

Auto Power Rathgormack 5 Mile Road Race
Rathgormack, Friday 5th June 2009

Place	Name	Team	Category	Time	Min/mile
1	CIOBANU, Sergiu	Clonliffe Harriers	Men Senior	00:26:01	00:05:12
2	FARRELL, Dwane	Tinryland	Men Senior	00:26:24	00:05:17
3	MUALANEY, Shane	Thurles Crokes	Men Senior	00:26:31	00:05:18
4	FOGARTY, Tony	Thurles Crokes	Men Senior	00:26:50	00:05:22
5	HARTLEY, Philip	West Waterford	Men Senior	00:26:55	00:05:23
6	KEHOE, Mick	Tinryland	Men Senior	00:27:39	00:05:32
7	HEFFERNAN, Pat	Other	Men Over 45	00:28:10	00:05:38
8	SHANAHAN, Denis	Thurles Crokes	Men Senior	00:28:12	00:05:38
9	BEHAN, John	Kilbrien Colligan Kilgobnet	Men Senior	00:28:17	00:05:39
10	OSIFCHIN, Ritch	Other	Men Over 40	00:28:55	00:05:47
11	KENNY, Tony	Other	Men Senior	00:29:02	00:05:48
12	GUINAN, P.J.	West Waterford	Men Over 40	00:29:03	00:05:48
13	KELLY, Joe	West Waterford	Men Over 40	00:29:33	00:05:54
14	LAMBE, Pauline	Tullamore Harriers	Ladies Senior	00:29:39	00:05:56
15	LACEY, Laurence	St. Josephs	Men Over 50	00:29:40	00:05:56
16	BARCOE, Jimmy	Other	Men Senior	00:29:57	00:05:59
17	LOUGHNANE, Madeline	Thurles Crokes	Ladies Senior	00:30:08	00:06:01
18	BYRNE, Darragh	Carrick AC	Men Senior	00:30:17	00:06:03
19	DULLEA, Eoin	Waterford AC	Men Senior	00:30:19	00:06:04
20	GOUGH, Joe	West Waterford	Men Over 55	00:30:28	00:06:06
21	ASPEL, Brendan	Waterford AC	Men Over 40	00:30:31	00:06:06
22	WALSH, John	Clonmel AC	Men Over 45	00:30:38	00:06:07
23	MCCORMACK, Gary	West Waterford	Men Over 45	00:30:43	00:06:08
24	MARTIN, Laurance	Clonmel AC	Men Senior	00:30:45	00:06:09
25	WALSH, Corine	West Waterford	Ladies Over 35	00:30:48	00:06:09
26	DWYER, PJ	St Senans AC	Men Over 50	00:30:51	00:06:10
27	GRACE, Anthony	Carrick AC	Men Senior	00:31:03	00:06:12
28	HORGAN, Donal	Coolquill	Men Senior	00:31:03	00:06:12
29	FALCONER, Tommy	Carrick AC	Men Senior	00:31:04	00:06:13
30	DOHERTY, Declan	Thurles Crokes	Men Senior	00:31:11	00:06:14
31	RYAN, Michael	Dundrum AC	Men Senior	00:31:18	00:06:16
32	TIERNEY, John	Other	Men Over 40	00:31:33	00:06:18
33	ALEXANDER, Matt	Coolquill	Men Over 55	00:31:38	00:06:20
34	COLLERAN, Veronica	Other	Ladies Over 40	00:31:39	00:06:20
35	MCFADDEN, Conrelius	Other	Men Over 40	00:31:45	00:06:21
36	MCCANN, Angela	Clonmel AC	Ladies Over 35	00:31:51	00:06:22
37	ROCHE, Patrick	Carrick AC	Men Senior	00:31:59	00:06:24
38	CRONIN, Brendan	Carrick AC	Men Over 45	00:32:00	00:06:24
39	CORBERT, Con	Thurles Crokes	Men Over 55	00:32:16	00:06:27
40	BEHAN, Laura	Kilbrien Colligan Kilgobnet	Girls Junior	00:32:19	00:06:28
41	GRANT, Gary	Clonmel AC	Men Senior	00:32:23	00:06:28
42	NAVIN, Earl	West Waterford	Men Senior	00:32:29	00:06:30
43	BEHAN, Diane	Waterford AC	Ladies Over 35	00:32:33	00:06:30
44	HALLAHAN, Paul		Men Over 45	00:32:33	00:06:30
45	COLEMAN, Thomas	West Waterford	Men Over 40	00:32:37	00:06:31
46	WALSH, Enda	Other	Men Senior	00:32:41	00:06:32

