

# Tipperary Athletics AGM 2020

## Senior & Master PRO Report

### MUNSTER ATHLETICS STAR AWARDS

On the 1st of February 2020, the Munster Athletics Star awards were held at The Tower Hotel, Waterford City. Recipients for Munster awards on the night included Dermot Hayes Dundrum AC, William Hughes Thurles Crokes, Genevieve Rowland Templemore AC. Templemore AC also won the Munster Track & Field for 2019. County winners included Anna Ryan Moycarkey Coolcree, Sean Mockler Moycarkey Coolcree, Sean Carroll Nenagh Olympic, Cian Hodgins Nenagh Olympic and Rose Ann Fitzgearld Carrick on Suir AC. Congratulations to all athletes.

### TIPPERARY STAR AWARDS

On the 7th of February 2020, the 5th Annual Tipperary Star Awards were held at the Horse and Jockey Hotel. Athletes received awards for various disciplines such javelin, high jump, long jump, pole vault, shot putt, hammer throw, sprints/race and walks. Senior and Master athlete winner's on the night included, Adam O Dwyer and Sean Mockler Moycarkey Coolcree AC, Catherine Madden and Tony Naughton Nenagh Olympic AC, Esme Alexander, Ross Alexander and Matt Alexander Coolquill AC, Bernadette Spillane Moyne AC, Dermot Hayes Dundrum AC, Genevieve Rowland, Marissa Hayes, Evelyn Maher, John Dwyer and Adrian McGinley of Templemore AC. Sharlene Mawdsley Newport AC, Rose Ann Fitzgerald Carrick on Suir AC and John Laste Clonmel AC.

Team Achievement Certificates were awarded to Templemore AC who won both master women and mens events in the 4x100 & 4 x200 relays. Award winners for the womens team included Genevieve Rowland, Evelyn Maher, Sandra Gillick and Orla McDonald. Mens team winners were made up of Adrian McGinley, Tony Dunne, Kevin Shorthall, Danny Meaney, Richard O'Brien and Joe Barry. Emby Walsh of Carrick on Suir AC was inducted into the Hall of Fame for her lifetime of service to athletics.

### AAI NATIONAL INDOOR CHAMPIONSHIPS

The AAI national indoor games took place on the 9th of February 2020 at the National Indoor Arena, Abbotstown, Dublin. In the senior women's pole vault, Anna Ryan Moycarkey Coolcree AC came second with 3.20. In the senior men's 60m, Alex Ryan Dundrum AC came home in 1st place with a time of 7.34. In the senior 200m, we had three athletes compete. Alex Ryan Dundrum AC came 2nd in his heat in a time of 24.21, Patrick Lynch Newport AC came in 1st place in his heat with a time of 24.08 and Jack Hickey Moyne AC came 2nd in his heat with a time of 24.08. In the senior women's 400m heats, Sharlene

Mawdsley Newport AC came in 1st place in a time of 54.27. In the senior men's 200m, Jack Hickey Moyne AC came in 1st place in a time of 53.28.

