

**Poulmucka 8km Road Race**  
**Poulmucka Friday 22nd May 2009**

<b>Place</b>	<b>Athlete's Name</b>	<b>Club</b>	<b>Category</b>	<b>Place</b>	<b>Time</b>
1	Sergio Ciobanu	Clonliffe Harriers	Senior Man	1	24.14
2	Sandis Bralitis	West Waterford	Senior Man	2	24.56
3	David Quigley	Coolquill	Senior Man	3	27.50
4	Pakie Heffernan	Fethard	Men 0/45	1	27.57
5	Denis Shanahan	Thurles Crokes	Senior Man	4	28.01
6	Shane Scully	Nenagh Triathlon	Senior Man	5	28.18
7	Valerin Thzcoin	Clonmel A C	Men 0/35	1	28.20
8	Vasily Neumerzhitskily	Clonmel A C	Men 0/40	1	28.39
9	Siobhain O Doherty	Borrisokane	Ladies	1	28.45
10	Niall O'Ceallaigh	Clonmel A C	Men 0/40	2	28.48
11	Brendan Delaney	Coolquill	Men 0/40	3	29.00
12	Madeline Loughnane	Thurles Crokes	Ladies	2	29.07
13	James Ryan	Dundrum	Men 0/45	2	29.11
14	John Shanahan	Dundrum	Senior Man	6	29.14
15	Anthony Grace	Carrick on Suir	Senior Man	7	29.18
16	Gerard O Loughlin	Clonmel A C	Men 0/35	1	29.39
17	James Fox	Carrick on Suir	Men 0/35	1	29.41
18	Michael McGlynn	Waterford	Men 0/40	4	29.45
19	Tadhg Vaughan	Coolquill	Men 0/40	5	29.54
20	Brendan Aspel	Waterford	Men 0/40	6	29.55
21	Angela McCann	Clonmel A C	Ladies	3	30.09
22	Noel Ryan	Ballynonty	Senior Man	8	30.11
23	Larry Martin	Clonmel A C	Senior Man	9	30.15
24	Tommy Falconer	Carrick on Suir	Senior Man	10	30.19
25	Michael Ryan	Dundrum	Senior Man	11	30.22
26	Sebastian Boisson	Clonmel A C	Men 0/45	3	30.22
27	Keith Butler	Nenagh Triathlon	Senior Man	12	30.23
28	Matt Alexander	Coolquill	Men 0/55	1	30.38
29	John Walsh	Clonmel A C	Men 0/45	4	30.40
30	Corneilius McFadden	Carrick on Suir	Men 0/40	7	30.52
31	Dermot Logue	Coolquill	Senior Man	13	31.06
32	Peter Furlong	Clonmel A C	Senior Man	14	31.14
33	William Leahy	Clonmel A C	Men 0/40	8	31.16
34	Gary Grant	Clonmel A C	Senior Man	15	31.26
35	Pat Coffey	Clonmel A C	Men 0/45	5	31.36
36	Pat Bracken	Thurles Crokes	Men 0/40	9	31.44
37	Brendan Cronin	Carrick on Suir	Men 0/45	6	32.02
38	Leslie Smyth	Coolquill	Men 0/55	2	32.07
39	Brendan Kinnane	Dundrum	Men 0/40	10	32.14
40	Tommy Cahill	Clonmel A C	Men 0/55	3	32.18
41	Ned O'Brien	Clonmel A C	Men 0/50	1	32.20
42	Kealey Tideswell	Clonmel A C	Ladies	4	32.21
43	Patrick Roche	Carrick on Suir	Senior Man	16	32.24
44	Con Corbett	Ballynonty	Men 0/45	7	32.26
45	Andrew Downey	Carrick on Suir	Senior Man	17	32.30
46	James O'Brien	Clonmel A C	Senior Man	18	32.32
47	Peter O'Connell	Clonmel A C	Senior Man	19	32.33
48	Neilie Hall	Ballynonty	Men 0/45	8	32.35
49	Joe Whelan	Clonmel A C	Men 0/45	9	32.35
50	Mark Connolly	Carrick on Suir	Men 0/40	11	32.42

