

Poulmucka 8km Road Race
Poulmucka Friday 21st May 2010

Place	Athlete	Club	Category	Mins	Secs	Awards
1	Sergio Ciobanu	Clonliffe Harriers	Senior Men	24	53	
2	Shane Mullaney	Thurles Crokes	Senior Men	25	46	
3	Danny Smith	Ballynonty	Senior Men	26	31	
4	Valerin Thzcoin	Clonmel	Men 0/40	27	27	
5	Donal Keane	Dundrum	Senior Men	27	39	1st Men's team
6	Mike Cunningham	Bilboa	Men 0/45	27	47	1st 0/45
7	Martin Keane	Dundrum	Senior Men	28	16	1st Men's team
8	Siobhain O Doherty	Borrisokane	Senior Ladies	28	28	1st Lady
9	Kevin Moore	Dundrum	Senior Men	28	48	1st Men's team
10	Michael Ryan	Dundrum	Senior Men	28	57	
11	Mark Ryan	Clonmel	Senior Men	29	0	2nd Men's team
12	Niall O Ceallaigh	Clonmel	Men 0/40	29	12	1st 0/40
13	Dick O Gorman	Clonmel	Men 0/40	29	22	2nd 0/40
14	Dermot Logue	Coolquill	Senior Men	29	26	3rd Men's team
15	Andrew Smyth	Coolquill	Senior Men	29	33	3rd Men's team
16	Angela McCann	Clonmel	Senior Ladies	29	47	2nd Lady
17	Padraig Coen	Dundrum	Senior Men	29	49	
18	Pat Cormack	Ballynonty	Senior Men	29	52	
19	John Walsh	Clonmel	Men 0/45	29	53	2nd 0/45
20	Brian Long	Clonmel	Senior Men	30	0	2nd Men's team
21	Larry Martin	Clonmel	Senior Men	30	27	2nd Men's team
22	Martin Laste	Clonmel	Men 0/40	30	39	3rd 0/40
23	Matt Alexander	Coolquill	Men 0/55	30	47	1st 0/55
24	Owen Fanning	Ballynonty	Senior Men	30	52	
25	Sebastian Boisson	Clonmel	Men 0/45	31	2	3rd 0/45
26	Brendan Cronin	Carrick on Suir	Men 0/45	31	14	
27	Tadgh Vaughan	Coolquill	Men 0/40	31	19	
28	Jim McCormack	Ballynonty	Men 0/50	31	20	1st 0/50
29	Nigel O Flaherty	Clonmel	Senior Men	31	36	
30	James Fox	Carrick on Suir	Men 0/35	31	37	1st 0/35
31	Tommy Cahill	Clonmel	Men 0/55	31	43	2nd 0/55
32	Keith O Brien	Kilsheelan	Senior Men	31	45	
33	Leslie Smyth	Coolquill	Men 0/55	31	53	
34	Aine Roche	Clonmel	Senior Ladies	31	55	3rd Lady
35	Colm Bradshaw	Dundrum	Senior Men	31	59	
36	Liam Casey	Clonmel	Men 0/40	32	2	1st Vets Men team
37	Gary Grant	Clonmel	Senior Men	32	4	
38	Donal Horgan	Coolquill	Senior Men	32	6	3rd Men's team
39	Tom Egan	Carrick on Suir	Senior Men	32	17	
40	Michael Moclair	Clonmel	Senior Men	32	20	
41	Charles Kelliher	Clonmel	Senior Men	32	26	
42	Billy Prout	Fethard	Men 0/50	32	41	2nd 0/50
44	Kealey Tideswell	Clonmel	Senior Ladies	32	49	4th Lady
45	Alan Pearson	Clonmel	Senior Men	32	51	
46	Anthony O Brien	Clonmel	Senior Men	32	52	
47	P J Holmes	Dundrum	Men 0/50	32	54	
48	Austin Ryan	Thurles Crokes	Men 0/35	32	59	2nd 0/35
49	Billy O Grady	Clonmel	Men 0/45	33	1	
50	Noel Prendergast	Clonmel	Men 0/40	33	4	1st Vets Men team
51	Oisin McGrath	Clonmel	Men 0/40	33	20	1st Vets Men team
52	Catherine Rice	Clonmel	Senior Ladies	33	24	1st Ladies team
53	Conor Morkan	Clonmel	Senior Men	33	32	
54	Eugene Carew	Dundrum	Senior Men	33	33	
55	Barry Horgan	Clonmel	Senior Men	33	33	
56	James Denn	Clonee	Senior Men	33	50	
57	Robbie Condon	Clonmel	Senior Men	33	52	