## **MUNSTER SENIOR & MASTER INDOOR CHAMPIONSHIPS**

These championships were held on Sunday the 16th of February 2020 at Nenagh Olympic AC Indoor Stadium. In the master women's 60m W35 category, Genevieve Rowland Templemore AC came home in 1st place, followed by Bernadette Spillane Moyne AC in 2nd place and Marissa Hayes Templemore AC in 3rd place. In the master men's 60m M35 category, Richard Phelan Carrick on Suir AC came in 2nd. In the M45 section, Mark Burke Moyglass AC came in second place. In the M55 category, Niall Kelly Nenagh Olympic AC came 2nd while in the M70 section Bernard O'Neill Clonmel AC came 1st. In the senior women 200m, Kate Bergin Moyne AC came in 3rd position. In the senior men's 200m, Lewis Doyle Nenagh Olympic AC came 1st while Oscar Ottman Newport AC came 3rd. In the master women's 200m W35 Category, we had Orla McDonald Templemore AC in 1st followed by teammate Genevieve Rowland in 2nd. Bernadette Spillane of Moyne AC was in 3rd position. In the master men's 200m M45 category Noel Kennedy Thurles Crokes AC came in 3rd position. In the M50 section, Mick Pender Clonmel AC was 1st. In the M70 section, Bernard O'Neill Clonmel AC came home in 2nd position. We had two teams compete in the senior women's 4 x 200m relay. Moyne AC came home in 1st position while Borrisokane AC were 3rd. In the master women's W35 4 x 200m relay, Moyne AC placed 2nd. In the senior women's 400m, Ailbhe O'Neill Nenagh Olympic AC finished 1st while Aisling Maher Moyne AC placed 3rd. In the master women's W35 category, Orla McDonald Templemore AC came 1st and Bernadette Spillane Moyne AC came 2nd. In the W45 section, Sinead Tynan Moyne AC came 2nd. In the senior men's 400m, Ted Collins Nenagh Olympic AC came home in 1st position. In the master men's 400m, Mick Pender Clonmel AC came second in the M50 while Martin O'Brien Templemore AC came home second in the M60.

In the senior women's 800m, Courtney McGuire Clonmel AC was 1<sup>st</sup>. In the senior women's 1500m, Courtney McGuire of Clonmel AC was 1st while Sharon Cantwell of Moyne AC was 2nd. In the master men's 1500m M40 category, Patrick Roche Carrick on Suir AC came 2nd while in the M55 section Willie O Donoghue Mooreabbey Milers AC came 2nd. The master walks took place over over 3k. In the M35 section Ross Alexander Coolquill AC was 1st. In the M55 section John Laste Clonmel AC came 2nd while in the M60 section, Martin O Brien Templemore AC was 1<sup>st</sup>. Two athlete's competed in the senior women's 3000m. Mary Louise Ryan of Mooreabbey Milers AC came 2nd while Sharon Cantwell Moyne AC placed 3rd. In the senior men's 3000m, Ben Coughlan Mooreabbey Milers AC came 2nd. In the master men's 3000m, M35 section, we had John Fitzgibbon Thurles Crokes AC finishing in 2nd place. In the M45 section, David Sheahan Nenagh Olympic AC came 1st. In the M50 section Conor Fleming Clonmel AC came 2nd. In the M55 section, Willie O Donoghue Mooreabbey Milers AC came 1st while Michael Moore Dundrum AC placed 3rd.







The master walks took place over over 3k. In the M35 section Ross Alexander Coolquill AC was 1st. In the M55 section John Laste Clonmel AC came 2nd while in the M60 section, Martin O Brien Templemore AC was 1st. In the senior women's shot put 4kg, Laura Hayes Borrisokane AC came 3rd. In the senior men's shot put 7.26kg Mark Tierney Nenagh Olympic AC finished 3rd. Mark also competed in the senior weight for distance 56lbs also finishing 3rd. In the master women's O35-O45 shot put 4kg, W35 Genevieve Rowland Templemore AC came 1st while teammate Marissa Hayes came 2nd. Catherine Madden Nenagh Olympic AC came 3rd. In the W40 section Naomi Morrissey Moyne AC came 1st. The master women's O35-O50 28lbs W35, Genevieve Rowland Templemore AC came 1st, teammate Marissa Hayes came 2nd. In the W40 section, Naomi Morrissey Moyne AC came 1st. In the master men's O35-O45 shot put 7.26kg M35, John Dwyer Templemore AC was 1st. In the M45 section, Mark Burke Moyglass AC was 3rd. John Dwyer Templemore AC also finished 1st in the master men's O35-O45 shot put 56lbs. In the O50-O55 master men shot put 6kg M50 Neil Proven Clonmel AC placed 3rd. In the M55 Edmund Dwyer Moyne AC placed 2nd. In the master men's O60-O65 shot put 5kg M60 Larry O Grady Mooreabbey Milers AC placed 2nd. In the M65 section Liam O Dwyer Dundrum AC finished 3rd. In the O70-O75 masters men's shot put 4kg M70 Bernard O Neill Clonmel AC finished 1st while Noel Monteith Borrisokane AC finished 2nd. In the M85 section Michael O Beirne Dundrum AC finished 1st. In the master men's O50-O90 M55 Edmund Dwyer Moyne Moyne AC was 1st. In the M60 Larry O Grady Mooreabbey Milers AC was 3rd. In the M65 Liam O Dwyer Dundrum AC was 1st. In the M70 Noel Monteith Borrisokane AC placed 3rd. In the M85 section Michael O Beirne Dundrum AC placed 1st.

