

**Coillte Dundrum 10Km Road Race  
Dundrum Wednesday 8th July 2009**

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Category</b>	<b>Cat Place</b>	<b>Time</b>
1	EVANS, Tommy	Gowran	Senior Men	1	31.21
2	MCDONNELL Rory	Dunboyne	Senior Men	2	31.51
3	CUSACK, Neil	Limerick	Senior Men	3	31.55
4	FOGARTY, Tony	Thurles Crokes	Senior Men	4	32.32
5	MURPHY, Brian	Marian	Senior Men	5	33.03
6	DOODY, Martin	Limerick	Senior Men	6	33.07
7	MULLANEY, Shane	Thurles Crokes	Senior Men	7	33.09
8	SMITH, Danny	Ballynonty	Senior Men	8	34.21
9	CURRAN, Kenny	Ballynonty	Senior Men	9	34.35
10	LINEHAN, Adrian	Duhallow	Senior Men	10	34.36
11	HEFFERNAN, Pat	Fethard	Men 0/45	1	34.40
12	RYAN, Keith	Limerick	Men 0/40	1	35.00
13	SHANAHAN, John	Dundrum AC	Senior Men	11	35.14
14	RICE, Mike	Athenry	Men 0/40	2	35.15
15	QUIGLEY, David	Coolquill	Senior Men	12	35.19
16	KEANE, Donal	Dundrum AC	Senior Men	13	35.28
17	KENNY, Tony	Carlow	Senior Men	14	35.35
18	O DOHERTY, Siobhain	Borrisokane	Senior Ladies	1	35.39
19	MOORE, Michael	Dundrum AC	Men 0/45	2	35.46
20	BRADSHAW, Martin	Bilboa AC	Senior Men	15	36.20
21	RICHARDSON, David	Limerick Triathlon	Senior Men	16	36.25
22	HOGAN, Pat	Ennis Track	Men 0/40	3	36.27
23	MOYNIHAN, Eugene	Marian	Men 0/50	1	36.32
24	KAVANAGH, Pat	Gowran	Senior Men	17	36.37
25	GARRIHY, Thomas	Kilmurray Ibrickane	Senior Men	18	36.50
26	CUMMINS, Paddy	Moycarkey	Senior Men	19	36.53
27	O CEALLAIGH, Niall	Clonmel AC	Men 0/40	4	36.54
28	RICE, Paul	West Limerick	Senior Men	20	37.04
29	DE COURCY, Geoffrey	Limerick Triathlon	Men 0/40	5	37.07
30	LOUGHNANE, Madeline	Thurles Crokes	Senior Ladies	2	37.10
31	VAUGHAN, Tagdh	Coolquill	Men 0/40	6	37.28
32	MARTIN, Lar	Clonmel AC	Senior Men	21	37.30
33	RYAN, Michael	Dundrum AC	Senior Men	22	37.42
34	PRENDERGAST, Graham	West Limerick	Senior Men	23	37.50
35	QUINN, Patrick	Ennis Track	Senior Men	24	37.55
36	COLLERAN, Veronica	Ennis Track	Ladies 0/40	1	38.00
37	HARVEY, Mick	Kilmurray Ibrickane	Men 0/50	2	38.07
38	O RIORDAN, Niall	Unattached	Senior Men	25	38.13
39	CUNNINGHAM, Mike	Bilboa AC	Men 0/40	7	38.18
40	BYRNES, Tommy	Dundrum AC	Men 0/40	8	38.23
41	COEN, Padraic	Dundrum AC	Senior Men	26	38.25
42	MCGRATH, Sean	Dundrum AC	Senior Men	27	38.33
43	O BRIEN, John	Ennis Track	Senior Men	28	38.35