51	Conor Morkan	Clonmel A C	Senior Man	20	32.44
52	Denise Compton	Dundrum	Ladies 0/40	1	32.57
53	Niall McCarthy	Clonmel A C	Senior Man	21	32.58
54	Diane Behan	Waterford	Ladies 0/35	1	33.01
55	Andrew Galloway	Coolquill	Men 0/45	10	33.04
56	Seamus Ward	Carrick on Suir	Men 0/40	12	33.16
57	Billy O Grady	Clonmel A C	Men 0/40	13	33.19
58	Billy Prout	Killusty	Senior Man	22	33.36
59	Jim McDonnell	Coolquill	Men 0/40	14	33.43
60	Mary Molloy	Clonmel A C	Ladies	5	33.53
61	Bernard Delaney	Roscrea	Junior Men	2	33.53
62	Jon Marshall	Dundrum	Men 0/45	11	33.57
63	Oisin McGrath	Clonmel	Men 0/40	15	34.08
64	Cormac Harte	Clonmel A C	Senior Man	23	34.11
65	Mark O Connor	Kilsheelan	Senior Man	24	34.16
66	Conor Stakelum	Thurles Crokes	Men 0/40	16	34.23
67	Nora Kennedy	Thurles Crokes	Ladies 0/40	2	34.23
68	Noel McCarthy	Thurles Crokes	Senior Man	25	34.24
69	Brendan Hackett	Clonmel	Senior Man	26	34.29
70	Liam Casey	Clonmel A C	Senior Man	27	34.29
71	Martina Ryan	Thurles Crokes	Ladies 0/40	3	34.47
72	Anthony Landers	Clonmel A C	Men 0/40	17	34.49
73	Robbie Condon	Clonmel A C	Senior Man	28	34.49
74	Patrick Hyland	Cahir	Senior Man	29	34.50
75	Alex Nochan	Moldova	Senior Man	30	34.54
76	Niall Bourke	Clonmel	Men 0/35	1	34.57
77	Tom Blanche	Clonmel A C	Senior Man	31	35.11
78	Martin Ivors	Coolquill	Men 0/50	2	35.13
79	James Denn	Cloneen	Senior Man	32	35.22
80	Inese Melne	West Waterford	Ladies	6	35.23
81	Ashling Hoey	Moycarkey Coolcroe	Ladies 0/40	4	35.25
82	Dylan Carey	St Brendans	Junior Men	1	35.33
83	Paddy O'Dwyer	Ballynonty	Men 0/55	4	35.36
84	Michael Mockler	Moycarkey Coolcroe	Men 0/40	18	35.38
85	Dympna Ryan	Dundrum	Ladies	7	35.51
86	Derek Keeley	Clonmel A C	Men 0/35	1	36.06
87	Brendan Coffey	Clonmel A C	Senior Man	33	36.21
88	Frank Fahey	Clonmel A C	Men 0/50	3	36.26
89	Tadhg Howard	Cahir	Senior Man	34	36.32
90	Patrick Coady	Clonmel	Senior Man	35	36.39
91	Brigid Coffey	West Waterford	Ladies 0/35	2	36.45
92	Gary Gunne	Clonmel	Men 0/35	1	36.46
93	Seamus Healy	Ballynonty	Men 0/40	19	36.47
94	Bobby Power	Carrick on Suir	Men 0/50	4	36.50
95	Noel Gillman	Clonmel	Men 0/40	20	36.52
96	Conor Cullen	Clare	Men 0/40	21	36.53
97	Shane Kelly	Nenagh Triathlon	Senior Man	36	36.56
98	James McGrath	Nenagh Triathlon	Men 0/35	1	36.57
99	Cyril Fogarty	Clonmel A C	Senior Man	37	37.00
100	Frank Lynch	Clonmel A C	Men 0/35	1	37.03
101	Maurice Boland	Clonmel A C	Men 0/50	5	37.05
102	Verona Bourke	Clonmel	Ladies 0/35	3	37.06
103	Anthony Power	Clonmel A C	Men 0/45	12	37.07
104	Philip Kelly	Carrick on Suir	Senior Man	38	37.11
105	Mark Boland	Clonmel A C	Senior Man	39	37.12

