

**Tipperary Senior/Masters Indoor Championships  
Nenagh Friday 16th April 2010**

**Senior Men 60m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Derek Zulu	Fethard	
2	Joe Barry	Templemore	
3	Michael Ryan	Dundrum	
4	Colm Bradshaw	Dundrum	

**Senior Men 800m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	James Maher	Templemore	2.14
2	Michael Ryan	Dundrum	2.17
3	Kevin Moore	Dundrum	2.17
4	Tommy Falconer	Carrick on Suir	2.18
5	Colm Bradshaw	Dundrum	2.33
6	Niall O'Ceallaigh	Clonmel	2.35

**Senior Men 3000m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Denis Shanahan	Thurles Crokes	9.30
2	Kevin Moore	Dundrum	9.43
3	Michael Moore	Dundrum	9.59

**Senior Men 2000m Walk**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Ross Alexander	Coolquill	9.12
2	Michael McCormack	Fethard	14.50

**Senior Men High Jump**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Brendan Meagher	Nenagh Olympic	1.65
2	Joe Barry	Templemore	1.60
3	Stephen O'Riordan	Templemore	1.60
4	Colm Bradshaw	Dundrum	1.35
5	Neilie Hall	Ballynonty	1.25

**Senior Men Long Jump**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Derek Zulu	Fethard	5.74
2	Joe Barry	Templemore	5.63
3	Colm Bradshaw	Dundrum	4.44
4	Kevin Moore	Dundrum	4.36

**Senior Men Shot Putt**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
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1	Joe Barry	Templemore	9.32
<b>Senior Men 4 x 200m Relay</b>			
<b>Place</b>		<b>Club</b>	<b>Standard</b>
1		Dundrum	
2		Carrick on Suir	
3		Coolquill	
<b>Men Over 35 60m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Austin Ryan	Thurles Crokes	
<b>Men Over 35 1500m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Austin Ryan	Thurles Croeks	5.10
<b>Men Over 40 60m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Brendan Meagher	Nenagh Olympic	
2	Willie Morrissey	Carrick on Suir	
3	Niall O'Ceallaigh	Clonmel	
4	Brendan Kinane	Dundrum	
5	Ray Deering	Nenagh Olympic	
<b>Men Over 40 1500m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Niall O'Ceallaigh	Clonmel	4.53
2	Brendan Kinane	Dundrum	5.05
3	Ray Deering	Nenagh Olympic	5.23
<b>Men Over 40 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Brendan Meagher	Nenagh Olympic	5.09
2	Brendan Kinane	Dundrum	4.32
3	Niall O'Ceallaigh	Clonmel	4.16
4	Ray Deering	Nenagh Olympic	3.78
<b>Men Over 40 Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Ray Deering	Nenagh Olympic	8.47
2	Pat Bracken	Thurles Crokes	6.15
<b>Men Over 45 60m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Richard Butler	Ballynonty	
2	Eamonn English	Clonmel	
3	Paddy Butler	Thurles Crokes	

<b>Men Over 45 1500m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Michael Moore	Dundrum	4.59
2	Joe Whelan	Clonmel	5.01
3	Neilie Hall	Ballynonty	5.20
4	Tim Hayden	Moycarkey Coolcree	5.31
5	Martin Ormond	Carrick on Suir	5.33
<b>Men Over 45 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Ger English	Carrick on Suir	4.45
2	Joe Whelan	Clonmel	4.23
3	Neilie Hall	Ballynonty	4.05
4	Martin Ormond	Carrick on Suir	3.75
5	Richard Butler	Ballynonty	3.75
6	Tim Hayden	Moycarkey Coolcree	3.60
<b>Men Over 45 Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Paddy Butler	Thurles Crokes	9.35
2	Richard Butler	Ballynonty	8.05
3	Neilie Hall	Ballynonty	6.62
<b>Men Over 50 60m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Martin Ivors	Coolquill	
<b>Men Over 50 1500m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Jack Alexander	Coolquill	5.43
2	Martin Ivors	Coolquill	6.20
<b>Men Over 50 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Jack Alexander	Coolquill	3.81
<b>Men Over 55 1500m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Matt Alexander	Coolquill	5.10
<b>Men Over 55 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Matt Alexander	Coolquill	3.03
<b>Men Over 60 Long Jump</b>			

Place	Athlete	Club	Standard
1	Bernie O'Neill	Carrick on Suir	3.65
2	Michael McCormack	Fethard	2.20
<b>Men Over 60 60m</b>			
Place	Athlete	Club	Standard
1	Bernie O'Neill	Carrick on Suir	
2	Michael McCormack	Fethard	
<b>Men Over 60 1500m</b>			
Place	Athlete	Club	Standard
1	Eddie Cahalane	Coolquill	6.11
<b>Men Over 60 Shot Putt</b>			
Place	Athlete	Club	Standard
1	Michael Kelly	Nenagh Olympic	10.5
2	Joe Moloney	Moycarkey Coolcree	8.63
3	Bernie O'Neill	Carrick on Suir	7.87
4	Michael McCormack	Fethard	7.67
<b>Men Over 75 Shot Putt</b>			
Place	Athlete	Club	Standard
1	Michael O'Beirne	Dundrum	5.65
<b>Senior Women 60m</b>			
Place	Athlete	Club	Standard
1	Cheryl Stanley	Templemore	
2	Marita Moloney	Moycarkey Coolcree	
3	Mairead O'Connor	Dundrum	
<b>Senior Women 600m</b>			
Place	Athlete	Club	Standard
1	Marita Moloney	Moycarkey Coolcree	1.56
2	Cheryl Stanley	Templemore	1.58
3	Mairead O'Connor	Dundrum	2.22
<b>Senior Women 1000m Walk</b>			
Place	Athlete	Club	Standard
1	Grainne Carey	Newport	7.31
2	Mairead O'Connor	Dundrum	8.06
<b>Senior Women High Jump</b>			
Place	Athlete	Club	Standard
1	Marita Moloney	Moycarkey Coolcree	1.25
2	Cheryl Stanley	Templemore	1.20
3	Mairead O'Connor	Dundrum	1.10

<b>Senior Women Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Cheryl Stanley	Templemore	4.07
2	Marita Moloney	Moycarkey Coolcree	3.95
3	Mairead O'Connor	Dundrum	3.26
<b>Senior Women Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Cheryl Stanley	Templemore	6.70
2	Mairead O'Connor	Dundrum	6.41
3	Marita Moloney	Moycarkey Coolcree	5.84
<b>Women Over 40 60m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Grainne Carey	Newport	
<b>Women Over 40 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Grainne Carey	Newport	2.98
<b>Women Over 40 Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Grainne Carey	Newport	8.52