In the masters women's high jump W35 category, Catherine Madden Nenagh Olympic AC was 1st while in the W45 section Sinead Tynan Moyne AC placed 2nd. In the master men's high jump M45 category, Mark Burke Moyglass AC was 2nd. In the M50 section Neil Proven Clonmel AC was 3rd. In the M60 section Larry O Grady Mooreabbey Milers AC was 2nd. In the M65 section Liam O Dwyer Dundrum AC placed 2nd while in the M70 section Noel Monteith Borrisokane AC was 1st.

In the senior women's long jump Lisa Mooney Borrisokane AC was 3rd. In the master men's long jump M35 Richard Phelan Carrick on Suir AC was 1st. In the M45 section Mark Burke Moyglass AC placed 2nd. In the M55 section, Niall Kelly Nenagh Olympic AC was 1st while in the M60 section Larry O Grady Mooreabbey Milers AC placed 2nd.

In the senior women's triple jump Grace Fitzgerald of Tipperary Town AC was 1st. Aoife Mounsey of Borrisokane AC was 2nd. Olivia Moroney of Borrisokane AC was 3rd.

## **IRISH LIFE HEALTH NATIONAL INDOOR SENIOR CHAMPIONSHIPS**

These championships were held on the 29th of February and the 1st of March 2020 at the National Indoor Arena, Abbotstown Co. Dublin.

In the men's 200m, heat 2, Jack Pender Carrick on Suir AC finished in 3rd place. In heat 4, Alex Ryan Dundrum AC finished 3rd. In heat 5, Tom McCutcheon Nenagh Olympic AC finished in 3rd.

In the women's 400m heat 1, Sharlene Mawdsley Newport AC finished in 1st place which qualified her for the final. Sharlene finished in 2<sup>nd</sup> position in the final. In the men's 400m

heat 2, Jack Pender Carrick on Suir AC finished 3rd. In heat 5, Paul White Nenagh Olympic AC finished 2nd while teammate Tom McCutcheon finished in 3rd.

In the women's 800m heat 1, Sarah Lane Nenagh Olympic AC finished 2nd which qualified her for the final. Sarah finished 6<sup>th</sup> in the final.

In the men's shot put 7.26kg, Sean Carolan Nenagh Olympic AC finished 3rd in 13:40.

## **IRISH LIFE HEALTH NATIONAL MASTERS INDOOR CHAMPIONSHIPS 2020**

On the 8<sup>th</sup> of March 2020, the National Master's Indoor Championships took place at AIT International Arena, Athlone. There was good representation from the county.

In the M35 60m, Richard Phelan Carrick on Suir AC finished in 3<sup>rd</sup> position in a time of 7.65. In the M70 60m, Bernard O Neill Clonmel AC finished in 2<sup>nd</sup> place in a time of 9.16. In the M85 60m, Patrick Naughton of Nenagh Olympic AC was 1<sup>st</sup> with a time of 14.35.

In the W35 60m, Bernadette Spillane of Moyne AC finished 3<sup>rd</sup> while in the W60 60m, Hazel Galloway of Clonmel AC finished in 2<sup>nd</sup>.

In the women's 200m W35, Orla McDonald Templemore AC placed 2<sup>nd</sup>. In the W60 category, Hazel Galloway Clonmel AC finished in 1<sup>st</sup> place.

The women's 400m saw W35 Bernadette Spillane of Templemore AC finish 3<sup>rd</sup> in 1.08.10 while in the W50 Sinead Tynan Moyne AC also finished in 3<sup>rd</sup> place 1.15.26.

