



# Athletic Association of Ireland Tipperary County Board



## County Post Primary Schools Cross Country Championships 2022

This year's Cross-Country Championships will be held on **Thursday 17<sup>th</sup> November 2022**, at Thurles Crokes Complex, on the Racecourse Road, Thurles, opposite the TRBDI.

**The programme will commence at 11.15am.**

**Programme & Order of events is as follows:**

Minor Girls - Under 14 on the 1st July 2023 - 1200 meters  
Minor Boys - Under 14 on the 1st July 2023 - 1200 meters  
Junior Girls - Under 15 on the 1st July 2023 - 1200 meters  
Junior Boys - Under 15 on the 1st July 2023 - 1500 meters  
Intermediate Girls - Under 17 on the 1st July 2023 - 1500 meters  
Intermediate Boys - Under 17 on the 1st July 2023 - 2000 meters  
Senior Girls - Under 19 on the 1st January 2023 - 2000 meters  
Senior Boy - Under 19 on the 1st January 2023 - 3000 meters

**Individual Awards:** Medals will be awarded to the first three individuals in each race.

**Scoring Team Awards.:** For Boys it is four to score, and for Girls it is three to score.

Medals will be awarded to the scoring members of the first three teams. A set of bronze medals will also be awarded to the fourth team in the Minor, Junior, and Intermediate Boys and Girls races.

**A Perpetual Shield will be presented to the best overall Boys and Best Overall Girls school. There will also be a Perpetual Shield for the best combined Girls and Boys School.**

The scoring for this is as follows: (if there are 4 teams competing) – 1<sup>st</sup> Team 5 points, 2<sup>nd</sup> Team 3 points, 3<sup>rd</sup> Team 2 points and 4<sup>th</sup> team 1 point.

**Entries & Entry Fees.** The entry fee is €3.00 per athlete. There is no team fee and no limit on team size or the number of teams.

**The closing date for entries is Friday 11<sup>th</sup> November**, with entries to be sent to Mr Niall O'Sullivan, Brick, Knocklofty, Clonmel, Co Tipperary.

**Entries can be emailed to [niallfosullivan52@gmail.com](mailto:niallfosullivan52@gmail.com)**

**Fees can be paid on the day and Cheques made payable to County Tipperary Athletics Board**

For schools that use electronic banking the details are IBAN:  
IE49BOFI90446477968159 BIC: BOFIIIE2D