Tipperary Track & Field Championships Saturday 11th May, 2019
Templemore Day 1

Track events start at 11am											
Hurdles	60m 2'3"	60m 2'3"	75m 2'3"	75m 2'6"	80m 2'6"	80m 2'6"	80m 2'9"	100m 2'6"	100m 2'9"	100m 3'	110m 3'3"
	G13	B13	G14	B14	G15	G16	B15	G17-19	B16	B17	B18-19

Walks	2k	2k	2k	2k	3K Walk	3K Walk
	B13 & G13	B14 & G14	B15 & G15	B16 & G16	G17-19	B17-19

200m Timed	G14	B14	G15	B15	G16	B16	G17-19	B17-19
1500m	G14	B14	G15	B15	G16	B16	G17-19	B17-19
3000m	G17-19	B17-19	B16					

Sprints	heats and finals								
80m	**80m**	**80m**	**80m**	**80m**	**100m**	**100m**	**100m**	**100m**	**100m**
G13	B13	G14	B14	G15	B15	G16	B16	G17-19	B17-19

400m Timed	G17-19	B17-19

600m	**600m**	**800m**	**800m**	**800m**	**800m**	**800m**	**800m**	**800m**	**800m**
G13	B13	G14	B14	G15	B15	G16	B16	G17-19	B17-19

Field Events	**Hammer, High & Triple Jump commence at 10am**						**Relays**		B15	4x100m
Triple Jump	B17-19	B15, B16	G16	G17-19			G19	4x100m	G16	4x100m
High Jump	G13, G14	B17-19	G17-19	B15, B16	G15-G16	B13, B14	B19	4x100m	B16	4x100m
Long Jump 1	B13, B14	G13, G14	B17-19	G17-19	B15, B16	G15-G16	G13	4x100m	G17	4x100m
Javelin	B15, B16	G15-G16	B13, B14	G13, G14	B17-19	G17-19	B13	4x100m	B17	4x100m
Shot	G17-19	B15, B16	G15-G16	B13, B14	G13, G14	B17-19	G14	4x100m	G18	4x100m
Discus	B17-19	G17-19	B15, B16	G15-G16	B14, G14		B14	4x100m	B18	4x100m
Hammer	B17-19	B15, B16	G14, B14	G15-G16	G17-19		G15	4x100m	G19	4x400m
									B19	4x400m