

**Clonmel Athletic Club 4K Series
2010 Series 7 Races (Alphabetic List)**

Athlete's Name	1st Race			2nd Race			3rd Race			4th race			5th Race			6th race			7th race		
	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs
Adrian Lonergan	66	20	1	55	19	16	44	18	54	44	18	45	40	18	9	38	18	32	30	17	50
Aine Roche	19	16	16	18	16	23	Steward									9	16	2			
Aldo Matassa	12	15	53																		
Alison Lonergan	102	26	52																		
Amanda Hickey				100	17	20															
Amanda Williams	100	26	24	96	26	35															
Amelia Tobin	99	26	12	92	24	41	82	24	7	40	23	56				62	22	59	59	22	46
Andrew Smyth				2	14	52													2	15	2
Angela McCann	4	15	16	Steward			Steward								3	14	57				
Ann Geraghty	76	21	21				66	20	57												
Ann Marie Ryan	98	25	59																		
Anne Cronin	70	20	41				59	19	55				64	20	39						
Anne Marie Looby	80	22	6	74	20	31	63	20	25	33	20	7	61	20	8	51	20	36	45	19	37
Anthony Landers	44	18	0	36	17	43	36	17	57				Steward			Steward			26	17	38
Anthony O'Brien	7	15	42	9	15	49	8	15	57				Steward			6	15	51			
Anthony Power	73	20	50				60	20	17												
Aoife O'Callaghan							46	19	0												
Barry Horgan				32	17	25	29	17	23	60	17	48	31	17	16	18	16	54	20	17	2
Barry Kent				46	18	30	38	18	6	65	19	6	35	17	35	27	17	27	63		
Belinda St John	97	24	35				79	23	10	6	22	4									
Bill Burke	6	15	32																		
Billy Hahessy							70	21	25	58	21	41	68	21	33	53	21	12	49	19	58
Breda Marnane	103	27	54	97	27	28	85	28	49				76								
Brendan Coffey	43	17	55	39	17	48	31	17	31												
Brian Looram							5	15	43				6	15	22						
Brian McCluskey							33	17	38				36	17	45	29	17	36			
Brian McDonnell				51	19	6															
Brian O'Hara	11	15	51	4	15	26															
Brian O'Sullivan	41	17	52	35	17	38															
Bridget O'Gorman	95	24	24	88	23	17	81	23	44	24	23	1	71	22	53	59	22	32	56	21	51
Caoimhe Bowles							62	20	20	13	19	38	75								
Carol Neilson							50	19	20	14	18	39	43	18	30						
Catherine Rice				Steward			27	17	12				Steward			20	17	0	18	16	56
Catriona Hartnett	85	23	19	86	22	48	80	23	17	16	22	39	73	24	14	60	22	43	58	22	27
Christy Doyle										64											
Ciara Prendergast													51	19	3						
Colm McMeniman	74	21	8	71	20	26	65	20	29				60	19	53	46	19	43	44	19	25
Conor Morkan	23	16	29	17	16	16							24	16	39	15	16	40			
Conor O'Hara													47	18	46						
Conor Walsh	20	16	20																		
Cormac Harte	47	18	17	30	17	20							32	17	17	16	16	45	22	17	10
Cyril Fogarty	60	18	59				48	19	10	26	18	31	37	17	54	35	18	23			
Dan O'Keeffe	101	26	37	94	24	49	83	24	21	2	22	59	72	23	30	61	22	53	54	21	42
Danny Madigan	46	18	15																		
David Hogan							55	19	36	17	18	59	50	19	2	39	18	38	39	18	45
David Kenneally	8	15	43	5	15	36	3	15	17				5	15	17	4	15	36	3	15	13
Dave Johnson													69	22	27	52	20	48	47	19	51
David Lavin	59	18	53	45	18	24										33	18	13	31	18	4
David McGrath	62	19	17	59	19	30															
David Quigley	5	15	25				10	16	6				19	16	25	13	16	37			
David Ryan																58	22	21			
Declan Flynn													52	19	4						
Denis O'Sullivan	72	20	49	62	19	39	61	20	18	25	19	36				48	20	23			
Dick O'Gorman	Steward			Steward			Steward			19	17	5	4	15	13	Steward					
Donal Murphy																26	17	19			
Donna Nagle	Steward			52	19	9	51	19	20	18	18	36	45	18	34	43	19	1	34	18	19

