



Tipperary Athletics County Star Award Winners 2019

Excellence in Track & Field - U/14 Girl (Tom Healy Memorial Cup)

- Ceola Bergin, Templemore A.C.

Excellence in Track & Field - U/14 Boy (Tom Healy Memorial Cup)

- Shane Buckley, Dundrum A.C.

Excellence in Cross Country - U/14 Girl (Mary Doyle Memorial Cup)

- Sophie Coughlan, Moycarkey Coolcree A.C.

Excellence in Cross Country - U/14 Boy (Mary Doyle Memorial Cup)

- Shane Buckley, Dundrum A.C.

Best U/15 – U/19 Girl Track & Field

- Anna Ryan, Moycarkey Coolcree A.C.

Best U/15 – U/19 Boy Track & Field

- Sean Carolan, Nenagh Olympic A.C.

Best U/15 – U/19 Girl Cross Country

- Siobhan Whelan, Clonmel A.C.

Best U/15 – U/19 Boy Cross Country

- Cian Hodgins, Nenagh Olympic A.C.
- Tom Walshe, Nenagh Olympic A.C.

Best Junior Female

- Roseann Fitzgerald, Carrick-On-Suir A.C.

Best Junior Male

- Sean Mockler, Moycarkey Coolcree A.C.

Best Male Senior

- Adam O'Dwyer, Moycarkey Coolcree A.C.

Best Female Senior

- Sharlene Mawdsley, Newport A.C.

Best Male Master

- John Dwyer, Templemore A.C.

Best Female Master

- Genevieve Rowland, Templemore A.C.

International Award

- Ross Alexander, Coolquill A.C.

Hall of Fame

- Emby Walsh, Carrick-On-Suir A.C.

Schools Cup Winners

- Thurles CBS

All Ireland School's Cup Winners

2nd overall in Senior Boys to win the President's Shield

Individual trophies won on the day by:-

1. Sean Mockler – 1st Senior Boys Discus & Hammer
2. Jack Ryan – 1st Senior Boys Shot Putt
3. Dillon Ryan – 1st Intermediate Boys Triple Jump
4. Adam O'Dwyer – 1st Intermediate Boys Pole Vault

Home Countries Competitions (Celtic, Youth Nations & SIAB)

- Aimee Hayde, Newport A.C. – Celtic International XC U/17 Girls
- Tom Walshe, Nenagh Olympic A.C./Nenagh CBS – SIAB International XC

- Azuolas Varnili, Colaiste Mhuire Co-Ed Thurles/Templemore A.C. – SIAB International T&F Hammer
- Adam O’Dwyer, Moycarkey Coolcree A.C. – Youth Nations Cup Pole Vault
- Anna Ryan, Moycarkey Coolcree A.C. – Youth Nations Cup Pole Vault
- Dillon Ryan, Moycarkey Coolcree A.C. – Youth Nations Cup Triple Jump
- Ailbhe O’Neill, Nenagh Olympic A.C. – Youth Nations Cup 800m

International Achievements in 2019

- Ross Alexander, Coolquill A.C. – World Master Indoors & European Master T&F Walks
- Aimee Hayde, Newport A.C. – EYOF 800m
- Sharlene Mawdsley, Newport A.C. –European U/23 400m & 4 x 100m Relay
- Miriam Daly, Carrick-On-Suir A.C. – European U/20 4 x 400m
- Sean Mockler, Moycarkey Coolcree A.C. –European U/20 Hammer
- David Ryan, Moycarkey Coolcree A.C. –European U/20 4 x 400m
- Adrian McGinley, Templemore A.C. – European Masters T&F M40 4 x 400m Relay. National record of 3.33.64.
- John Laste, Clonmel A.C. – European Master T&F Walks