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58	Ritchie Meehan	Ballynonty	Men 0/50	34	0	
59	James O Brien	Clonmel	Senior Men	34	2	
60	Philip Kelly	Carrick on Suir	Senior Men	34	8	
61	Denise Compton	Dundrum	Ladies 0/40	34	9	1st Lady 0/40
62	Maurice Boland	Clonmel	Men 0/55	34	17	
63	Franny Lafford	Clonmel	Men 0/45	34	22	
64	Jimmy Boland	Clonmel	Senior Men	34	28	
65	John Browne	Clonmel	Senior Men	34	32	
66	Brian Keating	Clogheen	Men 0/35	34	46	3rd 0/35
67	Gerry Ralph	Dundrum	Men 0/50	34	49	
68	Noel Gilman	Clonmel	Men 0/40	34	53	
69	Michael Mockler	Moycarkey Coolcree	Men 0/40	34	57	
70	Martin Phelan	Clonmel	Men 0/45	34	59	
71	Elaine O Brien	Clonmel	Senior Ladies	35	7	1st Ladies team
72	Tim Hayden	Moycarkey Coolcree	Men 0/45	35	7	
73	John Maher	Nenagh	Senior Men	35	20	
74	Anthony Landers	Clonmel	Men 0/40	35	21	
75	Frank Lynch	Clonmel	Senior Men	35	45	
76	Olexander Morchan	Unattached	Senior Men	35	45	
77	John Martin	Clonmel	Senior Men	35	49	
78	Kieran Fahey	Clonmel	Senior Men	35	56	
79	John Grant	Clonmel	Senior Men	36	1	
80	John Tobin	Clonmel	Senior Men	36	15	
81	Bobby Farrell	Thurles Crokes	Men 0/55	36	25	
82	David Hogan	Clonmel	Men 0/40	36	26	
83	Noel O Dwyer	Ballynonty	Men 0/35	36	26	
84	David O Shea	Carrick on Suir	Senior Men	36	27	
85	Gints Platis	Clonmel	Men 0/35	36	30	
86	Martin ivors	Coolquill	Men 0/50	36	37	
87	Dave Johnson	Clonmel	Men 0/40	36	47	
88	Alan O Shea	Clonmel	Senior Men	36	49	
89	Alina Neumerzhitskily	Clonmel	Junior Lady	36	51	1st Jun Lady
90	Neillie Hall	Ballynonty	Men 0/45	36	58	
90	Kate McLoughlin	Clonmel	Senior Ladies	37	2	1st Ladies team
91	Nicola Maunsell	Clonmel	Ladies 0/35	37	16	1st Lady 0/35
92	Gareth Coleman	Clonmel	Men 0/40	37	31	
93	Alan Ahearn	Clonmel	Men 0/35	37	34	
94	Joe Grinsell	Clonmel	Men 0/60	37	40	1st 0/60
95	Tom Halley	Clonmel	Men 0/45	37	45	
96	Gordan Collins	Carrick on Suir	Men 0/35	37	52	
97	Adrian Morgan	Clonmel	Senior Men	38	3	
98	Tara O Donnell	Carrick on Suir	Ladies 0/40	38	6	2nd Lady 0/40
99	Jimmy Lonergan	Clonmel	Men 0/50	38	9	
100	Donal O Donoghue	Little Island	Men 0/40	38	29	
101	Johnny Campbell	Clonmel	Men 0/45	38	39	
102	Brendan Coffey	Clonmel	Senior Men	38	44	
103	Anne Cronin	Carrick on Suir	Ladies 0/45	38	45	1st Lady 0/45
104	John Falvey	Clonmel	Men 0/45	38	53	
105	Pat O Connor	New Inn	Senior Men	39	8	
106	Aine Doocey	Unattached	Ladies 0/35	39	9	2nd Lady 0/35
107	Francis Tyrell	Unattached	Men 0/35	39	10	
108	Tom Barry	Clonmel	Men 0/45	39	11	
109	Donna Nagle	Clonmel	Senior Ladies	39	25	2nd Ladies team
110	Carol Neilsen	Moyne	Senior Ladies	39	27	
111	Mick O Shea	Carrick on Suir	Men 0/50	39	35	
112	Noel Higgins	Clonmel	Men 0/45	39	44	
113	Brian Dennehy	Clonmel	Senior Men	39	55	
114	T J O Loughlin	Clonmel	Men 0/60	39	56	
115	Noel O Brien	Clonmel	Senior Men	40	27	

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116	Perry Daniels	Unattached	Senior Men	40	33	
117	Olive O Reilly	Clonmel	Ladies 0/35	40	42	3rd Lady 0/35
118	Rosie Casey	Clonmel	Senior Ladies	40	50	2nd Ladies team
119	Mary Toohey	Clerihan	Senior Ladies	42	4	
120	Theresa O Brien	Clonmel	Senior Ladies	42	36	
121	Belinda St John	Clonmel	Senior Ladies	42	44	2nd Ladies team
122	Hazel Galloway	Clonmel	Ladies 0/50	43	36	1st Lady 0/50
123	Susan Collins	Carrick on Suir	Ladies 0/40	43	37	3rd Lady 0/40
124	Anne Marie Looby	Clonmel	Senior Ladies	44	15	
125	Mary Gaskin	Unattached	Senior Ladies	44	16	
126	Maeve Toohey	Clerihan	Senior Ladies	44	17	
127	Eva O Brien	Bansha	Senior Ladies	44	29	
128	Orna Power	West Waterford	Ladies 0/40	44	30	
129	Bernie Parker	Russellstown	Men 0/40	44	36	
130	Eimear Mulcahy	Unattached	Senior Ladies	44	44	
131	Michael Brannigan	Clonmel	Men 0/50	46	35	
132	Sarah Whelan	Clonmel	Senior Ladies	46	44	
133	Mairead O Connor	Dundrum	Senior Ladies	46	45	
134	Jerry Forde	Blarney	Wheelchair	51	23	
135	Joe Ryan	Ballynonty	Men 0/65	55	55	
136	Marie Coady	Unattached	Ladies 0/40			
137	Annette Comerford	Unattached	Ladies 0/35			