Place	Athlete	Club	Category	Cat Place	Time
44	MCCANN, Angela	Clonmel AC	Senior Ladies	3	38.36
45	MACKEY, Tom	Kilmurray Ibrickane	Men 0/50	3	38.38
46	FOX, James	Carrick on Suir	Senior Men	29	38.50
47	GRANT, Gary	Clonmel AC	Senior Men	30	39.03
48	SHEEHY, Mike	West Limerick	Senior Men	31	39.13
49	TIDESWELL, Kealey	Clonmel AC	Senior Ladies	4	39.15
50	GRIFFIN, Ger	Raheen	Men 0/45	3	39.31
51	GUILFOYLE, Tracy	Kilnaboy	Ladies 0/40	2	39.37
52	DOHERTY, Declan	Thurles Crokes	Senior Men	32	39.42
53	AHEARNE, Joe	Bilboa AC	Men 0/55	1	39.45
54	FURLONG, Peter	Clonmel AC	Senior Men	33	39.52
55	RYAN, Noel	Ballynonty	Senior Men	34	39.53
56	CORBETT, Con	Thurles Crokes	Men 0/45	4	40.00
57	SMYTH, Leslie	Coolquill	Men 0/55	2	40.02
59	HALL, Neillie	Ballynonty	Men 0/45	5	40.02
58	KINNANE, Brendan	Dundrum AC	Senior Men	35	40.03
60	DELANEY, Tony	Dundrum AC	Senior Men	36	40.39
61	O SULLIVAN, Jim	Tipperary Town	Men 0/55	3	40.56
62	QUILLE, Shane	Unattached	Senior Men	37	41.18
63	LONG, Brian	Clonmel AC	Senior Men	38	41.27
64	O BRIEN, Ned	Clonmel AC	Men 0/50	4	41.29
65	MCCABE, Martin	Newport	Senior Men	39	41.33
66	O SULLIVAN, Ger	West Limerick	Senior Men	40	41.36
67	CUSACK, Tony	Limerick	Senior Men	41	41.50
68	COMPTON, Denise	Dundrum AC	Ladies 0/40	3	41.55
69	CAWLEY, Seamus	West Limerick	Men 0/50	5	42.06
70	DERVIN, Maura	Mullingar Harriers	Ladies 0/40	4	42.12
71	MOCKLER, Eoin	Drombane	Senior Men	42	42.13
72	MOLONEY, Mary	Thurles Crokes	Ladies 0/40	5	42.16
73	STAKELUM, Conor	Thurles Crokes	Men 0/40	9	42.23
74	HOGAN, Aidan	Unattached	Senior Men	43	42.27
75	DUGGAN, Loretta	St Mary's Clare	Ladies 0/35	1	42.29
76	CAMPBELL, Jane	Galway city Harriers	Senior Ladies	5	42.45
77	RYAN, Dymphna	Dundrum AC	Senior Ladies	6	42.58
78	MURPHY, Donal	Limerick	Men 0/60	1	42.59
79	BUTLER Jimmy	Ballynonty	Men 0/40	10	43.17
80	CULLEN, Conor	Liffey Valley AC	Men 0/40	11	43.18
81	MANUEL, Philip	Limerick Triathlon	Senior Men	44	43.22
82	BYRNE, Eamon	Limerick	Senior Men	45	43.26
83	LANDERS, Anthony	Clonmel AC	Men 0/40	12	43.34
84	RYAN Martina	Thurles Crokes	Ladies 0/40	6	43.37
85	MAHER, Brendan	Thurles Crokes	Senior Men	46	43.44
86	THOMPSON, Michael	Bilboa AC	Men 0/50	6	43.59
87	RYAN, Christy	Tipperary Town	Men 0/45	6	44.19
88	HUNTER, Stephen	Clonmel AC	Senior Men	47	44.50
89	CAREY, Michael	Upperchurch	Senior Men	48	44.51

