

Leslie wins the Countdown

Last night's race was another great success despite the inclement weather. It was great to see 76 athletes compete in the event. The race format was Countdown to Zero seconds. Here athletes predicted their finishing time and the Clock started at 30 minutes and counted down to Zero seconds. Then when their finishing time was announced the athlete started running. So if an athlete predicted 20 minutes, they started their race at 20 minutes and the winner(s) was the athlete(s) who crossed the finishing line after the Clock hit Zero seconds.

This type of race often results in athletes running faster as they try and keep ahead of as many athletes as possible while the faster athletes who go off last are trying to catch as many athletes as possible, an intriguing race.

In tonight's race 42 athletes ran faster than what they predicted, which is brilliant.

The results tonight are shown as the athletes crossed the finishing line and you can see that the first 42 athletes ran faster than their prediction.

The winner tonight was Leslie Smyth who predicted a finishing time of 16 mins 15 secs and ran 16 mins 16 secs, great judgement of pace. 2nd was Derek Nolan who predicted 16 mins and ran 16 mins 2 secs, 3rd was Andrew McHale who predicted 20 mins and ran 20 mins 3 secs, 4th was Benny Hahessy who predicted 16 mins and ran 16 mins 3 secs, 5th was Adrian Lonergan who predicted 18 mins and ran 18 mins 4 secs, 6th was Larry Martin who predicted 15 mins 15 secs and ran 15 mins 21 secs while Nicola Maunsell was 7th and she predicted 18 mins and ran 18 mins 6 secs.

Great to see tonight everyone wearing a High Viz. However tonight we had a few latecomers and we are just letting everyone know that next Wednesday night's race will start at 7 pm sharp, so let us all make the effort to come early and enter on time and can we all spread the word that the race will start at 7 pm.

By Niall O'Sullivan