

**Woodie's DIY AAI Indoor Games  
Nenagh Sunday 17th January 2010**

**Men's 60 m Race 3**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
2	Derek Mcebo Zulu	Fethard A.C.	7.82

**Men's 1000 m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
5	Keith Maher	Thurles Crokes A.C.	2.30.98
7	Michael Coleman	Dundrum A.C.	3.00.62

**Men's Long Jump**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
5	Derek Mcebo Zulu	Fethard A.C.	6.08

**Men's High Jump**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
4	Martin O'Grady	Nenagh Olympic A.C.	1.65
6	Joe Barry	Templemore A.C.	1.60
7	Stephen O'Riordan	Templemore A.C.	1.55

**Men's Shot Putt**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
6	Stephen O'Riordan	Templemore A.C.	6.55

**Men's Triple Jump**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
7	Stephen O'Riordan	Templemore A.C.	9.89