Team Achievements 2019 - Certs

1. Templemore A.C. Master Women’s 4 x 200m Relay team – 2nd National Master Indoors – Genevieve Rowland, Evelyn Maher, Sandra Gillick, Orla McDonald
2. Templemore A.C. Master Men’s 4 x 200m Relay team – 2nd National Master Indoors – Adrian McGinley, Tony Dunne, Kevin Shorthall, Danny Meaney.
3. Nenagh Olympic A.C. Boys U/16 4 x 200m Relay team – 2nd National Indoors – Alex Reynolds, James Sage, Sean Hayes, Tom Walshe, Tom McCutcheon & Ben Connolly.
4. Templemore A.C. Boys U/12 4 x 200m Relay – 3rd National Indoors – Cormac Healion, Dylan Bergin, Sean Stone, Joe Burke.
5. Templemore A.C. Boys U/13 4 x 200m Relay – 3rd National Indoors – Cormac Healion, Dylan Bergin, Jack Carroll, Joe Burke, Aaron Dunford.
6. Newport A.C. duo of Colm Ryan & Rian Horgan who were 3rd in the Boys U/11 600m National Team Games.
7. Ruby Norris and Izabela Wielowska who were 3rd in the Girls U/10 Long Jump National Team Games
8. Girls U/10 4 x 100m Relay team from Carrick-On-Suir A.C. - 2nd National Team Games – Isabela Wielowska, Ruby Norris, Sophie O’Brien, Sarah Bartley, Macy Ryan & Leyla Casey.
9. Clonmel A.C. – gold in team event at National 10 Mile Road Championships (Angela McCann, Kealy Tideswell & Aine Roche).
10. Thurles Crokes A.C. – 3rd M35 National 10 Mile Road Championships (John Fitzgibbon, John Treacy & Declan Ryan).
11. Clonmel A.C. – silver in Senior Men National Half Marathon team event (David Mansfield, Jimmy Boland & Joey Feery).
12. Thurles Crokes A.C. – 1st M35 National Half Marathon Team Championships (John Fitzgibbon, Denis Shanahan & John Treacy).
13. Thurles Crokes A.C. – 3rd National M35 Cross Country Team competition (John Fitzgibbon, John Treacy, John Russell & Denis Shanahan).

14. Nenagh Olympic A.C. Boys U/19 4 x 100m Relay team – National T&F Gold (Darragh Minitier, Joseph McEvoy, Joshua Egan, Sean Carolan & Brian Naughton).
15. Moyne A.C. Girls U/18 4 x 100m Relay team – National T&F Silver (Aisling Dwyer, Katie Bergin, Rachel Butler, Jessie Newman).
16. Carrick-On-Suir A.C. Girls U/18 4 x 100m Relay team – National T&F Bronze (Caoimhe Power, Marian Gillman, Lynn Vermeer, Rachel O’Shea & Kellie Bester).
17. Carrick-On-Suir A.C. Girls U/19 4 x 100m Relay team – National T&F Bronze (Rachel O’Shea, Marian Gillman, Roseann Fitzgerald & Georgia Walsh).
18. Templemore A.C. Boys U/17 4 x 400m Relay – 2nd National Juvenile Relays – Kyle Dooley, Jack Ryan, Pdraig Rafter & David Quinn
19. Nenagh Olympic A.C. Boys U/15 Cross Country team – National silver (Cian Hodgins, Tom Walshe, Ben Walsh, Thomas Bergin).
20. Tipperary Boys U/15 Cross Country Team – National bronze (Cian Hodgins, Tom Walshe, Ben Walsh, Thomas Bergin, Nenagh Olympic A.C., Shane Buckley, Dundrum A.C., Aaron Moore, Moyne A.C.).
21. Tipperary Boys U/14 Team, National Gold Boys U/14 Cross Country – (Cian Flaherty, Clonmel A.C., Thomas Bergin, Nenagh Olympic A.C., Daire O’Donnell, Moycarkey Coolcree A.C., Ben Walsh, Nenagh Olympic A.C. Diarmuid Moloney, Nenagh Olympic A.C., Shane Buckley, Dundrum A.C.)
22. Nenagh Olympic A.C. bronze Boys U/16 Cross Country – Cian Hodgins, Tom Walsh, Sean Hayes, Luke Purcell & Jamie Moloney.
23. Templemore A.C. Master Women 4 x 100m – 1st National T&F (Orla McDonald, Evelyn Maher, Sandra Gillick & Genevieve Rowland.
24. Templemore A.C. Master Men 4 x 100m – 3rd National T&F (Danny Meaney, Richard O’Brien, Joe Barry & Tony Dunne).