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90	HOGAN, Franny	Templemore A.C.	Senior Men	49	44.55
91	GARRIHY, Sue	Kilmurray Ibrickane	Ladies 0/45	1	45.04
92	COFFEY, Brendan	Clonmel AC	Senior Men	50	45.13
93	IVORS, Martin	Coolquill	Men 0/50	7	45.21
94	RYAN, Conor	Unattached	Senior Men	51	45.23
95	CUNNINGHAM, Bernard	Unattached	Senior Men	52	45.24
96	JOYCE, Dominic	Galway	Senior Men	53	45.26
97	RYAN Denis	Dundrum	Senior Men	54	45.35
98	BUCKLEY, Declan	Dundrum	Senior Men	55	45.36
99	LENEHAN, Richard	West Limerick	Men 0/55	4	45.53
100	BURKE, Laura	Castletroy	Senior Ladies	7	45.55
101	HENNESSY, Sean	Moycarkey	Men 0/40	13	46.00
102	LYNCH, Frank	Clonmel AC	Senior Men	56	46.06
103	FARRELL, Bobby	Thurles Crokes	Men 0/55	5	46.07
104	KELLY, Bernie	Galway city Harriers	Ladies 0/50	1	46.09
105	KENNEDY, Nora	Thurles Crokes	Ladies 0/40	7	46.30
106	MCGRATH, James	Nenagh Olympic	Senior Men	57	46.34
107	MCBRIDE, Eamon	Unattached	Senior Men	58	46.39
108	O RIORDAN, Ray	Thurles Crokes	Senior Men	59	46.47
109	BREEN, Elizabeth	Tipperary	Senior Ladies	8	46.48
110	HAYDEN, Tim	Moycarkey	Men 0/45	7	46.52
111	DOYLE, Liam	Clogheen	Senior Men	60	46.55
112	KIRBY, Mrtin	Cullen	Senior Men	61	47.05
113	GRINSELL, Joe	Clonmel AC	Men 0/60	2	47.10
114	RYAN, Willie	Rossmore	Senior Men	62	47.12
115	LOHAN, Jude	Roscommon	Ladies 0/35	2	47.18
116	NAGLE, Donna	Clonmel AC	Senior Ladies	9	47.27
117	O BRIEN, Elaine	Clonmel AC	Senior Ladies	10	47.42
118	SHEEHAN, Niall	Rossmore	Senior Men	63	47.56
119	HICKEY, Martin	Rossmore	Senior Men	64	47.58
120	MCKEOWN, Mary	Limerick	Ladies 0/40	8	47.59
121	MINOGUE, Pascal	Limerick	Men 0/45	8	48.00
122	QUINN, Tom	Clonmel AC	Men 0/55	6	48.01
123	MCDOMHNAILL, Carmel	West Limerick	Ladies 0/50	2	48.08
124	KAVANAGH, Seamus	kilkenny	Senior Men	65	48.38
125	O BRIEN, Barry	Cappamore	Senior Men	66	48.39
126	CROWLEY, Eamon	Clonmel AC	Men 0/55	7	48.41
127	FRAHILL, Alan	Limerick Triathlon	Senior Men	67	48.51
128	HYNES, Eileen	Clonmel AC	Ladies 0/45	2	48.57
129	ORGAN, Christine	Kilmurray Ibrickane	Ladies 0/45	3	49.09
130	CAREY, Sabrina	Thurles Crokes	Senior Ladies	11	49.22
131	BARRETT, Eva	West Limerick	Senior Ladies	12	49.26
132	RYAN, Veronica	Roscrea	Senior Ladies	13	49.36
133	HIGGINS Noel	Clonmel AC	Men 0/45	9	49.45
134	CRONIN, Ann	Carrick on Suir	Ladies 0/45	4	49.50
135	BRADSHAW, Mairead	Bilboa AC	Senior Ladies	14	50.10