In the men's distance, 3000m M40, Stuart Moloney of Mooreabbey Milers AC came home in 1<sup>st</sup> position. In the M50 category, Conor Fleming Clonmel AC was in 5<sup>th</sup> place. In the M55 category, Michael Moore Dundrum AC was 3<sup>rd</sup>.

In the walks M35, Ross Alexander of Coolquill AC was 1<sup>st</sup>. In the M55, John Laste Clonmel AC was 2<sup>nd</sup>. In the M60, Martin O'Brien of Templemore AC was 1<sup>st</sup>.

In the men's long jump M35, Richard Phelan of Carrick on Suir AC finished 2<sup>nd</sup>. In the M40, Danny Meaney of Templemore AC was 1<sup>st</sup>. In the M55, Niall Kelly Nenagh Olympic AC was 3<sup>rd</sup>. In the M60 section, Larry O Grady Mooreabbey Milers AC was 3<sup>rd</sup>. In the M85, Patrick Naughton Nenagh Olympic AC was 1<sup>st</sup>. In the women's long jump W35, Marissa Hayes Templemore AC was 2<sup>nd</sup>. In the men's high jump, we had two athletes compete. In the M60 category, Larry O Grady of Mooreabbey Milers AC was 2<sup>nd</sup>. In the M80, Patrick Naughton Nenagh Olympic AC was 1<sup>st</sup>. The women's high jump W35, Catherine Madden Nenagh Olympic AC was 1<sup>st</sup> while in the W50 Sinead Tynan Moyne AC was 3<sup>rd</sup> with 1.25. In the O60-O69 shot put 5kg M60 section, Larry O Grady Mooreabbey Milers AC finished 2<sup>nd</sup>. In the O70-4kg section, M85 Patrick Naughton Nenagh Olympic AC was 1<sup>st</sup>. In the weight for distance category for master men, M55 Edmund Dwyer Moyne AC was 2<sup>nd</sup>. M60 Larry O Grady Mooreabbey Milers AC was 3<sup>rd</sup>. M85 Patrick Naughton Nenagh Olympic AC placed 1<sup>st</sup>.

In the women's shot put W35-40-45 category, W35 Genevieve Rowland Templemore AC was 1<sup>st</sup>. In the same section, Marissa Hayes Templemore AC was 3<sup>rd</sup>. In the master women weight for distance category, W35 Genevieve Rowland Templemore AC was 1<sup>st</sup> and Marissa Hayes Templemore AC was 3<sup>rd</sup>. In the W40 section, Naomi Morrissey Moyne AC was 1<sup>st</sup>.



## **ATHLETICS IRELAND FIELD EVENT FESTIVAL**

This field event was held at the Morton Stadium, Dublin on the 8th of August 2020.

In the mens discus junior category, Sean Carolan of Nenagh Olympic AC finished in 2nd position in the group and 1st junior male.

The mens hammer throw junior section saw Azuolas Vernele of Templemore AC finishing in 3rd position in the group and 2nd junior male. In the senior section, John Dwyer of Templemore AC placed 4th in the group and 2nd senior male.

In the junior mens shot putt (7.26 kg), Sean Carolan of Nenagh Olympic AC finished in 1<sup>st</sup> position.

## **IRISH LIFE HEALTH NATIONAL SENIOR CHAMPIONSHIPS INCORPORATING U23 NATIONAL CHAMPIONSHIPS**

The 148<sup>th</sup> Irish Life Health National Senior & U23 Athletics Championships took place over two weekends at Morton Stadium, Santry. The championships took place on the weekends of the 22<sup>nd</sup>, 23<sup>rd</sup>, 29<sup>th</sup> & 30<sup>th</sup> of August 2020.

The senior men's Hammer Throw (7.26kg) final saw Seán Mockler of Moycarkey Coolcree finish 4<sup>th</sup> and placed 2<sup>nd</sup> in the U/23 category. The senior men's Weight for Height (56lbs) saw John Dwyer of Templemore AC finished 2<sup>nd</sup> while in the men's Weigh for Height (35lbs) Seán Mockler Moycarkey Coolcree placed 1<sup>st</sup>.

