

**Tipperary Senior/Masters Track & Field Championships
Templemore Tuesday 29th June 2010**

Senior Men 100m

Place	Athlete	Club	Standard
1	Sonny O'Dwyer	Templemore	
2	Joe Barry	Templemore	
3	Derek Zulu	Fethard	
4	Keith Smith	Carrick on Suir	
5	Owen Healy	Fethard	
6	Owen Maher	Fethard	

Senior Men 400m

Place	Athlete	Club	Standard
1	Kevin Finn	Nenagh Olympic	56.09
2	Michael Butler	Clonmel	57.38
3	Richard Fogarty	Moyne	57.41
4	Joe Whelan	Clonmel	60.31

Senior Men 800m

Place	Athlete	Club	Standard
1	James Maher	Templemore	2.23
2	Michael Butler	Clonmel	2.29
3	Declan Doherty	Thurles Crokes	2.38

Senior Men 1500m

Place	Athlete	Club	Standard
1	James Maher	Templemore	4.21
2	Shane Mullaney	Thurles Crokes	4.24
3	Kevin Moore	Dundrum	4.32
4	Michael Butler	Clonmel	4.43

Senior Men 5000m

Place	Athlete	Club	Standard
1	Shane Mullaney	Thurles Crokes	16.12
2	Donal Keane	Dundrum	17.04
3	Martin Keane	Dundrum	17.15

Senior Men 3k Walk

Place	Athlete	Club	Standard
1	Ross Alexander	Coolquill	14.52

Senior Men High Jump

Place	Athlete	Club	Standard
1	Keith Smith	Carrick on Suir	1.70m
2	Richard Fogarty	Moyne	1.65m
3	Stephen O'Riordan	Templemore	1.6
3	Martin O'Grady	Nenagh Olympic	1.60 Tie
5	Shane O'Dwyer	Carrick on Suir	1.55
6	Derek Zulu	Fethard	1.45
7	Richard Butler	Ballynonty	1.45
8	Michael Butler	Clonmel	1.3
9	John Hogan	Moyne	1.2

Senior Men Long Jump			
Place	Athlete	Club	Standard
1	Keith Smith	Carrick on Suir	6.23
2	Derek Zulu	Fethard	6.03
3	Sonny Dwyer	Templemore	5.31
4	Owen Healy	Fethard	3.61
Senior Men Shot Putt			
Place	Athlete	Club	Standard
1	Tadhg Dwyer	Templemore	11.04
2	Gavin Aherne	Fethard	9.22
3	Sonny Dwyer	Templemore	7.8
4	Michael Butler	Clonmel	7.38
5	Niall Maher	Fethard	6.72
6	Eoin Maher	Fethard	5.99
Senior Men Javelin			
Place	Athlete	Club	Standard
1	Keith Smith	Carrick on Suir	41.56
2	Gavin Aherne	Fethard	39.04
3	Dara Ryan	Newport	37.7
Senior Men 4 x 100m Relay			
Place	Athlete	Club	Standard
1		Templemore	
2		Fethard	
3		Carrick on Suir	
4		Moycarkey Coolcree	
5		Clonmel	
6		Thurles Crokes	
Senior Men Medley Relay			
Place	Athlete	Club	Standard
1		Templemore	
2		Moyne	
3		Clonmel	
Novice 5000m			
Place	Athlete	Club	Standard
4	Niall O'Ceallaigh	Clonmel	17.58
6	Matt Alexander	Coolquill	18.39
8	Pat Bracken	Thurles Crokes	20.42
Men 35 5000m			
Place	Athlete	Club	Standard
1	Paul Walsh	Templemore	20.42
Men Over 35 Shot Putt			
Place	Athlete	Club	Standard
1	Damien McDonnell	Moyne	5.99