	1st Race			2nd Race			3rd Race			4th race			5th Race			6th race			7th race		
Athlete's Name	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs
Eamon Crowley				64	19	49	57	19	40	54	19	49	59	19	49	50	20	27	50	19	59
Eamon Ryan							56	19	39	39	19	27	57	19	40						
Eddie Prendergast	42	17	54	34	17	29							34	17	25	28	17	30	21	17	10
Elaine Goldsberry	1 lap	13	50	98	29	26	84	27	3												
Elaine O'Brien	39	17	40	40	17	49				59	18	3	33	17	18				27	17	39
Eleanor Noonan										62	24	38									
Emer O'Keefe							69	21	10												
Emma Ferris	53	18	31	47	18	31	39	18	10				38	17	55	30	17	37	29	17	42
Emmet Ryan	52	18	30																		
Eoin McGrath	1	14	29	3	14	58				46	14	21									
Fearghal O'Callaghan	21	16	21	12	16	5	11	16	10				11	15	37						
Fergal Condon	36	17	19	26	16	45	25	17	5				25	16	53	17	16	52			
Fran Mulcahy	65	19	41	66	19	54							56	19	20						
Frank Lynch	Steward			37	17	45	Steward			53	17	42	Steward			Steward					
Franny Lafford				29	17	16	21	16	47										19	16	59
Gareth Coleman				57	19	26				49	19	24							41	19	10
Gary Grant	16	16	4	13	16	9	9	16	2												
Geraldine Lorigan	106	42	50																		
Gints Plaudis							58	19	42				49	18	57	40	18	45	33	18	17
Graham Loughman							26	17	7				22	16	35						
Grainne McRedmond	75	21	11				68	20	59	28	20	43									
Hazel Galloway	82	22	21				67	20	59	21	20	25							60	23	37
Ian Fraher	9	15	48	10	15	51															
James McGrath	29	16	59	16	16	16	12	16	15	20	15	59	9	15	31						
James O'Brien																22	17	4	17	16	45
James Peters	54	18	35																		
Jason Barnes				54	19	15															
Jemma Daly																66	35	10			
Jennifer Boland				103	12	26															
Jimmy Boland	35	17	19				35	17	55							19	16	57	16	16	37
Jimmy Lonergan	58	18	51	56	19	16	47	19	7	41	18	41	48	18	54	41	18	52	40	18	47
Joe Grinsell				69	20	10	52	19	21				Steward						43	19	23
Joe Ryan				65	19	54	54	19	29	23	18	57	54	19	11	45	19	30	42	19	14
Joe Whelan				25	16	42	20	16	46				16	16	13	7	15	54	6	15	51
John Duggan													7	15	23						
John Harney				44	18	22	42	18	30							32	18	3			
John Hennessy				67	19	56							62	20	21						
Johnny Casey	90	23	39	79	21	46	76	22	32	9	21	47				57	21	54	57	22	4
Johnny O'Mahoney	61	19	4	53	19	11	40	18	11												
Joseph McNamara				81	22	27				5	21	34	65	21	10	56	21	39	53	21	39
Judy Newman	88	23	35	91	24	32	77	22	44	51	22	44	78						61	23	39
Julette O'Sullivan				93	24	48															
Justin Foley				48	18	46															
Katie Hanson	93	23	55	101	17	20	73	22	3	3	21	41									
Kealey Tideswell							7	15	51	42	15	41									
Keith O'Brien	33	17	14	24	16	41							20	16	27	23	17	7	13	16	14
Kevin Dempsey	56	18	40	43	18	20															
Kevin Lynch				49	18	48				36	18	34									
Kevin O'Donovan	64	19	39																		
Kieran Ryan	25	16	51	19	16	29				35	16	13				11	16	18			
Larry Martin							2	15	8												
Leslie Smyth				15	16	14													10	16	8
Liam Casey	17	16	6	8	15	47	6	15	45	31	15	24	8	15	29	3	15	34	9	16	3
Liam Phelan	83	22	24	77	21	41															
Louise Grant	96	24	34	89	23	25	DNF	Injured													
Margaret Mulhooley																65	34	47			
Marian O'Neill	68	20	33	63	19	49				32	19	43	58	19	46	47	19	58			
Mark O'Connor				22	16	39															
Mark Ryan	2	14	32																		
Mark Young	24	16	43	14	16	12	15	16	21	56	16	26	17	16	13						