The senior mens 400m saw Michael Quilligan of Nenagh Olympic AC finished 3<sup>rd</sup>. In the senior women's 1500m, heat 2, Aimee Hayde of Newport AC finished 1<sup>st</sup> qualifying for the final. In the 1500m final, Aimee Hayde placed 5<sup>th</sup>. The senior men's 1500m saw Seán Tobin Clonmel AC place 1<sup>st</sup> in heat 1 & qualify for the final. The 1500m final saw Seán Tobin coming 2<sup>nd</sup> in a brilliant race, narrowly beaten on the line by DTC team mate Paul Robinson.

The second weekends action in the senior women's 800m saw Aoife Delargy of Nenagh Olympic AC come 2<sup>nd</sup> in heat 1 & qualify for the final. In Heat 2, Aimee Hayde Newport AC finished 2<sup>nd</sup> & qualified for the final. Heat 3 had Sarah Lane of Nenagh Olympic AC place 3<sup>rd</sup> & also qualified for the final. In the final, Aimee placed 4<sup>th</sup>, Sarah placed 8<sup>th</sup> & Aoife finished 10<sup>th</sup>.

Ted Collins of Nenagh Olympic AC finished 3<sup>rd</sup> in the senior men's 800m & qualified for the final. In the final, Ted placed 10<sup>th</sup>. In the senior men's 10000m race Seán Tobin came 1<sup>st</sup>. The Clonmel AC trio of Seán Tobin, David Mansfield & Paul Minogue led Clonmel AC to the 10000m national club championship title. In the senior men's Weight for Distance (56lbs) John Dwyer Templemore AC finished 3<sup>rd</sup> & Seán Mockler Moycarkey Coolcree finished in 4<sup>th</sup> position. Seán was 1<sup>st</sup> in the U/23 category.

## **NATIONAL MASTERS CHAMPIONSHIPS 2020**

These championships took place on the 6th of September 2020 at Morton Stadium, Dublin. In the women's 400m W35 category, Bernadette Spillane of Moyne AC was 1<sup>st</sup>. The men's 400m M50 section saw Mick Pender of Clonmel AC finish in 1<sup>st</sup> place. In the 1500m M45 section Patrick Donovan of Clonmel AC was 1<sup>st</sup>. The master men's 5000m M55 section saw Willie O Donoghue Mooreabbey Milers AC finish in 3<sup>rd</sup> position.

The 5000m walk M55 section saw John Laste of Clonmel AC finish in 2<sup>nd</sup> place. In the master women's High Jump W50, Sinead Tynan of Moyne AC finished in 1<sup>st</sup> place. In the master men's Long Jump M35, Richard Phelan Carrick on Suir AC placed 1<sup>st</sup>. In the M40 section Adrian McGinly Templemore AC was 2<sup>nd</sup>.

Genevieve Rowland of Templemore AC competed in the 35-49 Hammer Throw (4kg), W35 section finishing 1<sup>st</sup>. Teammate Katie Cozens also finished in 1<sup>st</sup> place in the W40. John Dwyer also of Templemore AC competed in the master men 35-49 Hammer Throw (7.26kg) category finishing 1<sup>st</sup>.

The men's Discus 60+ (1kg) had Larry O Grady of Mooreabbey Milers competing in the M60 finishing in 2<sup>nd</sup> place. Master men Weight for Distance (35lbs) saw Edmund Dwyer Moyne AC M55 finish 1<sup>st</sup> while in the women's Weight for Distance (28lbs) Marissa Hayes Templemore AC competed in the W35 section finishing 1<sup>st</sup>.

In the Shot Put women's 50+ (3kg) category, Siobhan McEvoy Nenagh Olympic AC finished in 1<sup>st</sup> place while in the men's 80+ (3kg) section Patrick Naughton M85 and also of Nenagh Olympic AC came 1<sup>st</sup>.