Men Over 40 100m			
Place	Athlete	Club	Standard
1	Niall O'Ceallaigh	Clonmel	
2	Jim Ryan	Moycarkey Coolcree	
3	Paddy Doyle	Moyne	
4	Michael Mockler	Moycarkey Coolcree	
5	Pat Bracken	Thurles Crokes	
6	John McGrath	Thurles Crokes	
Men Over 40 800M			
Place	Athlete	Club	Standard
1	John Hogan	Moyne	2.22
2	Pat Bracken	Thurles Crokes	2.45
Men Over 40 5000m			
Place	Athlete	Club	Standard
1	Niall O'Ceallaigh	Clonmel	17.58
2	John Hogan	Moyne	19.46
3	Pat Bracken	Thurles Crokes	20.42
Men Over 40 Long Jump			
Place	Athlete	Club	Standard
1	Michael Mockler	Moycarkey Coolcree	3.93
2	Pat Bracken	Thurles Crokes	3.23
Men Over 40 Shot Putt			
Place	Athlete	Club	Standard
1	Martin O'Grady	Nenagh Olympic	8.98
2	Michael Mockler	Moycarkey Coolcree	8.25
3	Ray Deering	Nenagh	7.62
4	Niall O'Ceallaigh	Clonmel	7.07
5	Jim Ryan	Moycarkey Coolcree	7.01
6	Pat Bracken	Thurles Crokes	6.08
Men Over 40 Javelin			
Place	Athlete	Club	Standard
1	Tadhg Dwyer	Templemore	29.67
2	Ray Deering	Nenagh Olympic	23.31
3	John Hogan	Moyne	21.4
4	Pat Bracken	Thurles Crokes	18.5
O/45 Mens Over 45 100m			
Place	Athlete	Club	Standard
1	Kevin Finn	Nenagh Olympic	
2	Ed Hayes	Moycarkey Coolcree	
3	Joe Whelan	Clonmel	
4	Richard Butler	Ballynonty	
Mens Over 45 800M			
Place	Athlete	Club	Standard

1	Joe Whelan	Clonmel	2.3
2	Pat Coffey	Clonmel	2.31
3	Michael Moore	Dundrum	2.35
4	Tim Hayden	Moycarkey Coolcree	2.51
5	Richard Butler	Ballynonty	3.13

Men Over 45 5000m

Place	Athlete	Club	Standard
1	Michael Moore	Dundrum	18.23
2	Tim Hayden	Moycarkey Coolcree	21.25
3	Ray Power	Moyne	21.55

Men Over 45 Long Jump

Place	Athlete	Club	Standard
1	Ed Hayes	Moycarkey Coolcree	4.49
2	Joe Whelan	Clonmel	4.39

Men Over 45 Shot Putt

Place	Athlete	Club	Standard
1	Kevin Finn	Nenagh Olympic	10.5
2	Ed Hayes	Moycarkey Coolcree	10.21

Men Over 45 Javelin

Place	Athlete	Club	Standard
1	Trevor Nesirky	Templemore	27.8

Men Over 50 100m

Place	Athlete	Club	Standard
1	Tom McGrath	Templemore	
2	Mick O'Shea	Carrick on Suir	
3	Martin Ivors	Coolquill	

Men Over 50 800M

Place	Athlete	Club	Standard
1	Tom McGrath	Templemore	2.48
2	Mick O'Shea	Carrick on Suir	2.52
3	Martin Ivors	Coolquill	2.54

Men Over 50 Long Jump

Place	Athlete	Club	Standard
1	Tom McGrath	Templemore	3.78
2	Mick O'Shea	Carrick on Suir	3.72

Men Over 50 Shot Putt

Place	Athlete	Club	Standard
1	Tom McGrath	Templemore	9.06

Men Over 55 800M

Place	Athlete	Club	Standard
1	Matt Alexander	Coolquill	2.46

2	Martin Loughnane	Roscrea	2.53
Men Over 55 500m			
Place	Athlete	Club	Standard
1	Matt Alexander	Coolquill	18.39
2	Martin Loughnane	Roscrea	21.06
Men Over 60 100M			
Place	Athlete	Club	Standard
1	Bernie O'Neill	Carrick on Suir	
Men Over 60 800M			
Place	Athlete	Club	Standard
1	Joe Grinsell	Clonmel	2.56
2	Eddie Cahalane	Coolquill	2.58
Men Over 60 Long Jump			
Place	Athlete	Club	Standard
1	Bernie O'Neill	Carrick on Suir	3.69
Men Over 60 Shot Putt			
Place	Athlete	Club	Standard
1	Joe Moloney	Moycarkey Coolcroe	8.9
2	Bernie O'Neill	Carrick on Suir	8.37
Men Over 60 Javelin			
Place	Athlete	Club	Standard
1	Bernie O'Neill	Carrick on Suir	18.9
2	Joe Moloney	Moycarkey Coolcroe	16.31
Men Over 65 100M			
Place	Athlete	Club	Standard
1	Michael Jordan	Templemore	
Men Over 65 800M			
Place	Athlete	Club	Standard
1	T J O'Loughlin	Clonmel	3.18
Men Over 65 5000m			
Place	Athlete	Club	Standard
1	T J O'Loughlin	Clonmel	23.37
Men Over 65 Javelin			
Place	Athlete	Club	Standard
1	Rodger Ryan	Newport	14.45
Men Over 75 Shot Putt			
Place	Athlete	Club	Standard
1	Michael O'Beirne	Dundrum	5.43

