---------------------|---------|-------|
| 188 | Joe Buckley | Newport | Snr. M. | 53:49 |
| 189 | Conor Lovitt | West Limerick | 0/45 M. | 53:52 |
| 190 | Susan O'Donoghue | Dundrum | 0/40 F. | 54:13 |
| 191 | Noreen Walsh | Cahir | Snr. F. | 54:22 |
| 192 | Susan Spillane | Clogheen | Snr. F. | 54:23 |
| 193 | Deirdre Mason | Thurles Crokes | 0/45 F. | 54:44 |
| 194 | Nuala Dorney | Thurles Crokes | 0/45 F. | 54:45 |
| 195 | Darren Clifford | Killaloo | Snr. M. | 55:32 |
| 196 | Eoghan Mc.Laughlin | Skerries | Snr. M. | 55:49 |
| 197 | Margaret Healy | Templemore | 0/45 F. | 55:52 |
| 198 | Kathleen Spillane | Kilross | Snr. F. | 55:53 |
| 199 | Carmel Doolan | Boru Triathlon Club | Snr. F. | 55:54 |
| 200 | Pauline Ryan O'Meara | Toomevara | 0/50 F. | 57:43 |
| 201 | Cyril Darmody | Clonmel | 0/60 M. | 57:44 |
| 202 | Trevor Fitzgerald | Murroe | Snr. M. | 58:44 |
| 203 | Sharon Kiely | Moyne | Snr. F. | 59:05 |
| 204 | Michael O'Dwyer | Tipperary | 0/40 M. | 59:26 |
| 205 | Chrissie Harney | Galbally | Snr. F. | 61:43 |
| 206 | Sandra O'Brien | Tipp. Town | 0/35 F. | 61:44 |
| 207 | Mairead O'Connor | Dundrum A.C. | Snr. F. | 61:45 |
| 208 | Ross Alexander | Coolquill A.C. | Snr. M. | 61:46 |
| 209 | Kieran Cleary | Clonmel | 0/60 M. | 62:00 |
| 210 | Anita Berkery | Doon | 0/35 F. | 63:05 |
| 211 | Catherine Maher | Templemore | 0/35 F. | 63:10 |
| 212 | Aisling Corcoran | Rossmore | Snr. F. | 63:12 |
| 213 | Eileen Ryan | Moyne A.C. | 0/50 F. | 63:18 |
| 214 | Evelyn Connolly | Moyne | Snr. F. | 63:19 |
| 215 | Pierce Purcell | Clonmel | 0/60 M. | 65:04 |

Coillte 5k Juniors 6th July 2011

Results sheet

| Position | Name | Club or Address | Category | Time |
|----------|-----------------------|-------------------|----------|-------|
| 1 | Darren Dunne | Nenagh | Jnr. M. | 17:35 |
| 2 | John Shanahan | Bilboa | Jnr. M. | 18:52 |
| 3 | Jack Thompson | Bilboa | Jnr. M. | 19:02 |
| 4 | Patrick Hughes | Thurles Crokes | Jnr. M. | 20:12 |
| 5 | Jason Mc.Intyre | Shannon | Jnr. M. | 20:41 |
| 6 | Serena Moloney | Thurles | Jnr. F. | 20:42 |
| 7 | Stephen Mc.Intyre | Donegal | Jnr. M. | 23:00 |
| 8 | Brian Hand | Dundrum | Jnr. M. | 23:39 |
| 9 | Andy Ely | Clune | Jnr. M. | 23:40 |
| 10 | Stephen Quinn | Rossmore | Jnr. M. | 24:00 |
| 11 | Chris Berkery | Doon | Jnr. M. | 24:34 |
| 12 | James Ryan | Clonoulty Curragh | Jnr. M. | 24:35 |
| 13 | Aisling Hickey | Rossmore | Jnr. F. | 24:47 |
| 14 | Shane Fitzgibbon | Clonmel | Jnr. M. | 25:55 |
| 15 | Roisin O'Brien | Clonoulty Curragh | Jnr. F. | 27:31 |
| 16 | Alina Neumerzhitskaya | Clonmel | Jnr. F. | 27:42 |
| 17 | Lucy Ryan | Aherlow | Jnr. F. | 28:04 |
| 18 | Conor Moore | Dundrum | Jnr. M. | 28:39 |
| 19 | Shaun Coffey | Clune | Jnr. M. | 28:40 |
| 20 | Evan Cunningham | Galbally | Jnr. M. | 28:55 |
| 21 | Sarah Ryan | Templemore | Jnr. F. | 32:04 |
| 22 | Niamh Cunningham | Galbally | Jnr. F. | 35:35 |