



# Coaching the Javelin & Shot



On Sunday the 22<sup>nd</sup> of April  
In Templemore Athletic Track  
**National Coaches**

1<sup>st</sup>, 2 hour session commencing at 10:30am  
Beginners Shot and Javelin  
2<sup>nd</sup>, 2 hour session commencing at 1:00pm  
Experienced Shot and Javelin

Each session there will be a €5 charge for Athletes and  
Coaches

Organized by AAI and Tipperary County Board

For further information contact Billy Purcell at 087 2467226 or E-mail at [tippdev@eircom.net](mailto:tippdev@eircom.net)