

## INDOOR CHAMPIONSHIP BEST PERFORMANCE UPDATED MARCH 2011

### Girls U 9

60M	Niamh Foley	St. Marys Lk	10.14	2010
	Holly McCarthy	Liscarroll	10.14	2011
300M	Abigail Lynch	Lios Tuathail	57.7	2010
Long Jump	Ava Fennessy	Clonmel	3.22	2010
Relay 4 X 100		St. Marys Lk.	1.10.7	2010

### Girls U 10

60M	Niamh Foley	St. Marys Lk	9.24	2011
300M	Niamh Foley	St. Marys Lk	54.68	2011
Long Jump	Ellen Lynch	St. Marys Lk	3.64	2011
Relay 4 X 100		St. Marys Lk	1.05.50	2011

### Girls U 11

60M	Chloe McCarthy	Leevale	9.13	2011
600M	Alanah Deering	Nenagh	2.04.9	2010
Long Jump	Sophie Meredith	St. Marys Lk	3.99	2011
Relay 4 X 100		Lios Tuathail	1.03.6	2009
		Nenagh	1.03.6	2010

### Girls U 12

60M	Sarah Lavin	Emerald	8.70	2005
600M	Stephanie Power	Clonmel	1.49.79	2005
High Jump	Stephanie Power	Clonmel	1.35	2005
Long Jump	Ciara Giles Doran	Ferrybank	4.30	2006
Shot	Vickie Cusack	Liscarroll	8.20	2011
Relay 4 X 100		Emerald	58.57	2005

### Girls U 13 CBP

60M Hurdles	Clodagh Fitzgerald	Carrick on Suir	10.45	2008
60M	Sarah Lavin	Emerald	8.41	2006
600M	Jenna Bromell	Emerald	1.47.56	2009
High Jump	Aisling Croke	Dooneen	1.43	2007
Long Jump	Ciara Giles Doran	Ferrybank	4.78	2007
Shot	Deirbhile Ryan	Emerald	10.47	2009
Relay 4 X 100		Dooneen	57.38	2007

**Girls U 14 CBP**

60M Hurdles	Suzanne O'Donovan	Belgooly	9.80	2000
60M	Ann O'Shea	Ferrybank	8.03	2008
800M	Jenna Bromell	Emerald	2.23.43	2010
1000M Walk	Julie Prendiville	Estuary	5.19.11	2005
High Jump	Brona Croke	Dooneen	1.52	2008
Long Jump	M. O'Connor	Leevale	4.98	1988
Shot Putt	Ailish Sheehan	Dooneen	12.49	2006
Relay 4 X 200		Ferrybank	1.53.07	2008

**Girls U 15 CBP**

60M Hurdles	Sarah Lavin	Emerald	9.30	2008
60M	Ann O'Shea	Ferrybank	7.86	2009
800M	Ciara Cronin	Ferrybank	2.20.65	2005
1000M Walk	Kate Veale	West Waterford	4.41.88	2008
High Jump	Olive Scully	Limerick Emerald	1.60	1989
Long Jump	Ciara Giles Doran	Ferrybank	5.37	2009
Shot	Ailsih Sheehan	Dooneen	11.72	2007
Relay 4 X 200		Ferrybank	1.47.09	2008

**Girls U 16 CBP**

60M Hurdles	Sarah Lavin	Emerald	8.97	2009
60M	Ann O'Shea	Ferrybank	7.86	2010
200M	Ciara Giles Doran	Ferrybank	25.25	2010
800M	Francis O'Shea	North Cork	2.21.99	2005
1500M	Francis O'Shea	North Cork	4.56.60	2005
1500M Walk	Kate Veale	West Waterford	6.39.10	2009
High Jump	Aisling Croke	Dooneen	1.68	2010
Long Jump	Mairead Murphy	Ferrybank	5.32	2004
Shot Putt	Claire Fitzgerald	Tralee Hrs	12.22	2006
Relay 4 X 200		Ferrybank	1.45.74	2009

**Girls U 17 CBP**

60M Hurdles	Mairead Murphy	Ferrybank	8.82	2005
60M	Joan Healy	Bandon	7.79	2008
200M	Joan Healy	Bandon	25.60	2008
800M	Amy O'Donoghue	Emerald	2.18.98	2010
1500M	Niamh Ryan	Ferrybank	4.49.87	2006
1500M Walk	Kate Veale	West Waterford	6.20.34	2010
High Jump	Elaine Ball	Limerick Emerald	1.70	1990
Long Jump	Niamh Savage	Leevale	5.52	1994
Shot Putt	Claire Fitzgerald	Tralee Harriers	13.86	2007
Relay 4 X 200		Ferrybank	1.47.56	2005

**Girls U 18 CBP**

60M Hurdles	Mairead Murphy	Ferrybank	8.99	2006
60M	Ailis McSweeney	Leevale	7.76	2000
200M	Mairead Murphy	Ferrybank	25.49	2006
300M	Claire McSweeney	Leevale	41.18	2004
800M	Laura Crowe	Tralee Harriers	2.14.52	2004
1500M	Amy O'Donoghue	Emerald	4.40.77	2011
1500M Walk	Kate Veale	West Waterford	6.17.16	2011
High Jump	Brid Hallissey	Ferrybank	1.68	1986
Long Jump	Kelly Proper	Ferrybank	5.59	2005
Triple Jump	Jessica Sheehan	Riverstick Kinsale	11.27	2011
Shot Putt	Fionnuala Lombard	Leevale	12.45	2000
Relay 4 X 200		Ferrybank	1.46.21	2005

**Girls U 19 CBP**

60M Hurdles	Mandy Crowe	Bansha	8.28	2003
60M	Shauna O'Brien	Carrick on Suir	7.78	2001
200M	Aisling Maunsell	Leevale	25.53	2002
400M	Louise Woods	Marian	59.74	2010
800M	Amanda Perill	Marian	1.03.31	2006
1500M	Laura Crowe	An Riocht	4.55.46	2005
1500M Walk	Catriona McMahon	St. Marys LK	6.49.87	2003
High Jump	Orna Donoghue	Carrick on Suir	1.60	1998
	Christina Broderick	Belgooly	1.60	2005
	Kelly Proper	Ferrybank	1.60	2006
Long Jump	Kelly Proper	Ferrybank	5.59	2006
Triple Jump	Sinead O'Connor	Tralee Hrs	11.02	2011
Shot Putt	Fiona Moloney	Dooneen	12.30	2010
Relay 4 X 200		Belgooly	1.48.78	2004