

**Teams for Munster Intermediate Cross Country
Charleville Sunday 7th November 2010**

Men.

| Athlete | Club |
|----------------|----------------|
| Gary Scully | Nenagh Olympic |
| Shane Scully | Nenagh Olympic |
| Pat Ryan | Dundrum |
| Donal Keane | Dundrum |
| Martin Keane | Dundrum |
| Kevin Moore | Dundrum |
| John Shanahan | Dundrum |
| James Ryan | Dundrum |
| Danny Smith | Ballynonty |

Ladies Team

| Athlete | Club |
|-----------------|-----------------|
| Martina O'Dwyer | Carrick on Suir |
| Dympna Ryan | Dundrum |
| Catherine Kelly | Dundrum |
| Liz Breen | Dundrum |