Men Over 75 Javelin			
Place	Athlete	Club	Standard
1	Michael O'Beirne	Dundrum	14.72
Senior Ladies 100m			
Place	Athlete	Club	Standard
1	Angela Hogan	Borrisokane	
2	Lorraine Healy	Moyne	
3	Cheryl Stanley	Templemore	
4	Mairead O'Connor	Dundrum	
5	Roisin Ryan	Thurles Crokes	
6	Aoife Breen	Dundrum	
Senior Ladies 400m			
Place	Athlete	Club	Standard
1	Angela Hogan	Borrisokane	63.01
2	Cheryl Stanley	Templemore	64.39
3	Lorraine Healy	Moyne	64.96
4	Margaret Looby	Thurles Crokes	
5	Liz McGrath	Thurles Crokes	
6	Roisin Ryan	Thurles Crokes	
Senior Ladies 800m			
Place	Athlete	Club	Standard
1	Patricia Butler	Nenagh Olympic	2.45
2	Cheryl Stanley	Templemore	2.49
3	Carol Neilson	Moyne	2.56
4	Lisa Quinlan	Moyne	3.1
Senior Ladies 1500m			
Place	Athlete	Club	Standard
1	Siobhan O'Doherty	Borrisokane	4.44
2	Martina O'Dwyer	Carrick on Suir	4.55
3	Angela McCann	Clonmel	5.15
4	Carol Neilson	Moyne	6.08
5	Lisa Quinlan	Moyne	6.27
Senior Ladies 3000m			
Place	Athlete	Club	Standard
1	Angela McCann	Clonmel	10.51 1st O/35
2	Liz Power	Moyne	14.19 1st O/45
Senior Ladies 1500m Walk			
Place	Athlete	Club	Standard
1	Mairead O'Connor	Dundrum	12.29
2	Aoife Breen	Dundrum	12.3
Senior Ladies High Jump			
Place	Athlete	Club	Standard
1	Aoife Bartley	Carrick on Suir	1.55
2	Aoife Breen	Dundrum	1.1

3	Roisin Ryan	Thurles Crokes	1
4	Mairead O'Connor	Dundrum	1
Senior Ladies Long Jump			
Place	Athlete	Club	Standard
1	Aoife Bartley	Carrick on Suir	4.73
2	Lorraine Healy	Moyne	4.37
3	Mairead O'Connor	Dundrum	2.97
4	Aoife Breen	Dundrum	2.53
5	Roisin Ryan	Thurles Crokes	2.49
Senior Ladies Shot Putt			
Place	Athlete	Club	Standard
1	Catriona Ryan	Templemore	10.16
2	Sara Healy	Moyne	8.26
3	Mairead O'Connor	Dundrum	6.54
4	Aoife Breen	Dundrum	5.16
Senior Ladies Javelin			
Place	Athlete	Club	Standard
1	Aoife Breen	Dundrum	9.23
2	Mairead O'Connor	Dundrum	8.4
3	Roisin Ryan	Thurles Crokes	8.06
Senior Ladies 4 x 100m			
Place	Athlete	Club	Standard
1		Moyne	
Ladies Over 40 100m			
Place	Athlete	Club	Standard
1	Margaret Looby	Thurles Crokes	
2	Aisling Hoey	Moycarkey Coolcree	
3	Liz McGrath	Thurles Crokes	
Ladies Over 40 Shot Putt			
Place	Athlete	Club	Standard
1	Aisling Hoey	Moycarkey Coolcree	4.78
Ladies Over 45 800m			
Place	Athlete	Club	Standard
1	Liz Power	Moyne	3.29
Ladies Over 45 Long Jump			
Place	Athlete	Club	Standard
1	Martina Hayden	Moycarkey Coolcree	2.36
Ladies Over 45 Javelin			
Place	Athlete	Club	Standard
1	Martina Hayden	Moycarkey Coolcree	7.33

Ladies Over 50 100m

Place	Athlete	Club	Standard
1	Hazel Galloway	Clonmel	

Ladies Over 50 800m

Place	Athlete	Club	Standard
1	Hazel Galloway	Clonmel	3.13
2	Marion Hughes	Thurles Crokes	3.16

Ladies Over 50 Shot Putt

Place	Athlete	Club	Standard
1	Hazel Galloway	Clonmel	6.67

Ladies Over 50 Javelin

Place	Athlete	Club	Standard
1	Hazel Galloway	Clonmel	15.68