Place	Athlete	Club	Category	Cat Place	Time
136	HUGHES, Marian	Thurles Crokes	Ladies 0/50	3	50.15
137	BYRNE, Margaret	Kilcommon	Senior Ladies	15	50.55
138	FERRIS, Emma	Clonmel AC	Senior Ladies	16	51.00
139	MAUNSELL, Nicola	Clonmel AC	Ladies 0/35	3	51.01
140	RYAN, Liam	Thurles Crokes	Men 0/40	14	51.10
141	RYAN, Una	Kilcommon	Senior Ladies	17	51.11
142	BREEN, Tony	Murroe	Men 0/50	8	52.16
143	CARR Marie	Newport	Senior Ladies	18	52.20
144	O DWYER, Michael	Thomastown	Men 0/40	15	52.28
145	DARMODY, Maire	Clonmel AC	Senior Ladies	19	53.04
146	POWELL, Siobhain	Newport	Ladies 0/35	4	53.06
147	HOGAN, Catherine	Tipperary Town	Ladies 0/40	9	53.15
148	DUIRNIN, John	Ballynonty	Men 0/40	16	53.30
149	GALLOWAY, Hazel	Clonmel AC	Ladies 0/50	4	53.35
150	FENNESSY, Josephine	Ennis Track	Ladies 0/40	10	53.36
151	AHEARNE, Kay	Bilboa AC	Ladies 0/50	5	53.44
152	LOUGHNANE, Gary	Thurles Crokes	Men 0/40	17	54.18
153	DARMODY, Cyril	Clonmel AC	Men 0/55	8	54.29
154	O BRIEN, Eva	Bansha	Senior Ladies	20	55.40
155	RYAN, Bridget	Bilboa AC	Senior Ladies	21	55.42
156	MCNAMARA, Danielle	Limerick	Senior Ladies	22	56.13
157	REDFERN, Sadie	Tipperary Town	Ladies 0/35	5	56.13
158	O DONOVAN, Edel	Tipperary	Senior Ladies	23	56.13
159	WHITE, Kay	Coolquill	Ladies 0/40	11	57.06
160	SMYTH, Edie	Coolquill	Ladies 0/45	5	57.06
161	O CONNOR, Mairead	Dundrum AC	Senior Ladies	24	58.23
162	MOLONEY, Glenda	Fedamore	Senior Ladies	25	58.38
163	KELLY, Frank	Unattached	Senior Men	68	58.49
164	HOULIHAN, Marian	Clonmel AC	Senior Ladies	26	61.25
165	PURCELL, Pierce	Clonmel AC	Men 0/60	3	61.25
166	KEATING, Jackie	Cashel	Senior Ladies	27	61.25
167	DOYLE, Michelle	Thurles Crokes	Ladies 0/35	6	63.03
168	STAKELUM, Denise	Thurles Crokes	Ladies 0/35	7	63.06

**Coillte Dundrum 5Km Road Race**  
**Dundrum Wednesday 8th July 2009**

Place	Athlete	Club	Category	Cat Place	Time
1	MOLUMBY Vincent	Thurles Crokes	Jnr. Men.	1	16.32
2	MOORE Kevin	Dundrum A.C.	Jnr. Men.	2	18.05
3	MOROZOW Nikolai	Nenagh Triathlon	Jnr. Men.	3	18.29
4	MOORE Declan	Bilboa A.C.	Jnr. Men.	4	18.40
5	SHANAHAN Joseph	Bilboa	Jnr. Men.	5	19.03
6	SHANAHAN John	Bilboa	Jnr. Men.	6	21.05

<b>Place</b>	<b>Athlete</b>	<b>Club</b>	<b>Category</b>	<b>Cat Place</b>	<b>Time</b>
7	MC.KEOWN Craig	Limerick A.C.	Jnr. Men.	7	21.45
8	LOUGHNANE Laura	Thurles Crokes	Jnr. Ladies.	1	21.48
9	LOUGHNANE Andrea	Thurles Crokes	Jnr. Ladies.	2	22.33
10	FITZGIBBON Elaine	Thurles Crokes	Jnr. Ladies.	3	22.45
11	LOUGHNANE Andrea	Thurles Crokes	Jnr. Ladies.	4	23.25
12	Hughes Jacqueline	Thurles Crokes	Jnr. Ladies.	5	26.06
13	MOORE Conor	Dundrum A.C.	Jnr. Men.	8	26.40

### Wheelchair 10km

<b>Place</b>	<b>Athlete</b>	<b>Club</b>			<b>Time</b>
1	Gerry Forde	Blarney			1.05.40