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Athlete's Name	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs	Place	Mins	Secs
Martin Ivors				41	17	50							41	18	11				32	18	15
Martin Kennedy	18	16	9																		
Martin Walsh				Steward			45	18	58	10	18	20				34	18	18	35	18	23
Mary Molloy																31	17	41			
Matt Alexander									22	15	40	10	15	34	5	15	50	5	15	41	
Maurice Boland	40	17	41	Steward			41	18	19	55	17	52	44	18	30	Steward			28	17	40
Michael Butler										61	14	38									
Michael Corcoran	57	18	42																		
Michael Kelly	50	18	27																		
Michael Mockler	27	16	55																		
Michael O Dwyer	94	24	2	87	23	9															
Michael O Loughlin	89	23	38	78	22	44	74	22	7				70	22	50						
Michael O Sullivan	45	18	9																		
Neil Fox										11	15	54	Steward								
Neillie Hall	30	17	4				23	16	58	47	16	53	21	16	31	14	16	39	14	16	21
Nessa Quill	92	23	54	83	22	37	72	21	41	12	20	58									
Nicola Maunsell	49	18	22	50	18	51				Steward			42	18	20	37	18	27	36	18	30
Noel Higgins				58	19	28	49	19	14	37	19	2	55	19	18	44	19	7	37	18	43
Noel O Mahoney				31	17	24										24	17	9			
Noel O Neill	81	22	6	61	19	35	53	19	25	29	19	12							38	18	44
Noel Prendergast	28	16	55	21	16	38	30	17	25				15	16	12	12	16	30	11	16	10
Noel Ryan	22	16	26	27	16	59	18	16	35	57	16	41									
Owen Fanning							13	16	20	52	16	21	18	16	14	8	15	59	24	17	19
Paddy O Donoghue	87	23	31	75	20	36															
Paschal Mansfield				80	22	12	71	21	38	4	20	18	66	21	13	54	21	26	52	20	54
Pat Coffey							14	16	20												
Paudie O Keeffe	31	17	7				17	16	34				14	16	7	10	16	8	8	15	58
Paul Bowe	91	23	42																		
Paul O Mahoney	55	18	36	38	17	47	32	17	34				29	17	6	21	17	1	23	17	11
Paul Ryan	38	17	36				24	17	2												
Peggy O Sullivan	105	42	50																		
Peter O Connell	10	15	50	7	15	45															
Philip Landers	32	17	9	20	16	36													12	16	11
Philly Ryan	86	23	31	85	22	47	75	22	22				67	21	30	55	21	30	51	20	51
Phyllis Flynn													26	16	57						
Rachel Downey	77	21	37	76	21	3															
Rebecca Purcell	67	20	12							7	19	11	46	18	41	Steward					
Richard Madden	48	18	21	28	17	1															
Richard Meehan	34	17	14	33	17	26	28	17	16	43	17	5	30	17	10	25	17	13	25	17	20
Ritchie Carroll	14	15	56	6	15	41	4	15	29				2	14	56	1	15	17	4	15	39
Robbie Condon	13	15	55	11	15	52	16	16	31	27	15	26	12	15	38	Steward			7	15	55
Rosanne Kiely	79	21	59	70	20	24				48	20	21							46	19	48
Rosemarie Bowe										68	24	11									
Rosie Casey	71	20	42	73	20	29				38	20	17	63	20	30	49	20	26			
Sandra Bowe										67	24	11									
Sandra Lyons				102	12	28															
Sean Manning	51	18	27	42	17	57	34	17	46	66	19	28									
Sean O Loughlin							64	20	25												
Shane Power	15	15	58																		
Shane Redmond				72	20	28													48	19	53
Shane Taylor	26	16	53																		
Siobhain Phelan	78	21	53							8	20	53	77								
Stephen Hunter	3	15	8	1	14	29	1	15	7	30	14	6	1	14	12	2	15	18	1	14	12
Stephen Murphy							37	18	1	1	16	38	13	15	50						
Susan Daly																64	34	47			
Susan Leen				90	24	17															
Susan Mulhooley																67	35	10			
Theresa O Brien	84	23	13	84	22	46	78	22	59	15	22	7							55	21	45
Tom Barry				68	20	5				50	20	3									
Tom Ryan	63	19	22							45	19	14	53	19	7	42	19	0			