Munster & National Record Breakers - Certs

1. Nenagh Olympic A.C. Girls U/9 4 x 200m Relay team (2.39.83) – Munster Indoor Championships (Abigail O’Brien, Jane O’Rourke, Kate Duffy, Molly Madden)
2. Carrick-On-Suir A.C. Girls U/10 4 x 200m Relay team – (2.24.85) – Munster Indoor Championships – Ruby Norris, Isabela Wielowska, Sophie O’Brien & Sarah Bartley.
3. Templemore A.C. Boys U/13 4 x 200m Relay team –(1.58.72) – Munster Indoor Championships (Aaron Dunford, Jack Carroll, Joe Bourke, Dylan Bergin and Cormac Healion).
4. Anna Ryan, Moycarkey Coolcree A.C. – Munster Indoor Youth Girls Pentathlon (3085 Pts).
5. Daniel Ryan, Moycarkey Coolcree A.C. – Munster All Time U/23 Men’s Heptathlon (5101 points).
6. Sharlene Mawdsley, Newport A.C. – Munster All Time U/23 Women 400m (52.89)
7. Adam O’Dwyer, Moycarkey Coolcree A.C. – Boys U/18 Pole Vault (3.60m) Munster Indoor Championships
8. Adam O’Dwyer, Moycarkey Coolcree A.C. – Munster Indoor Junior Men Pole Vault (3.80m).
9. Adam O’Dwyer, Moycarkey Coolcree A.C. – Munster T&F Junior Men’s Pole Vault (4.05m).
10. Sean Mockler, Moycarkey Coolcree A.C. – Munster Indoor Junior Men 35lb WFD (8.40m)

11. Sean Mockler, Moycarkey Coolcuroo A.C. – Munster T&F Junior 6kg Hammer (66.18m).
12. Genevieve Rowland, Templemore A.C. – Munster Indoor Master 0/35 Women 60mH (11.05)
13. Genevieve Rowland, Templemore A.C. – Munster Indoor Master 0/35 Women Shot Putt (9.40m).
14. Genevieve Rowland, Templemore A.C. – Munster T&F Master 0/35 100mH (19.03) & WFD (5.63m).
15. Genevieve Rowland, Templemore A.C. – National W35 WFD Record (5.63m).
16. Genevieve Rowland, Templemore A.C. – National T&F Master 0/35 WFD (5.66m)
17. Marissa Hayes, Templemore A.C. – Munster T&F Master 0/35 Javelin (24.38m).
18. Catherine Madden, Nenagh Olympic A.C. – Munster Indoor Master 0/35 Women High Jump (1.40m)
19. Catherine Madden, Nenagh Olympic A.C. – Munster T&F Master 0/35 High Jump (1.44m)
20. Evelyn Maher, Templemore A.C. – Munster T&F Master 0/35 400m (1.06.03)
21. Bernadette Spillane, Moyne A.C. – Munster Indoor Master 0/35 Women 400m (1.09.65)
22. Esme Alexander, Coolquill A.C. – Munster Indoor Master 0/55 Women 400m (1.30.36)
23. John Dwyer, Templemore A.C. – Munster Indoor Master Men 0/35 Shot Putt (7.26kg) 12.89m
24. John Dwyer, Templemore A.C. – Munster Indoor Master Men 0/35 56lb WFD (7.40m).
25. John Dwyer, Templemore A.C. – Munster T&F Master Men 0/35 Hammer (50.64m), Shot Putt (12.77m) & WFD (7.49m).
26. Dermot Hayes, Dundrum A.C. – Munster Indoor Master Men 0/55 1500m (4.34.25)
27. Matt Alexander, Coolquill A.C. – Munster Indoor Master Men 0/65 1500m (5.42.80)
28. Patrick Naughton, Nenagh Olympic A.C. – National Masters Indoors M85 Shot Putt (8.11m) & Long Jump (2.16m).
29. Miriam Daly, Carrick-On-Suir A.C. – Munster Indoor Girls U/19 400m (57.94)
30. Aimee Hayde, St. Mary's Newport/Newport A.C. – Munster Schools T&F Inter Girls 800m (2.07.74)
31. Aimee Hayde, St. Mary's Newport/Newport A.C. (2.09.80) Inter Girls 800m – Irish Schools T&F
32. Aimee Hayde, Newport A.C. – National Outdoor T&F Girls U/17 800m (2.10.99)
33. Ailbhe O'Neill, St Marys Nenagh/Nenagh Olympic A.C. (5:17.97) Girls U/16 Mile Munster Schools T&F
34. Jodie McGrath, St. Mary's Nenagh/Nenagh Olympic A.C. (3.00m) Junior Girls Pole Vault – Irish Schools T&F
35. Adrian McGinley, Templemore A.C. – Irish Master T&F 0/40 4 x 400m Record (3.33.64).