106	Owen Hanley	Clonmel	Senior Man	40	37.15
107	Aline Neumerzhitskily	Clonmel A C	Junior Ladies	1	37.16
108	Joe Grinsell	Clonmel A C	Men 0/60	1	37.23
109	Elaine Walsh	Carrick on Suir	Ladies	8	37.27
110	John Laste	Clonmel A C	Men 0/45	13	37.31
111	Felim McEoin	Clonmel	Senior Man	41	37.53
112	Christy Tuohy	Thurles Crokes	Men 0/55	5	38.04
113	Michael Croome Carroll	Lisronagh	Men 0/50	6	38.08
114	Tim Hayden	Moycarkey Coolcree	Men 0/45	14	38.14
115	Jimmy Power	Carrick on Suir	Men 0/45	15	38.37
116	Noel O Gorman	Cahir	Senior Man	42	38.38
117	Bernie Prendergast	West Waterford	Ladies 0/45	1	38.40
118	Tom Quinn	Clonmel A C	Men 0/55	6	38.40
119	Noel Higgins	Clonmel A C	Men 0/45	16	38.48
120	Gabrielle Blair	Waterford	Ladies 0/45	2	38.55
121	Jim Ryan	Moycarkey Coolcree	Men 0/40	22	39.06
122	Donna Nagle	Clonmel A C	Ladies	9	39.09
123	Tom Barry	Clonmel A C	Men 0/40	23	39.10
124	Rebecca Lenihan	Cashel	Ladies	10	39.13
125	Andrew McGrath	Clonmel A C	Junior Men	2	39.16
126	Marion O Neill	Carrick on Suir	Ladies 0/45	3	39.26
127	Eileen Carey	Thurles Crokes	Ladies 0/40	5	39.32
128	Eamon Ryan	Clonmel	Men 0/40	24	39.33
129	Ann Cronin	Carrick on Suir	Ladies 0/45	4	39.40
130	Ger Houlihan	Carrick on Suir	Ladies 0/45	5	39.43
131	Nicola Maunsell	Clonmel A C	Ladies 0/35	4	39.44
132	Marion Hughes	Thurles Crokes	Ladies 0/50	1	39.48
133	Andrea O'Connor	Clonmel A C	Ladies	11	40.00
134	Damien McDonnell	Moyne	Senior Man	43	40.29
135	Gareth Coleman	Clonmel A C	Men 0/40	25	40.47
136	Michael O'Dwyer	St Catherines	Men 0/40	26	41.16
137	Brian Connolly	Kilsheelan	Men 0/35	1	41.21
138	Margaret Farrell	Thurles Crokes	Ladies 0/50	2	42.01
139	Michael McCarthy	West Waterford	Men 0/50	7	42.02
140	Catherine O Donovan	Carrick on Suir	Ladies	12	42.06
141	Belinda St John	Clonmel A C	Ladies	13	42.37
142	Carol Kelly	Carrick on Suir	Ladies	14	42.47
143	Hazel Galloway	Unattached	Ladies 0/50	3	43.33
144	Nuala Dorney	Thurles Crokes	Men 0/40	27	43.36
145	Gemma Dewberry	Waterford	Ladies 0/35	5	43.39
146	Orna Power	Waterford	Ladies 0/40	6	43.44
147	Valerie McCarthy	Clonmel A C	Ladies	15	43.48
148	Aine Butler	Clonmel	Ladies 0/35	6	45.44
149	Mags Power	Carrick on Suir	Ladies 0/50	4	47.07
150	Marguerite Lane	Clonmel	Ladies	16	51.32
151	Breda Kelly	Clonmel	Ladies	17	51.44
152	Breda Naughton	Clonmel	Ladies	18	52.43
153	Eva O'Brien	Bansha	Ladies	19	52.44
154	Gerry Forde	Blarney	Wheelchair	1	53.17
155	Joe Ryan	Ballynonty	Men 0/60	2	56.38

### Senior Ladies Inter Club

Place	Club	Scoring Places
1	Clonmel	42 60, 122
2	Carrick on Suir	109, 129, 130
<b>Senior Men Inter Club</b>		
Place	Club	Scoring Places
1	Carrick on Suir	15 24 43
2	Clonmel - A	23 32 34
3	Clonmel - B	46 47 51
<b>Senior Men Inter Club</b>		
Place	Club	Scoring Places
1	Clonmel	33 35 40