



**Carrick on Suir A.C. - Road Runners**

**The Outfield Sports**

**THREE COUNTIES CHALLENGE**

**4 ROAD RACES IN THE SUNNY SOUTH EAST**

**Race 1: Carraig Hotel Deadman's 5,  
in association with the CLANCY MUSIC FESTIVAL  
Friday 11th June 2010 @ 7:30**

**Race 2: The Champion Kiely Ballyneale 5k,  
Friday 2nd July 2010 @ 7:30**

**Race 3: Morris Oil Piltown 10k,  
Friday 16th July 2010 @ 7:30**

**Race 4: AUTOPOWER Rathgormack 5,  
Friday 6th August 2010 @ 7:30**

AAI Permit Approved

**Overall Prize Fund in excess of €5000**

Accurately Measured Courses • Changing Facilities

Chip Timing For All Races

Entry €10 per race

Series Souvenir to all runners who complete 3 out of the 4 races

Further Details: Mark Connolly 086 1608165

/ Johnny Brunnock 086 8483210

visit [www.carrickroadrunners.ie](http://www.carrickroadrunners.ie) for more information

**ENTER ONLINE AT [www.runireland.com](http://www.runireland.com)**

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THE CARRAIG



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