Place	Name	Team	Category	Time	Min/mile
47	MORAN, Paul	Other	Men Senior	00:32:50	00:06:34
48	O'MAHONY, Michelle	Kilmurry AC	Ladies Over 45	00:32:53	00:06:34
49	CONNOLLY, Mark	Clonmel AC	Men Over 40	00:32:55	00:06:35
50	MULLIGAN, Jimmy	Other	Men Over 45	00:32:59	00:06:36
51	ROCHE, Aine	Clonmel AC	Ladies Senior	00:33:01	00:06:36
52	KENNEALLY, David	Thurles Crokes	Men Senior	00:33:02	00:06:36
53	MOTHERWAY, David	Other	Men Senior	00:33:07	00:06:37
54	O'SULLIVAN, John	Carrick AC	Men Senior	00:33:10	00:06:38
55	TWOMEY, Tim	East Cork AC	Men Over 55	00:33:21	00:06:40
56	MOLLOY, Mary	Clonmel AC	Ladies Senior	00:33:26	00:06:41
57	KERWICK, Paddy	Carrick AC	Men Senior	00:33:33	00:06:42
58	KELLY, Richard	West Waterford	Men Over 45	00:33:39	00:06:44
59	SHANAHAN, Danny	Other	Men Senior	00:33:50	00:06:46
60	O'DWYER, Martina	Carrick AC	Ladies Senior	00:33:51	00:06:46
61	MORONEY, Tom	West Waterford	Men Over 50	00:33:54	00:06:47
62	MCCARTHY, Sean	Clonmel AC	Men Senior	00:33:56	00:06:47
63	O'GRADY, Philip	Clonmel AC	Men Over 40	00:33:59	00:06:48
64	DOWNEY, Andrew	Carrick AC	Men Senior	00:34:03	00:06:48
65	POWER, Robbie	Other	Men Senior	00:34:05	00:06:49
66	DALY, Shane	Other	Men Senior	00:34:22	00:06:52
67	MORKAN, Conor	Clonmel AC	Men Senior	00:34:24	00:06:53
68	NUGENT, Gary	Other	Men Senior	00:34:28	00:06:53
69	TWOMEY, Bill	Other	Men Senior	00:34:29	00:06:54
70	O'MEARA, Andrew	Other	Men Senior	00:34:43	00:06:57
71	RUSSELL, Emmet	Other	Men Senior	00:35:03	00:07:01
72	MCCARTHY, Noel	Thurles Crokes	Men Senior	00:35:04	00:07:01
73	COLFER, Paul	Other	Men Senior	00:35:10	00:07:02
74	O'CONNELL, John	Middleton AC	Men Senior	00:35:16	00:07:03
75	DONOVAN, Susanne	Kilkenny City Harriers	Ladies Senior	00:35:17	00:07:03
76	DEN, James	Clonliffe Harriers	Men Senior	00:35:23	00:07:04
77	O'DONNELL, Aaron	Other	Boys Junior	00:35:31	00:07:06
78	LYNCH, Kevin	Other	Men Senior	00:35:35	00:07:07
79	POWER, Jackie	Carrick AC	Ladies Senior	00:35:38	00:07:07
80	RIORDAN, John	Other	Men Senior	00:35:53	00:07:10
81	KENT, Stephen	Other	Men Over 40	00:35:56	00:07:11
82	COONEY, Albert	Other	Men Senior	00:35:58	00:07:11
83	IVORS, Martin	Other	Men Over 50	00:36:07	00:07:13
84	CONNORS, David	West Waterford	Men Senior	00:36:18	00:07:15
85	COFFEY, Brigid	West Waterford	Ladies Over 35	00:36:29	00:07:18
86	BARRY, Derek	Other	Men Senior	00:36:30	00:07:18
87	BRUNNOCK, Paddy	Carrick AC	Men Senior	00:36:31	00:07:18
88	COUGHLAN, Karen	Dundrum AC	Ladies Senior	00:36:33	00:07:18
89	BOLAND, Mark	Clonmel AC	Men Senior	00:36:37	00:07:19
90	LASTE, John	Clonmel AC	Men Over 45	00:36:46	00:07:21
91	MURRAY, Ger	Other	Men Over 40	00:36:49	00:07:22
92	FAHEY, Frank	Clonmel AC	Men Over 50	00:36:52	00:07:22
93	O'CONNELL, Terry	West Waterford	Men Over 45	00:37:04	00:07:25
94	COFFEY, Brendan	Clonmel AC	Men Senior	00:37:04	00:07:25
95	MURPHY, Micheal	Other	Men Senior	00:37:08	00:07:25
96	WALSHE, John	East Cork AC	Men Over 55	00:37:16	00:07:27

