

**Woodie's DIY Master Championships of Ireland  
Tullamore 16th August 2009**

**Tipperary Details**

**Men Over 35 800m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
5	Phillips, Billy	Thurles Crokes.	2.16.88

**Men Over 40 400m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
3	Finn, Kevin	Nenagh Olympic	55.98

**Men Over 45 200m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
5	Ormond, Martin	Clonmel.	29.04

**Men Over 45 400m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
4	Keaney, Joseph	Coolquill.	63.39
5	Ormond, Martin	Clonmel.	65.86

**Men Over 45 800m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
3	Keaney, Joseph	Coolquill.	2.12.15

**Men Over 45 5000m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
5	Gleeson, Mark	Nenagh Olympic	16.48.77

**Men Over 50 5000m Walk**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	O'Brien, Martin	Templemore.	33.02.25

**Men Over 50 Shot Putt**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
6	O'Brien, Martin	Templemore.	6.32

**Men Over 60 100m**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
3	O'Neill, Bernard	Carrick-on-Suir	13.64

<b>Men Over 60 200m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
3	O'Neill, Bernard	Carrick-on-Suir	29.05
<b>Men Over 60 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
2	O'Neill, Bernard	Carrick-on-Suir	3.90
<b>Men Over 60 Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
6	O'Neill, Bernard	Carrick-on-Suir	7.44
<b>Men Over 60 Javelin</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
4	O'Neill, Bernard	Carrick-on-Suir	18.34
<b>Men Over 70 Weight for Distance</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	O'Riordan, Michael	Dundrum.	6.60
<b>Men Over 70 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
2	O'Riordan, Michael	Dundrum.	2.06
<b>Men Over 75 100m</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Naughton, Pat	Nenagh Olympic	17.02
<b>Men Over 75 High Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Naughton, Pat	Nenagh Olympic	1.15
<b>Men Over 75 Long Jump</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Naughton, Pat	Nenagh Olympic	2.93
3	O'Beirne, Michael	Dundrum.	1.93
<b>Men Over 75 Shot Putt</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
1	Naughton, Pat	Nenagh Olympic	9.09

<b>Men Over 75 Javelin</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
<b>1</b>	Naughton, Pat	Nenagh Olympic	<b>27.46</b>
<b>4</b>	O'Beirne, Michael	Dundrum.	<b>16.80</b>
<b>Men Over 75 Weight for Distance</b>			
<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Standard</b>
<b>3</b>	O'Beirne, Michael	Dundrum.	<b>5.81</b>