



Athletic Association of Ireland
Tipperary County AAI
Development



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Ballyerk, Two-Mile-Borris, Thurles, Co Tipperary.

Date	Coaching Discipline	Level	Start	Finish	Venue
Wed 08 Feb	Hurdles	All	7:00pm	9:00pm	Moyne
Wed 15 Feb	Sprints/Starts	All	7:00pm	9:00pm	Moyne
Fri 17 Feb	Level 1	Day 1	6:30pm	9:00pm	Templemore
Sat 18 Feb	Level 1	Day 1	9:00am	4:00pm	Templemore
Wed 29 Feb	Strength & Conditioning	Older Athletes/Coaches Aged 15+	7:00pm	9:00pm	Dundrum
Fri 09 Mar	Level 1	Day 2	6:30pm	9:00pm	Templemore
Sat 10 Mar	Level 1	Day 2	9:00am	4:00pm	Templemore
Fri 20 Apr	Little Athletics Jamboree	5-10 year olds	6:30pm	8:30pm	Clonmel
Sun 22 Apr	Shot/Javelin (tbc)	All	10:30am	12:30pm	Templemore
Wed 25 Apr	Long Jump	All	7:00pm	9:00pm	Clonmel
Wed 02 May	High Jump	All	7:00pm	9:00pm	Clonmel
Wed 09 May	Triple Jump	All	7:00pm	9:00pm	Clonmel
Wed 16 May	Discus (tbc)	All	7:00pm	9:00pm	Templemore
Wed 23 May	Hammer (tbc)	All	7:00pm	9:00pm	Templemore
Fri 25 May	Little Athletics Jamboree	5-10 year olds	7:00pm	9:00pm	Templemore