

TIPPERARY INDOOR SENIOR CHAMPIONSHIP

NENAGH INDOOR ARENA
SUNDAY 31st DECEMBER 2017 @ 1PM

Senior Men 2000m Walk
Senior Women 1000m Walk

Senior Men 3000m
Senior Women 1500m

Senior Women 60m Heats
Senior Men 60m Heats

Finals of 60m in same order

Senior Women 400m
Senior Men 400m
Senior Women 600m
Senior Men 800m

Relay finals as required in same order.

Senior 4x200m

Field Events

Series	1	2	3	4
HJ			Snr M	Snr W
LJ	Snr M		Snr W	
Shot		Snr W		Snr M

NOTES: The Senior Men 3000m will be a team race with the cumulative times of the first three in each team. All athletes confined to their own age categories in individual events. The order of events may be changed on the day depending on how events are progressing.