

**Tipperary 10 Mile Road Championships
Poulmucka 22nd August 2010**

Place	Athlete	Club	Time	Category
1	Brian Murphy	Carrick on Suir	55.21	
2	Shane Mullaney	Thurles Crokes	56.36	
3	Danny Smith	Ballynonty	58.41	
4	James Ryan	Dundrum	59.07	1 st O/45 Men
5	Martin Keane	Dundrum	61.13	
6	Vassily	Clonmel	61.23	1 st O/40 Men
7	Tommy Falconer	Carrick on Suir	62.24	
8	Michael Moore	Dundrum	62.53	2 nd O/45 Men
9	Michael Ryan	Dundrum	63.15	
10	Ben English	Dundrum	63.25	3 rd O/45 Men
11	Dick O’Gorman	Clonmel	63.49	
12	Angela McCann	Clonmel	64.02	1 st Lady
13	Owen McGrath	Clonmel	64.09	
14	Niall O’Ceallaigh	Clonmel	64.22	2 nd O/40 Men
15	Kevin Shelly	Ballynonty	64.35	
16	Martina O’Dwyer	Carrick on Suir	65.05	2 nd Lady
17	Peter Furlong	Clonmel	65.46	
18	Pat Cormack	Ballynonty	66.16	
19	Dave Kenneally	Thurles Crokes	66.52	3 rd O/40 Men
20	Patrick Roche	Carrick on Suir	67.08	
21	Brendan Cronin	Carrick on Suir	67.23	
22	Ruaidhri Devitt	Dundrum	68.12	
23	Liam Butler	Dundrum	68.32	1 st O/50 Men
24	Jim McCormack	Ballynonty	68.44	2 nd O/50 Men
25	James O’Brien	Clonmel	68.59	
26	Gerry Ralph	Dundrum	69.56	3 rd O/50 Men
27	Leslie Smyth	Coolquill	70.09	1 st O/55 Men
28	Liam Casey	Clonmel	70.28	
29	Declan Doherty	Thurles Crokes	71.00	
30	Neilie Hall	Ballynonty	71.58	
31	Billy Prout		72.07	
32	Tommy Cahill	Clonmel	72.20	2 nd O/55 Men
33	Mary Molloy	Clonmel	72.33	3rd Lady
34	Tadhg Vaughan	Coolquill	73.47	
35	P J Holmes	Dundrum	73.57	
36	Anthony Grace	Carrick on Suir	74.52	
37	Noel Ryan	Ballynonty	75.02	
38	Noel O’Dwyer	Ballynonty	75.25	
39	Maurice Boland	Clonmel	75.27	3 rd O/55 Men
40	Martina Ryan	Thurles Crokes	76.26	1 st O/40 Lady
41	John Laste	Clonmel	79.23	
42	Nicola Maunsell	Clonmel	82.48	1 st O/35 Lady
43	Eddie Cahalane	Coolquill	85.06	1 st O/60 Men
44	T J O’Loughlin	Clonmel	85.59	1 st O/65 Men
45	Donna Nagle	Clonmel	86.05	
46	Tara O’Donnell	Carrick on Suir	91.08	2 nd O/40 Men
47	Mick O’Shea	Carrick on Suir	93.51	
48	Hazel Gallowayt	Clonmel	95.00	1 st O/50 Lady

Men Inter Club				
Place	Club	Scoring Places	Points	
1	Dundrum	4,5,6,9	26	
2	Clonmel	6,11,13,14	44	
3	Carrick on Suir	1,7,20,21	49	
4	Ballynonty	3,15,18,24	60	
Men Inter Club "B" Section				
Place	Club	Scoring Places	Points	
1	Dundrum	10,22,23	55	
2	Clonmel B	17,25,28	70	
3	Ballynonty	30,37,38	105	
4	Clonmel C	(32,39,41	112	
Ladies Inter Club				
Place	Club	Scoring Places	Points	
1	Clonmel	1,3,4	8	