Place	Name	Team	Category	Time	Min/mile
97	FOGARTY, Cyril	Clonmel AC	Men Over 40	00:37:52	00:07:34
98	HEFFERNAN, Geraldine	West Waterford	Ladies Over 35	00:37:58	00:07:35
99	GRINSELL, Joe	Clonmel AC	Men Over 60	00:38:07	00:07:37
100	POWER, Tom	Other	Men Senior	00:38:12	00:07:38
101	POWER, Anthony	Clonmel AC	Men Over 45	00:38:16	00:07:39
102	DRENNAN, Angeline	West Waterford	Ladies Senior	00:38:23	00:07:40
103	BOLAND, Maurice	Clonmel AC	Men Over 50	00:38:34	00:07:43
104	CURRAN, Ray	West Waterford	Men Over 40	00:38:37	00:07:43
105	POWER, Margaret	Carrick AC	Ladies Over 50	00:38:43	00:07:44
106	POWER, Bobby	Carrick AC	Men Over 50	00:38:43	00:07:44
107	EVANS, Jane	Carrick AC	Ladies Over 45	00:38:45	00:07:45
108	O'DONNELL, Tara	Other	Ladies Over 35	00:38:48	00:07:45
109	GILLMAN, Noel	Other	Men Over 40	00:38:55	00:07:47
110	BREEN, Elizabeth	Other	Ladies Senior	00:39:06	00:07:49
111	GREENE, Matt	Carrick AC	Men Over 40	00:39:07	00:07:49
112	POWER, Ann	Carrick AC	Ladies Over 45	00:39:09	00:07:50
113	CONNORS, Aiofe	Other	Ladies Senior	00:39:37	00:07:55
114	WALSH, Kevin	Other	Men Senior	00:39:40	00:07:56
115	CRONIN, Ann	Carrick AC	Ladies Over 45	00:39:44	00:07:57
116	BOURKE, Stephen	Carrick AC	Men Senior	00:39:55	00:07:59
117	MURRAY, Vinny	Other	Men Senior	00:40:00	00:08:00
118	MAUNSELL, Nicola	Clonmel AC	Ladies Over 35	00:40:00	00:08:00
119	O'SHEA, Michael	Carrick AC	Men Over 50	00:40:03	00:08:00
120	WALSH, Claire	West Waterford	Ladies Senior	00:40:15	00:08:03
121	O'SHEA, Shirley	Carrick AC	Ladies Senior	00:40:19	00:08:04
122	HOULIHAN, Geraldine	Carrick AC	Ladies Over 45	00:40:32	00:08:06
123	CLIFFORD, Niamh	Carrick AC	Ladies Senior	00:40:33	00:08:06
124	WALSH, Elaine	Carrick AC	Ladies Senior	00:40:35	00:08:07
125	POWER, Jimmy	Carrick AC	Men Over 45	00:40:59	00:08:12
126	QUINN, Tom	Clonmel AC	Men Over 55	00:41:13	00:08:14
127	MURPHY, Fergal	Other	Men Senior	00:41:36	00:08:19
128	O'DONOVAN, Catherine	Carrick AC	Ladies Senior	00:42:16	00:08:27
129	NUGENT, Brian	Carrick AC	Men Senior	00:42:17	00:08:27
130	LYNCH, Geraldine	Carrick AC	Ladies Senior	00:42:41	00:08:32
131	MCCARTHY, Michael	West Waterford	Men Over 50	00:42:51	00:08:34
132	POWER, Honora	West Waterford	Ladies Over 40	00:42:52	00:08:34
133	KELLY, Carol	Carrick AC	Ladies Senior	00:43:10	00:08:38
134	KENT, Marie	Other	Ladies Senior	00:43:19	00:08:40
135	ALWYARD, PJ	Other	Men Senior	00:43:19	00:08:40
136	COLLINS, Susan	Carrick AC	Ladies Over 35	00:43:22	00:08:40
137	GREENE, Gemma	Other	Ladies Over 45	00:43:45	00:08:45
138	HOGAN, Catherine	Other	Ladies Over 40	00:44:22	00:08:52
139	GRACE, Yvonne	Other	Ladies Senior	00:44:24	00:08:53
140	MANSFIELD, Amanda	West Waterford	Ladies Over 35	00:44:59	00:09:00
141	MCGRATH, Albert	West Waterford	Men Senior	00:45:00	00:09:00
142	LENIHAN, Tommy	West Waterford	Men Over 45	00:45:00	00:09:00
143	O'MEARA, Fiona	Carrick AC	Ladies Over 35	00:46:00	00:09:12
144	DEWBURY, Gemma	Waterford AC	Ladies Over 35	00:46:35	00:09:19
145	FINUCANE, Mary	Carrick AC	Ladies Over 40	00:47:30	00:09:30
146	O'DONOVAN, Edel	Other	Ladies Over 35	00:47:31	00:09:30

Place	Name	Team	Category	Time	Min/mile
147	CARROLL, Phil	Waterford AC	Ladies Over 50	00:47:45	00:09:33
148	FORAN, Michelle	Carrick AC	Ladies Senior	00:47:46	00:09:33
149	FOGARTY, Gay	Carrick AC	Men Over 50	00:49:30	00:09:54
150	CLEARY, Kieran	Clonmel AC	Men Over 60	00:49:35	00:09:55
151	GOUGH, Jenny	Other	Ladies Senior	00:49:40	00:09:56
152	GOUGH, Terri	West Waterford	Ladies Over 55	00:49:42	00:09:56
153	FORDE, Gerry	Other	Men Over 55	01:00:14	00:12:03